

## Northwell School Mental Health Education & Collaboration Services – SUFFOLK COUNTY

Our highly experienced team of mental health professionals and educators will facilitate education sessions that focus on ensuring that staff, parents and caregivers have the knowledge, tools and resources needed to effectively support each child’s mental health needs.

<p style="text-align: center;"><b>Preventative Services and Family Support</b></p> <p><b>Audience:</b> Parents and Caregivers</p> <p>Preventive topics, parenting and addressing developmental needs in different age groups will be covered. The webinars are enhanced by making them available as recordings, subtitled in multiple languages and our goal is to also create podcasts for easier access to our content.</p>	<ul style="list-style-type: none"> <li>• 60 minute community education webinars offered twice a month (One evening/One Lunch time)</li> <li>• Access to recorded webinars via you tube channel</li> <li>• Monthly community newsletters including resources, community education offerings etc.</li> <li>• Access to podcasts</li> </ul>
<p style="text-align: center;"><b>Professional Development for Staff</b></p> <p><b>Audience:</b> School clinicians and K-12 Staff</p> <p>The sessions cover topics required by NYS as well as requested by our school district teams. The content provided in each education session is presented in explicit detail, consistent with trainings provided to clinical professionals in the healthcare industry. Before and after surveys are collected to measure impact and quality of sessions which will promote the use of evidence-based techniques and interventions, clinical and administrative best practices to manage students’ mental health concerns in the school environment.</p>	<ul style="list-style-type: none"> <li>• Monthly health professional development sessions (2-3 offered each month)</li> <li>• 1.5-hour Interactive webinars typically 1.5 CEU's (LMHC, SW, Psychology through Northwell)</li> <li>• Credits for teachers and administrators through BOCES</li> <li>• Monthly professional newsletters</li> <li>• Twice yearly conferences</li> </ul>
<p style="text-align: center;"><b>Collaborative Support</b></p> <p><b>Audience:</b> School Administrators and Clinical Teams</p> <p>Our team works closely with school counselors, psychologists, social workers, and administrators to provide collaborative support in meeting the mental health needs of all students and to create policies and environments that help promote mental health and school connectedness. We will discuss and identify the best approach to supporting individual students in need, both in the school environment and through connections to the appropriate level of care. We also work to help support initiatives in the school community and help share best practices among participants.</p>	<ul style="list-style-type: none"> <li>• 1.5 hour monthly Consortium meetings (best practice sharing and clinical topic discussions with other districts)</li> <li>• 1.5 hour monthly Ask the Expert Series - Highlights Northwell experts, best practices and services available in the community</li> </ul>
<p style="text-align: center;"><b>Administrative Support</b></p> <p><b>Audience:</b> School Administrators and K-12 Staff</p> <p>The Northwell School Mental Health team will support and guide school administrators and staff to navigate resources available through our collaboration. We will provide postvention support and help school districts manage critical incidents in their community. We will collaborate with district leadership, staff, PTOs, SEPTAs and other organizations in the community to identify topics of interest and help develop personalized sessions customized to the school community’s needs.</p>	<ul style="list-style-type: none"> <li>• 1.5 hour max personalized session community or professional development</li> <li>• Virtual/Hybrid/in person             <ul style="list-style-type: none"> <li>○ &lt;2,000 = 1 Personalized session</li> <li>○ 2,000-7,000 = 2 Personalized sessions</li> <li>○ 7,001-10,00 =3 Personalized sessions</li> <li>○ 10,001+ = 4 Personalized sessions</li> </ul> </li> <li>• Postvention support</li> </ul>

If you are interested in participating, please email [pdteam@esboces.org](mailto:pdteam@esboces.org).

**School District Size**

Enrollment	< 2,000	2,000-7,000	7,001-10,000	> 10,000
Cost/per District	\$17,250	\$23,000	\$28,750	\$40,250