



# TRAUMA INFORMED BEHAVIORAL HEALTH SERVICES

\*Ages 6-24

Joliet Township is proud to offer FREE therapy services & more to the community's youth and young adults!

## OUR SERVICE:



Trauma Informed Therapy



Service Linkage



Psychoeducation & Psychological First Aid

CONTACT US AT:

815-764-2210

PFT@joliettownship.net

Scan me!



PUBLIC FOCUSED THERAPEUTIC SERVICES

### Traumatic Events

- Bullying
- Witnessing Abuse
- Community Violence
- Car Accident
- Physical or Sexual Abuse

### Trauma Symptoms

- Difficulty Regulating Mood
- Reduced Trust
- Negative Self-Image
- Difficult Behaviors
- Substance Abuse
- Self-injury

Therapists trained in TF-CBT & EMDR