

MAY | 2024

LIFE Center Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Mac and Cheese Chicken Fries Baked Beans Fresh Fruit Choice of Milk	30 Arroz con Pollo Carrots Fresh Fruit Choice of Milk	1 Sliced Pizza Broccoli Fresh Fruit Choice of Milk	2 Popcorn Chicken Mashed Potatoes Biscuit Fresh Fruit Choice of Milk	3 Chicken Sandwich Green Beans Fresh Fruit Choice of Milk
6 Teriyaki Dippers Dinner Roll Broccoli Fresh Fruit Choice of Milk	7 Soft Tacos Refried Beans Fresh Fruit Choice of Milk	8 Bosco Sticks Marinara Sauce Carrots Fresh Fruit Choice of Milk	9 Chicken and Waffles Strawberry Sauce Green Beans Fresh Fruit Choice of Milk	10 Hamburger/ Cheeseburger Potato Smiles Fresh Fruit Choice of Milk
13 Grilled Cheese Tomato Soup Fresh Fruit Choice of Milk	14 Orange Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk	15 Pizza Crunchers Marinara Sauce Vegetable Blend Fresh Fruit Choice of Milk	16 Mini Corn Dogs Dinner Roll Baked Beans Fresh Fruit Choice of Milk	17 Popcorn Chicken Mashed Potatoes Fresh Fruit Choice of Milk
20 Pancakes Sausage Patties Hash Browns Fresh Fruit Choice of Milk	21 Soft Tacos or Nachos Corn Fresh Fruit Choice of Milk	22 Mozzarella Sticks Marinara Sauce Fresh Fruit Choice of Milk	23 Last Day of School! Assorted Sandwiches Cookie Assorted Vegetables Fresh Fruit Choice of Milk	Summer Break 

Summer Break

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

- Peanut-Free Wowbutter and Jelly Sandwich^V
- Salad Bar
- Yogurt Parfaits- TBD

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk

Meal Prices:

Breakfast: \$2.25
 Lunch: \$3.60
 Adult: \$4.80
 Extra Milk: \$0.50