

Cohasset Middle-High School

MAY 22 — MAY 28, 2016

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**School
Council
2:20 PM**

Seniors' Last
Day



from the desk of Carolyn Connolly...

Parents and community members gathered Tuesday night for a continued conversation about the use of drugs and alcohol among our student body. The Safe Harbor Coalition presented “Hidden in Plain Sight” for the second time, which allowed parents to explore a mock bedroom to understand the sort of things that might seem innocuous but could actually suggest that your student is drug or alcohol involved. This presentation of data and information was followed by a lively discussion of the entire group, which was comprised of parents, community members, and school administrators. The slides presented that evening will be made available to parents once they are updated for accuracy.

The salient points of the evening from my perspective were:

- those present seemed very invested in banding together to address the issue
- parents appreciate the efforts the school is making through education but recognize it is not enough
- parents started to talk about holding one another accountable
- here was strong interest in a greater youth presence at Safe Harbor
- parents were asked to demonstrate their investment by attending the Safe Harbor meeting 6/2

Personally, I appreciated the candor and the passion that was evident throughout our dialogue and feel buoyed by the number of folks who were present. I think that consistent and constant messages to our students is one of the most critical tools we have and we must use it regularly. So, when the kids head out this weekend, as them WHERE and WITH WHOM they are heading out and then follow up with conversations about their evening. Annoying to them? Maybe...but they think everything we do is annoying! :)



To our wonderful PSO for the teacher luncheon provided last week. We appreciate the time and effort of the families involved and always look forward to the treats provided.



Class of 2019 Field Trip

Boston National College Fair
Monday, May 23rd

PERMISSION SLIPS ARE REQUIRED FOR ATTENDANCE

All sophomores must register for the **Boston National College Fair** before attending the College Fair.

Please go to the following link to register: www.gotomyncf.com and follow the instructions. When you [register](#), you enter your contact information, academic interests, graduation year and your high school and then receive your own personalized barcode. Once you print this barcode out and take it to the fair, college representatives can scan them as a way to retrieve this information from you, eliminating the need to fill out information cards.

Two students are selected annually who embody the character, humility, kindness that we seek in all middle school students and how have demonstrated a commitment to the school community.

MIDDLE LEVEL SCHOLAR LEADERS

Paige Hewitt & Jake Cosentino



SOUTH SHORE LEAGUE SENIOR SCHOLAR ATHLETES

Megan Rosano & Dan Toomey

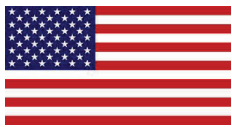
Two student athletes chosen annually for their overall excellence in academic performance as well as their leadership and skill as multi-sport student athletes.



Class of 2016 Senior Calendar

May-June 2016

Mon	Tue	Wed	Thu	Fri	Sat
23 Classes/Final Exams Full Day	24 Classes/Final Exams Full Day	25 Class of 2016 Last Day of High School! Full Day	26 For Senior Prom @ Black Rock Country Club	27	28
30 Memorial Day	31 Community Service '16 @ 9:30 AM Class Picnic	1 Class Night Rehearsal @ 10:00 Caps & Gowns Distributed	2 Class Night @ 6:30 PM	3 Graduation Rehearsal @ 9:30 AM	4 Graduation @ 1:30 PM



CHS Graduate Sgt. Pete McCann visits with Fish's class

by Connor Curran '17



Recently this week, Mr. Fish presented the great opportunity for a guest speaker of one of his past students. Unlike the usual characters that stroll through the high school preaching of personal accomplishments, this meeting was very different.

The mountain of a man that stood before us as we walked into Mr. Fish's room was named Pete McCann and he quite literally enveloped that very title. As he towered over our class with his sheer presence being intimidating yet awe inspiring, he began to tell us about his extremely unique and interesting occupation. Sergeant McCann is more than an Air force Veteran; he is a United States Combat Rescueman. For those who do not know what this is, they have the remarkable job of rescuing everyone from the everyday infantrymen, to the most elite Special Forces groups our military has to offer, all the while fighting America's enemies. Mr. McCann was as well in the Special Forces and his ability to do everything from fly airplanes, speak multiple languages, and assemble equipment underwater with his hands tied truly attested to this achievement. But what struck me the most about Sergeant McCann was not his ability to fight his enemy in every way imaginable nor was his sheer presence in stature, but was his deep love for literature. What truly left an impressionable mark on not only myself but the entire audience was Mr. McCann's ability to discuss any topic that was brought about during our discussion with fluidity and then relate this same topic to a form of literature that the class all understood from our previous lectures. All the while quoting passages from J. D. Salinger and Kerouac as if he read the books yesterday.

Sergeant McCann told unbelievable tales of his ventures throughout the world and the profound impact that those experiences have had not only on his life, but the way he values great literature and the awareness of incidences domestic and international. Mr. McCann stressed the importance that in order to be an American citizen vital towards society, we must become more conscious to events that affect us globally instead of domestic affairs that are irrelevant. The wealth of knowledge that Mr. McCann possessed coupled with the awe inspiring stories of his experiences in the military led to truly one of the most interesting guest speakers Cohasset High School has had the pleasure to host. I know that the entire student body and faculty that had the great opportunity to listen to him wishes Mr. McCann safe travels as he is sent around the world and hope for a returning visit next year.



ATTN: 2016-2017 7th and 10th Grade Students

Massachusetts state regulations mandate that students entering 7th and 10th grade have a current physical examination on file at the school.

All students attending public schools are required to be up to date on their immunizations. In addition, students entering 7th grade must have documentation of having had a recent Tdap vaccine and 2 doses of the varicella (chicken pox) vaccine or had the disease.

The physical and immunization records may be scanned and e-mailed to jcollins@cohassetk12.org, fax to (781) 383-4168 or mailed to the school ATTN: Judy Collins R.N.

Please have all requested documentation into the nurse's office prior to the close of the 2015-2016 school year. If you have any questions please contact Judy Collins R.N. at jcollins@cohassetk12.org or at (781) 383-0853.



2016 Summer Science Academy Bridgewater State University For High School Students Entering Grades 9-12

- **July 11–15, 2016: Biotech Career Rotations I: Reaworld techniques to answer real-world problems:** Students will have the opportunity to explore biotechnology procedures used in industry and research and their real world applications. Activities will include making bacteria glow in the dark with green fluorescent protein (GFP), determining if “Doritos” are genetically modified (GMO) by using PCR (polymerase chain reaction) to assay for a GMO marker and performing gel electro-phoresis of DNA STRs (short tandem repeats), a process commonly used in forensics for identification of individuals.
- **July 18–22, 2016: So you want to be a what? Exploring careers in medical sciences:** Everyone has heard of a medical doctor, but what about a laboratory animal technician? Pathologist? Physical therapist? Histotechnician? Are you interested in careers in the medical field but not even sure what some of these job titles mean or the type and length of school required for each? Students will have the opportunity to explore various career options in the medical field. Activities will include solving medical mysteries, a blood laboratory, and heart dissection. Additionally, students will hear from a variety of practitioners in different fields in biomedical science. This program is perfect for anyone interested in medical practice or research and will be sure to set you apart when it is time to apply for college.
- **July 25–29, 2016: Biotech Career Rotations II: Real-world techniques to answer real-world problems:** Students will explore how biotechnology impacts our lives across a wide range of disciplines. Students will learn about and conduct experiments routinely used in food and water safety labs to identify bacterial contamination, design and implement assays to identify genetically modified foods and conduct experiments used in hospital laboratories to test for disease and quantify the viral load of a patient. During these exercises students will gain not only theory, but have the opportunity to carry out such advanced molecular techniques as Polymerase Chain Reaction (PCR), Gel Electrophoresis, Cloning and Enzyme Linked Immunosorbent Assays (ELISA).

Schedule

Monday – Thursday 9:00 AM – 4:30 PM

Friday 9:00 AM – 3:00 PM

The program fee of \$490 per week covers all course expenses including lab supplies and materials. The fee does not include lunch or transportation.

Please note that you do not need to take Biotech Career Rotations I before you can take Biotech Career Rotations II. However, if you were enrolled in Biotech Career Rotations I during the summer of 2015, please enroll in Biotech Career Rotations II.

Please visit <http://microsites.bridgew.edu/case/summer-science-programs> for more information.



2016 Summer Science Academy

For Middle School Students Entering Grades 6-8 in the Fall of 2016

Bridgewater State University

- **July 11–15, 2016: xSTREAM Adventures:** Have you ever wondered what is in the water flowing by your neighborhood or in the stream in which you take a refreshing dip to cool off? Using investigative sampling techniques, participants will conduct fieldwork as teams to collect and identify aquatic bugs and to analyze water samples for bacteria counts, chemistry and flow rates. Participants will conduct laboratory research, create a PowerPoint presentation, and present their findings in an open public forum. If you care about the environment and are ready to explore, this is the adventure for you!
- **July 18–22, 2016: Forensics Institute of Bridgewater:** Have you ever watched Crime Scene Investigators and wondered what really happens to the evidence at a crime scene and how that evidence is used to solve the crime? Join us in a week-long adventure into the life of a crime scene analyst! Working with Senior Scientists, you will learn how to collect and analyze fingerprints from a simulated crime scene, perform blood type analysis and get closer to solving the mystery using the cutting edge technique, DNA fingerprinting. At the end of the week, you will present your findings as an expert crime scene technician to our "jury" so they can determine if your lab analysis and scientific evidence is sufficient for the case to go to trial.
- **July 25–29, 2016: Whale of A Mystery:** During this exciting hands-on class, participants will use investigative laboratory techniques to solve a mystery related to the hunting of endangered Cetacean species. Students will work in teams to determine if a sample of "whale meat" is from an endangered species that has been sold illegally in a foreign fish market. Participants will learn about the natural history of these amazing creatures while they conduct laboratory research using state of the art technology and techniques, including protein extraction, quantification and gel electrophoresis. The results of these studies will be used to develop a presentation, which will be showcased at a public session for our "congress."

Schedule

Monday – Thursday 8:30 AM – 2:30 PM Classes in Session

2:30 PM – 4:00 PM Extracurricular activities

Friday 8:30 AM – 2:30 PM Classes in Sessions

2:30 PM – 4:00 PM Final Presentations - Friends and Family are Welcome

The program fee of \$400 per week covers all course expenses including lab supplies and materials. The fee does not include lunch or transportation.

* Please note, these classes are designed for students who are entering grades 6-8 in the fall of 2016. Students who have participated in any of these classes in either the Winter or Summer Science Academy may not enroll in the same class again.

Please visit <http://microsites.bridgew.edu/case/summer-science-programs> for more information.

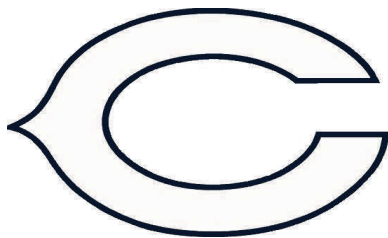
**CLASS
OF
2016**

JUNIOR PARENT HELP NEEDED FOR CHS 2016 GRADUATION CEREMONY

At Cohasset High School, the junior students and parents traditionally provide the refreshments for the senior class and their guests at the CHS graduation ceremony. This year's graduation is at 1:30 PM on June 4th at the Music Circus. Michele Skolnick and Paula Curran have agreed to coordinate this effort for the junior class. If you are a junior parent, please consider helping by contributing a dessert or water. The desserts should be small and easy to eat. Water bottles should be small water bottles only. Please plan to drop off your donation to either Michele's or Paula's houses before graduation or to the Music Circus on the day of graduation by 11:30 AM.

Please contact Michele, mrs328@gmail.com, or Paula, pcurran454@aol.com, if you are able to help.

UPCOMING EVENTS: PLEASE NOTE THE FOLLOWING DATES



May 30	Memorial Day — NO SCHOOL
June 1-2	MCAS Grade 9 Physics
June 2	Class Night @ 6:30PM
June 4	Graduation @ 1:30 PM
June 17	8th Grade Pool Party and Dance