CHECK OUT LICE!

Transmission of head lice is spread by direct contact with the hair of an infested person. It may also be transmitted from clothing or bedding. Head lice move by crawling and cannot hop or fly. Individuals with head lice can transfer lice to others if they are infested with live lice.

☐ EXAMINE everyone in household. Those found to have lice should be treated at the same time. Check with your child’s doctor before beginning any head lice treatment. The most effective way to treat head lice is with head lice shampoo or professional treatment. After each treatment, using the comb-out method every 2 to 3 days for 2 to 3 weeks may help remove the nits and eggs.

☐ REMOVE nits by using the comb out method. Wet your child’s hair, use a fine-tooth comb and comb through your child’s hair in small sections. After each comb through, wipe the comb on a wet paper towel. Examine the scalp, comb, and paper towel carefully. Repeat steps 2 and 3 until you’ve combed through your child’s hair.

☐ WASH clothing, coats, hats, bedding, and towels that have been in contact with the child during the last two days. Use the hottest water possible and dry at the hottest setting possible for 20 minutes. Wash the coats of other family members that may have contact with the child’s coat.

☐ BAG anything that cannot be washed for at least 2 weeks. Examples: stuffed animals, cloth toys, cloth hair bands, helmets, and clothing that must be dry cleaned.

☐ VACUUM carpets, floors, upholstered furniture, pillows, mattress, and the car seats.

☐ CONTINUE daily head checks after each treatment, using the comb-out method every 2 to 3 days for 2 to 3 weeks may help remove the nits and eggs.

☐ RETREAT An additional prescription treatment may be necessary after consulting with your child’s primary care physician. Several treatments may be necessary to successfully rid a head lice infestation.

☐ REMIND your child not to share hats, hair items, combs and brushes, coats, pillows or sleeping bags with other children.

Revised March 2024
Returning to School: Your child may return to school as soon as he/she has been treated. The school nurse will examine your child’s head prior to readmission to school, again at 1 week and potentially at week 2 and week 3.

Treatment Plan for the School

☐ The school nurse will contact a parent if the student is diagnosed with live head lice. They may go home and return to class after appropriate treatment in consultation with your child’s pediatrician. This may be the same day.

☐ The school nurse will examine your child’s head prior to readmission to school, again at 1 week, and potentially at week 2 and week 3. There may be a need for additional treatments to successfully rid a lice infestation.

☐ There may be additional measures taken within the school setting to aid in mitigating lice.

Please find additional information and local resources below.

- Center for Disease Control
- American Academy of Pediatrics
- Lice Clinic of Pennsylvania
- Lice Happens