## Regional Player Development Centre Open Day

Saturday 25 May · 10:00 - 13:00 · Culford School



Discover Culford's Regional Player Development Centre on our upcoming Open Day for players aged 10-14 on the National Player Pathway.

In collaboration with Culford's High Performance Tennis Programme, we aim to elevate players to international level and propel them towards the LTA National Academy.

## **Open Day Timetable**

Welcome from RPDC Head Coach, Mat Lowe	09:45
Strength & Conditioning with Culford Coach, Phil Green	10:00
Tennis sessions	11:00
Q&A	13:00
Departure	13:15

To book your place or for more information, please email RPDC Head Coach, Mat Lowe, at **mathew.lowe@culford.co.uk** 

Culford School, Culford, Bury St Edmunds IP28 6TX



