

PREGNANCY, EDUCATION AND PARENTING PROGRAM (PEP)

MISSION STATEMENT:

The Pregnancy, Education and Parenting Program (**PEP**) is for parenting students and strives to prepare students to exit with a purpose. The program content aligns with Profile of a Learner, providing strategies, support and resources to allow each student to become an equipped scholar.

The PEP Program consists of a team of school personnel, who work together to insure the success of the student before and after pregnancy.

Students are able to participate as long as they are pregnant or parenting and enrolled in Klein ISD. Participation in the program is optional.

PROGRAM COMPONENTS:

- Individual counseling, family counseling and self-help program
- Assistance in obtaining child care for the child of the parenting student
- Instruction in skills and knowledge for parenting and child development
- School work can be provided to students in the home setting for 4 to 6 weeks after delivery and/or for pregnancy related health problems that require bed rest or hospitalization
- Assistance in locating and accessing available services and resources

TOPICS OF DISCUSSION:

Infant & Child Development	Healthy Relationships
Stages of Pregnancy	Self Care
Postpartum Depression	Developing a Support System
Healthy Parenting	College & Career Readiness

Please feel free to contact the PEP staff with any questions or concerns.

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Student Signature

Date

Parent/Guardian Signature

Date