

TRUE FOOD

MPS CULINARY & WELLNESS SERVICES



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MPS True Food

May Lunch

PREPACK 2024



This institution is an equal opportunity provider.
mpschools.org/menus

TRUE FOOD

MPS CULINARY & WELLNESS SERVICES



WE DO NOT SERVE PORK HERE.

No servimos cerdo aqui.

Waxaan halkan kuma adeegi doofaarka.
Peb tsis pab naqij npuas no.

Know Your Food

Local Business Meatless Option
Farm to School Contains Fish

M 6

Roasted Turkey
Bagel Yogurt Pack
Served with
Mashed Potatoes &
Gravy
Dinner Roll

T 7

Beef Philly
Cheesesteak
Sandwich,
Veggie Philly
Sandwich
Roasted Turkey
& Cheddar on
Flatbread
Served with
Baked Potato
Wedges

W 8

Breaded Chicken
Patty on Bun,
Black Bean Burger
Smoked Turkey &
Swiss on Pullman
Served with
Baked Beans

T 9

#MNTHURS
Turkey Nacho
Bean Nacho
Chocolate Chickpea
Flatbread Pack
Served with
Cilantro Lime Slaw
Zesty Lime Yogurt
Cake

F 10

Beef
Pepperoni Pizza,
Cheese Pizza
Turkey Bologna &
Cheddar on Bun

M 13

Lasagna rolls with
marinara
Bagel Yogurt Pack
Served with
Mixed Vegetables

T 14

Honey
Chipotle Fish,
Baked Soy
Nuggets
Roasted Turkey
& Cheddar on
Flatbread
Served with
Creamy Mac
& Cheese,
Green Beans

W 15

Chicken Nuggets
with BBQ Sauce,
BBQ Soy Nuggets
Smoked Turkey &
Swiss on Pullman
Served with
Baked Potato Wedge,
Dinner Roll

T 16

Bean &
Cheese Burrito
Chocolate
Chickpea Flatbread
Pack
Served with
Southwest Quinoa,
Seasoned Corn

F 17

Grilled Cheese
Sandwich
Turkey Bologna &
Cheddar on Bun
Served with
Tomato Soup

M 20

Cheese Omelet,
Pancakes
Bagel Yogurt Pack
Served with
Diced Seasoned
Potatoes

T 21

Beef Hamburger,
Beef Cheeseburger,
Black Bean Burger
Roasted Turkey
& Cheddar on
Flatbread
Served with
Baked Beans

W 22

Meatballs with
Marinara & Penne,
Italian Vegetable
Crumble Pasta Bake
Smoked Turkey &
Swiss on Pullman
Served with
Green Beans,
Dinner Roll

T 23

Baked Herb Chicken,
Baked Soy
Nuggets,
Yellow Rice
Chocolate
Chickpea Flatbread
Pack
Served with
Red & Gold Beets

F 24

Beef
Pepperoni Pizza,
Cheese Pizza
Turkey Bologna &
Cheddar on Bun

M 27

NO SCHOOL

T 28

Sweet & Sour
Chicken
Chickpea Butter &
Jelly Sandwich
Roasted Turkey
& Cheddar on
Flatbread
Served with
Brown Rice,
Green Beans

W 29

Chicken & Waffles,
Baked Soy
Nuggets & Waffles
Smoked Turkey &
Swiss on Pullman
Served with
Diced Seasoned
Potatoes

T 30

Lasagna Roll
with Marinara
Chocolate
Chickpea Flatbread
Pack
Served with
Mixed Vegetables,
Dinner Roll

F 31

Turkey Hot Dog,
Black Bean Burger
Turkey Bologna &
Cheddar on Bun
Served with
Baked Potato
Wedges