

**Fredericksburg ISD
School Health Advisory Council Meeting Minutes
February 21, 2024 4:30pm
Fredericksburg ISD - District Office
234 Friendship Lane
Fredericksburg, TX 78624**

SHAC Members Present: Tatiana Neri, David Pedregon, Gina Seracen, Kristi Stafford, Alma Trujillo, and John Willome

SHAC Members Absent: Patricia Smith

Staff Present: Sarah Southard, District Coordinator

Others Present: Joyce Fox - FISSD Director of School Nutrition, Brooke Becker (Virtually) – Ransomed Life

Agenda Topic

Call to Order: David called the meeting to order at 4:36pm.

Documentation of Attendance and Quorum: David noted that four of seven Council members were present at the beginning of the meeting (Pedregon, Neri, Seracen and Willome) and over half of the members present were parents of FISSD students, so the meeting officially achieved a quorum. Stafford and Trujillo arrived shortly after the meeting began.

Agenda Item #1 – Approval of November 15, 2023, Meeting Minutes

Gina Seracen made a motion to approve the November 15, 2023, meeting minutes as presented. Tatiana Neri seconded the motion. The motion passed unanimously.

Agenda Item #2 – FISSD School Nutrition Presentation and Q&A

Joyce Fox, FISSD Director of School Nutrition, presented about food service through the cafeterias at all FISSD campuses. She presented mainly from pre-submitted questions by the committee. The committee expressed its gratitude to her for the information and the time she took to make the presentation.

Later discussion after Ms. Fox left centered around the diabetic students who depend upon the school-provided meals and the possible inconsistency of getting the right protein/carbohydrate balance in their meals on a daily basis. David will consider presenting this possible need to the school board in the committee's year-end report.

Agenda Item #3 – Ransomed Life (Virtual Presentation)

Ransomed Life is a San Antonio nonprofit that focuses on human trafficking prevention, including sex trafficking for minors through education of students, parents, and school staff. Many of their trainings are available on-demand on their website. <https://www.ransomedlifetexas.org/ondemand>. Sarah Southard said that she will look into whether their trainings will be appropriate for FISSD Staff. It was suggested that the Family Communications and Support subcommittee explore the appropriateness of making their training available to parents and how the training should be delivered.

Agenda Item #5 – Discuss and Address Topic and Presentation ideas for April 24, 2024, SHAC meeting.

Suggested items for SHAC to consider at the next meeting, and perhaps for the Family Communications and Support subcommittee to bring recommendations on at the next meeting included vaping (suggest Shea Nebgen educate the SHAC on what the Texas A&M Ag Extension Office does with FHS Student Ambassadors to educate peers and younger students on vaping), eating disorders

(Kristi Stafford knows of an organization in San Antonio that might be able to share with the SHAC called Eating Recovery Center [ERC]), and the teen DUI awareness education program called “Shattered Dreams” (Sarah Southard will ask the FHS resource police officer for information about this program being given to students).

Agenda Item #6 – SHAC Applications for Elections

Three of the seven positions expire at the end of the 2023-24 school year (David Pedregon, Tatiana Neri, and Gina Seracen). Sarah Southard will post the applications online and promote the availability to apply to the FISD school board to be appointed to the SHAC for a two-year term starting with the 2024-25 school year. The tentative deadline for the applications was set as April 8 so the applicants can be selected by the school board at the April 15, 2024, meeting. This will also enable us to know who the 2024-25 SHAC members will be and appoint officers for that year at the April 24, 2024, meeting.

Adjourn

John Willome made a motion to the adjourn the meeting at 6:21pm. Kristi Stafford seconded the motion. The motion passed unanimously.

Respectfully submitted by John Willome on February 21, 2024