



Kingsway Taps Suzanne Phalines as Head Coach for Girls' Lacrosse Program

FOR IMMEDIATE RELEASE

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Woolwich Twp. – Kingsway Regional School District proudly announces the appointment of Suzanne Phalines as the new Head Varsity Girls Lacrosse Coach following the recent Board of Education meeting on March 14th. Superintendent Dr. James J. Lavender unveiled this exciting development on Friday.

Bringing over a decade of coaching experience, Coach Phalines joins Kingsway with an impressive track record, including a recent role as the Girls' Director of Kingsway Youth Lacrosse.

"We are thrilled to welcome Coach Phalines to our competitive athletic program. Suzanne's extensive lacrosse expertise and dedication to our young athletes will undoubtedly enhance our team culture and positively impact our school community," expressed Superintendent Lavender.

Coach Phalines has a rich history with lacrosse and field hockey, having participated in both sports during her high school years. Upon relocating to Woolwich Twp in 2011, she introduced her daughters to the sport of lacrosse, reflecting her passion for the game. Recognizing lacrosse's burgeoning popularity in the area, she enthusiastically embraced coaching, dedicating her time to Kingsway Youth Lacrosse from 2011 to 2020.

In addition to her coaching responsibilities, Coach Phalines assumed leadership roles within Kingsway Youth Lacrosse, serving as the Girl's Director and Secretary from 2013 to 2020. Her commitment to the sport extended beyond local boundaries when she took on the position of Girl's President of the South Jersey Youth Lacrosse League from 2015 to 2017. During her tenure, she collaborated closely with USA Lacrosse on various youth initiatives, demonstrating her dedication to fostering growth and development within the sport. Furthermore, her USA Lacrosse Certified Coach status underscores her expertise and commitment to excellence.

June Cioffi, Kingsway's Athletic Director, expressed her enthusiastic welcome to Coach Phalines, emphasizing confidence in her capacity to infuse our lacrosse program with passion and expertise. "With her profound community connections and sincere concern for our students, Coach Phalines is an indispensable asset to our team."

A testament to her influence and guidance, Coach Phalines's two daughters have both been actively involved in Kingsway's lacrosse program. Her eldest daughter, Haley (KRHS'21), continues her lacrosse journey at the University of Albany, while her youngest, Ally (KRHS'24), is poised to continue her lacrosse career at Virginia Tech after graduation. Coach Phalines's profound impact on the Kingsway lacrosse community resonates through her family's continued involvement and success in the sport.

"I am genuinely thrilled for the opportunity to make a positive impact in a community I've proudly been a part of for more than a decade. Kingsway Lacrosse is positioned to exemplify excellence, not only on the field but also within our broader community, serving as a source of pride for us all," articulated Coach Phalines.

Kingsway's Girls Lacrosse Team is looking to defend the school's first South Jersey Group IV Championship Title and make another run for the Group IV State Championship this spring. Anticipating the upcoming season, Coach Phalines plans to meet with the team on Thursday, March 14th.

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About Kingsway's Athletic Programs

Kingsway Regional High School competes in the Tri-County Conference Royal Division, composed of schools whose enrollments vary greatly for grades 9-12, operating under the supervision of the New Jersey State Interscholastic Athletic Association (NJSIAA). The mission of the Tri-County Conference is to provide opportunities for schools to work closely together while promoting educational experiences for student-athletes, which will benefit them throughout their lives. The Conference will foster an educationally sound environment that values good sportsmanship, fair play, and a wholesome relationship among participants, spectators, schools, and communities. You can learn more about Kingsway's athletic program by visiting the website at <http://www.krsd.org/domain/115>.

About the Kingsway Regional School District

Kingsway is a limited-purpose regional school district offering its students a rigorous academic program and myriad enrichment programs and services for grades 7 to 12. Kingsway Regional Middle School (Grades 7 to 8) and Kingsway Regional High School (Grades 9 to 12) cater to the individual needs of our students and promote opportunities for students to pursue their areas of interest. Our population of approximately 3,000 students is multicultural and reflects the diversity of the communities it serves. Its mission is to ensure that all students receive rigorous and engaging instructional experiences that promote high levels of student achievement, including those with diverse learning needs. To learn more, visit the District's website at <http://krsd.org/Page/1>.