

SOLON HIGH SCHOOL

School Counseling Department

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Solon High School

Scheduling for the 2024 - 2025 School Year

January 2024

Dear Middle School Students and Parents,

Please find enclosed the scheduling materials for the 2024-2025 school year. Pay close attention to the Time Management Worksheet in this packet. Remember, it is very important to create balance when choosing courses. In addition, you can use the four-year planner as a worksheet to map out the courses that you would like to take for the next four years. You may want to refer to the graduation requirements that are found on the reference sheet.

Please make note of the following dates:

- | | |
|-------------|--|
| January 8 | A high school School Counselor will be meeting with grade 8 at the middle school (SMS) to review the scheduling process. |
| January 18 | 8 th Grade Parent/Student Orientation, Solon High School (SHS) Auditorium, 6:30 p.m. |
| February 12 | The SHS Leadership Team will meet with grade 8 to schedule courses on Power School at the middle school (SMS). |

Please make sure that your child has the enclosed packet when meeting with the SHS counselors and administrators on February 12.

If you have questions, please contact your Solon Middle School School Counselor.

Sincerely,
The Solon High School
Counseling Department

Solon High School Freshman Course Selection Sheet 2024-2025

Please circle your selections on this worksheet. The teacher recommendations and Scheduling Risk Forms (<https://forms.gle/qkM5mqiub9KL9MDz7>) will be used to check correct course selections. Final schedule selections will be reviewed by parents in late February to make any final changes if necessary.

<u>HEALTH-PHYSICAL ED (all semester courses)</u>	<u>Credit</u>	<u>WORLD LANGUAGES</u>	<u>Credit</u>
1000016 -Basketball	¼	1000538 -American Sign Language I	1
1000015 -Competitive Sports	¼	1000545 -Chinese I	1
1000019 -Personal Fitness	¼	1000546 -Chinese II	1
1000014 -Sports and Activities	¼	1000501 -French I	1
1000017 -Strength, Speed, Agility and Quickness (SAQ)	¼	1000502 -French II	1
1000025 -Yoga	¼	1000511 -Spanish I	1
1000023 -Zero Period Yoga	¼	1000512 -Spanish II	1
1000020 -Zero Period Sports & Activities Class	¼		
1000027 -Zero Period SAQ	¼	<u>BUSINESS & TECHNOLOGY (all semester courses)</u>	<u>Credit</u>
109998 -Athlete (plan to participate in SHS sport)	0	1000570 -Accounting I	½
1000021 -Zero Per. Health	½	1000556 -College Keyboarding	½
1000029 -Health	½	1000561 -Introduction to Business	½
		1000576 -Marketing	½
<u>ENGLISH</u>	<u>Credit</u>	1000565 -Business Economics	½
1000101 -English 9	1	<u>FAMILY & CONSUMER SCI. (all semester courses)</u>	<u>Credit</u>
1000111 -English 9 Honors (<i>teacher recommendation</i>)	1	1000669 - Creative Cuisine I	½
1000110 -Creative Writing – 1 semester	½	1000666 -Foods for Fitness	½
1000132 -Public Speaking – 1 semester	½	1000671 -Children’s World	½
1000135 -Multicultural Literature – 1 semester	½	1000672 -Teen Topics	½
		1000673 -Fashion Marketing and Design	½
<u>MATHEMATICS (By Teacher Recommendation)</u>	<u>Credit</u>	1000670 -Single Survival	½
1000303/1000305 -Algebra Double Block	2	<u>MUSIC</u>	<u>Credit</u>
1000308 -Algebra I	1	1000754 - Concert Choir (9-12)	1
1000397 -Algebra I Support	0	1000757 -Band	1
1000313 -Honors Algebra II	1	1000756 -Orchestra	1
1000310 -Geometry	1	1000752 - A cappella Choir (by audition 9-12)	1
1000311 -Honors Geometry	1	1000760 -Music Theory (9-12)	1
1000340 -Intro. Comp. Pro	½	1000750 -Music In Motion (by audition 9-12)	1
(B or higher <i>Alg.1 or teacher recommendation</i>)		1000755 -Sinfonia (by audition 9-12)	1
<u>SCIENCE</u>	<u>Credit</u>	<u>TECH. & ENGINEERING (all semester courses)</u>	<u>Credit</u>
1000403 -Biology	1	1000639 -Computer-Aided Drafting I (CAD I)	½
1000401 -Honors Biology (<i>teacher recommendation</i>)	1	1000625 -Graphic Arts	½
<u>SOCIAL STUDIES</u>	<u>Credit</u>	1000605 -Woods & Home Construction	½
1000210 -World History	1	1000640 -Production Technology	½
1000211 -AP World History (<i>teacher recommendation</i>)	1	1000610 -Robotics	
<u>FINANCIAL LITERACY</u>	<u>Credit</u>		
1000235 -Financial Literacy	½		
<u>ART (all semester courses)</u>	<u>Credit</u>		
1000708 -Drawing I	½		
1000714 -Painting I	½		
1000722 -Computer Graphics I	½		
1000724 -Animation I	½		

SCHEDULING RISK FORM: <https://forms.gle/qkM5mqiub9KL9MDz7>

ALTERNATE ELECTIVE/PE FORM: <https://forms.gle/T4hduA71WY6QbjsD9>

Solon High School

SCHEDULING INFORMATION ~ REFERENCE GUIDE for Class of 2028

CORE GRADUATION REQUIREMENTS:

English	4 Credits
Mathematics (must include Algebra II)	4 Credits
Science	3 Credits
Social Studies (must include World History, US History, Government and Social Studies Elective)	3 Credits
Physical Education	.50 Credit
Health	.50 Credit
Financial Literacy	.50 Credit
Fine Arts	1 Credit
Electives	4.5 Credits
TOTAL	Minimum 21 credits to graduate

Honors Diploma - SEE ATTACHED

College Entrance Recommendations

- 4 years of English
- 4 years of Math (including Algebra I, Algebra II, Geometry)
- 3-4 years of Science (including Biology, Chemistry and Adv. Science)
(Physics is dependent on college)
- 3-4 years of Social Studies
- 2-3 years of Foreign Language
- 1 year of Fine, Applied or Performing Arts

COURSE PLANNER: 7 periods in the school day; students must take at least 5 classes.

*HIGHLY RECOMMEND HEALTH/PE/FINANCIAL LITERACY AND A STUDY HALL FOR FRESHMAN AND DEFINITELY BY THE COMPLETION OF SOPHOMORE YEAR

*Physical Education courses do not count toward athletic eligibility (1/4 credit).

- 1 _____
- 2 _____
- 3 _____
- 4 _____

LUNCH

- 5 _____
- 6 _____
- 7 _____

IMPORTANT!!!!

PLEASE GO TO THE FOLLOWING GOOGLE FORM TO CHOOSE AN ALTERNATIVE PHYSICAL EDUCATION CLASS AND/OR ELECTIVE BECAUSE YOU MAY NOT RECEIVE YOUR FIRST CHOICE:

<https://forms.gle/T4hduA71WY6QbjsD9>

FOUR YEAR GRADUATION PLAN

NAME _____ GRADE: _____

ACADEMIC AREA	GRADE 9	GRADE 10	GRADE 11	GRADE 12
ENGLISH				
MATH				
SCIENCE				
SOCIAL STUDIES				
WORLD LANGUAGES				
HEALTH				
PE				
ART/MUSIC				
ELECTIVE/ Financial Literacy				
ELECTIVE				
TOTAL CREDITS				

ACADEMIC HONORS DIPLOMA

Requirements	State Minimum
1 Math	Fourth math must be > Algebra 2
2 Science	One additional unit Advanced Science
3 Social Studies	One additional unit Social Studies
4 World Languages	Three sequential units of one world language, or no less than 2 sequential units of two world languages studied
5 GPA	3.5 on a 4.0 scale
6 ACT/SAT	ACT: Score of 27 or higher, SAT: Score of 1280 or higher
7 Seal Requirement	Earn two additional diploma seals, not including Honors Diploma Seal
8 Experiential Learning	Field Experience, OhioMeansJobs Readiness Seal*, Portfolio or Work-Based Learning

*Students can use OMJ Readiness Seal in 2 additional seals requirement if it is not used in Experiential Learning.

Student Strength Demonstration Replacement

Students can use the Student Strength Demonstration to replace the **ACT/SAT, GPA or World Language** requirement for any Honors Diploma. The Student Strength Demonstration options are listed below. The same options exist for each of the six honors diplomas* but, where relevant, should reflect coursework or experiences relevant to the theme of the Diploma. For example, a student earning the Academic Honors Diploma and using the College Credit Plus option to replace another requirement for the diploma should have College Credit Plus courses relevant to the Academic Honors diploma.

OPTIONS:

- [College Credit Plus](#): 12 total College Credit Plus credits
- [Advanced Placement](#): three courses with score of 3 or higher on AP tests
- [Career-Technical Assurance Guide](#) (CTAG): 12 total credits
- [Apprenticeship/Pre-Apprenticeship](#): Completion or Evidence of Acceptance if required to be older than 18
- [WorkKeys](#): Score of 6 or higher on all tests (*void for Career-Tech Honors Diploma)
- [Armed Services Vocational Battery](#): Score of 50 or above on the ASVAB
- [Work-Based Learning](#): 250 total hours of work-based learning

Consult the Ohio Department of Education for additional information and additional honors diplomas. (<https://education.ohio.gov/Topics/Ohio-s-Graduation-Requirements/Contacts-and-Resources/Honors-Diplomas>)

Finding the Right Balance:

Time Management Worksheet to Help Select High School Courses

NAME: _____

DATE: _____

I. How much time do you spend on homework in 8th grade? Fill in the chart below.

Course	Estimated homework time each night (as reported by teachers)	How much time each night do you spend on homework in each class (including studying for tests)?
8 th Grade English	30 minutes	
8 th Grade Math	30 minutes	
Algebra 1	20-30 minutes	
Honors Geometry	60 minutes	
8 th Grade Science	10 minutes	
Advanced Science	20 minutes	
American History	15 minutes	
Spanish/French/Chinese	15-20	
TOTAL:		

II. How much time might you spend on homework in high school? Fill in the chart below.

Course	Estimated homework time each night – in minutes	Which classes are you taking as a 9 th grader	Estimated time commitment per night – in minutes
English 9	30		
English 9 Honors	30		
Biology	15-(one hour a week)		
Honors Biology	30 – more on occasion		
Honors Chemistry	15-30 depending on day		
World History	30		
AP World History	45		
Pre Alg/Algebra	15		
Algebra 1	20		
Geometry	25		
Honors Geometry	20		
Algebra 2 Honors	25		
World Language	Avg 15-20		
TOTAL:			

III. Directions: Fill in the amount of time you are likely to spend on each daily activity. Consider the time estimates based on your ninth-grade schedule. On the next page, shade in and label your time usage on the circle chart, then answer the questions that follow.

HOURS IN A DAY: 24

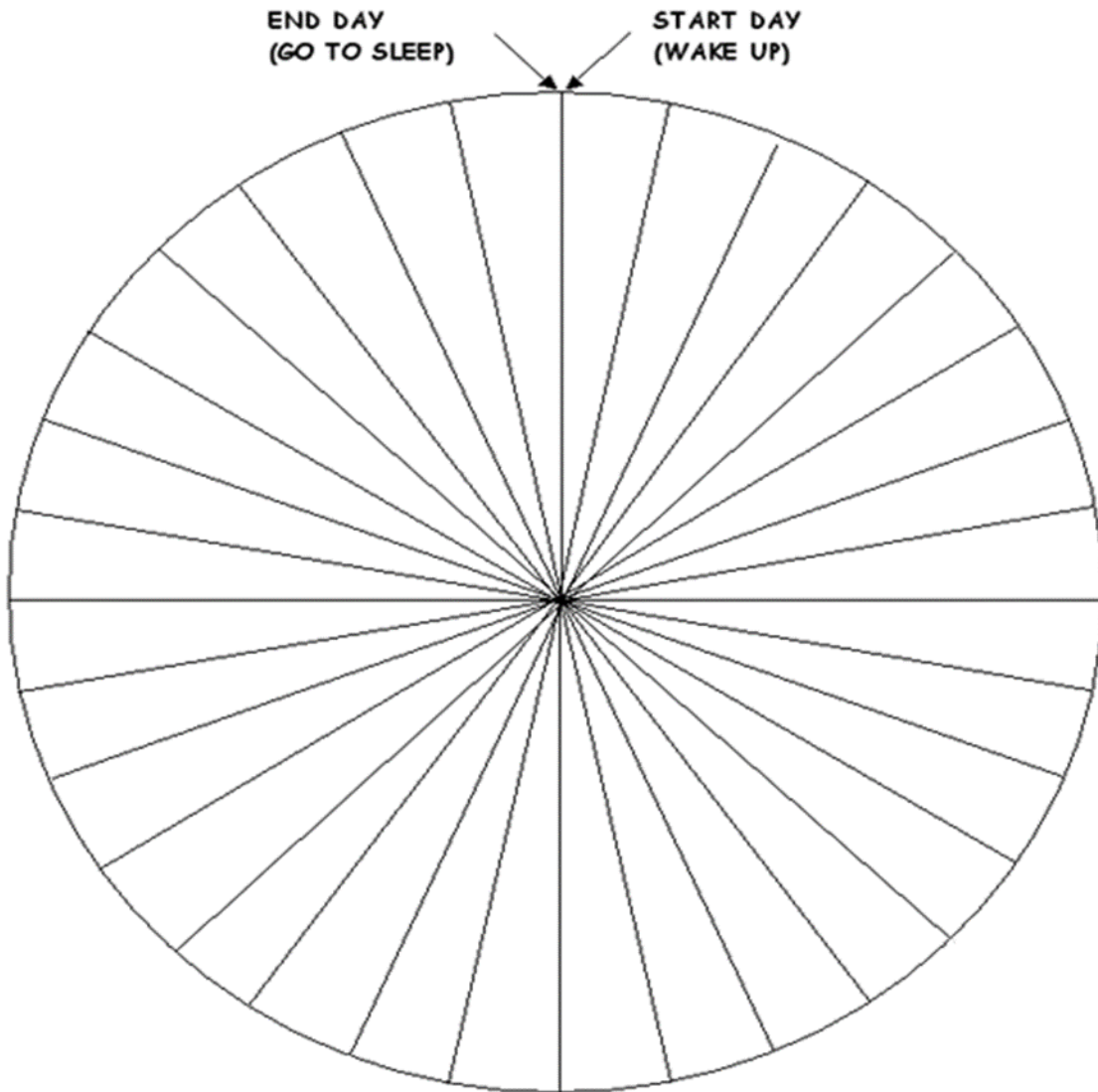
- In school 7
- Sleeping 8
- Eating _____
- Personal Hygiene _____
- Travel time _____
- Responsibilities (chores/work) _____
- Activities (sports, music, etc.) _____
- SHS Homework/Studying (*From estimate page*) _____
- Leisure time (texting, online, time with family and friends, TV, relaxing, etc.) _____
- Other _____

TOTAL HOURS USED DAILY: _____



DAILY SCHEDULE

EACH SLICE REPRESENTS ONE HALF HOUR



1. Do your activities fit well into a 24-hour day? _____

2. Do you have enough time left over for leisure activities? _____
3. Do you have to give up some time sleeping to fit it all in? _____
4. Which activities would you eliminate or lessen to create a healthy and balanced daily schedule? _____
5. What do you notice about your priorities? _____

6. Why is it important to maintain a balanced daily schedule? _____
