

TO: SOLON BOARD OF EDUCATION

FROM: Fred E. Bolden, Superintendent

DATE: April 5, 2024

SUBJECT: INFORMATION DISTRICT WELLNESS POLICY

The District's Wellness Policy is an important part of our overall approach to quality in our schools. The district is required to assess the Wellness Policy on a triennial basis through collaboration with the Wellness Committee. The policy was assessed for compliance per federal mandates during the 2023-2024 school year. Key areas assessed were public involvement, nutrition education, nutrition promotion, nutrition guidelines, physical activity, and other school-based wellness activities. As a result of the assessment, the district is exploring ways to improve Farm to School efforts; promote yearly wellness challenges for students, staff and the overall school community; and look for ways to consistently recognize students who exhibit healthy behaviors across all grade levels. We believe that these initiatives are an important part of our overall mission for the school. As is required by law, I am sharing a copy of our Wellness Policy Assessment Tool completed by Lynne Hutchison, our Food Service Supervisor.