

## MY NAME IS COURTNEY AND I AM A BILINGUAL THERAPIST (ENGLISH/SPANISH), SPECIALIZING IN WORKING WITH CHILDREN AND TEENS.

"It can be challenging to find an experienced therapist who you can trust to support your children. I want you to know I will receive your child with warmth, compassion, and a broad view of what might be creating challenges for them."



## THERAPY FOR CHILDREN & TEENS

Early life can be difficult to navigate. Times to reach out for therapeutic support include:

- divorce
- grief and loss
- trauma or other adverse life experiences
- difficulties with parents or caregivers
- social struggles
- bullying
- life and family changes
- family substance abuse
- cutting and self-harm
- · other difficult or out of control behaviors.



LIVE WELL COUNSELING CENTER

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