



AGENDA

- Registration Requirements
- Registration Packet and Course Selection
- New Course Selections
- Balancing Your
 Academics with Life
- Resources



NHS COUNSELING TEAM

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Minimum Graduation Requirements

Credit Requirements:

<u>Subject</u>	Credits	Semeste
English	4	8
Social Studies	3.5	7
Math	3	6
Science	3	6
Physical Education	1.5	3
Fine Arts	2	4
Career and Tech.	1	2
Health	.5	1
Electives	3.5	7
World Language	2	4
Total Credits/Sem	24	48
iotai credits/ Jeili		70

Additional Requirements:

 Graduation Pathway ✓ 2 cr of CTE sequence in same path ✓ ASVAB (score = 31) Or, ELA & Math – (could combine): ✓ Dual Credit ELA or Math classes (RS, CiHS, AP with ✓ SBA ELA &/or Math – most use this option ✓ SAT/ACT scores ✓ AP test scores o High school & Beyond Plan √ 7 tasks via Naviance o Community Service - 40 hours o GPA - 2.0 GPA required

REGISTRATION PACKET

- 1. NHS Cover Letter with due dates: Submit course selection online by the time you meet with your counselor.
- 2. Turn in course selection form when you meet with your counselor on the week of March 13th to 18th.
- 3. Elective offering at Newport.
- 4. Balancing Your Day Sheet
- 5. Course Catalog (2024-2025) On-line on the BSD website.

https://bsd405.org/departments/teaching-and-learning/course-catalog/



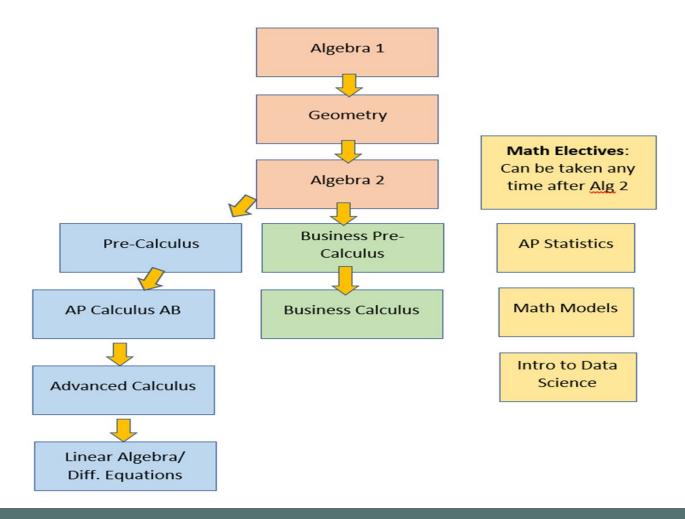
SOPHOMORE ENGLISH

- Honors Sophomore English
- American Lit or AP Lang & Comp (Pre-req Sophomore Comp & Lit)
- Special Programs: Students will be placed in correct class based on level
 - English Language Learners
 - Individual Education Plan

SOPHOMORE SOCIAL STUDIES

- Modern World History
- AP Modern World History
- AP African American Studies
- US History or AP US History (Pre-req World History or AP World History)
- Students select level based on:
 - Interest in subject
 - Balance of overall course load
 - Strength of reading & writing ability

MATHEMATICS



SCIENCE



Chemistry



- AP Biology (Pre-req Biology, Chemistry)
- AP Chemistry (Pre-req Chemistry, concurrent Precalculus recommended)
- AP Physics I (Pre-req Chemistry, Algebra II recommended); AP Physics 2 (AP Phys I)
- AP Physics C (Previous or concurrent with AP Calc)
- AP Environmental Science (Pre-req Chemistry)
- Marine Science (Pre-req Chemistry)
- Anatomy and Physiology (Pre-req Chemistry)
- Biotechnology (Pre-req Biology, Chemistry)*
- Auto Tech at BHS (3 credit class)**
- The Brain and Addiction (Pre-req Chemistry, semester class worth I credit)

* CTE credit option

**Science and CTE credit

WORLD LANGUAGE

- Graduation Requirement: 2 Credits
- · College Preference: 2 years of same language required; 3 to 4 years recommended.
- Personal Pathway Option
- Spanish Immersion: Honors Hispanic Studies
- · Offerings at Newport: French, Spanish, Chinese, and Arabic
- World Language Competency Test
 - Earn up to 1 to 4 credits for World Language (Must be able to speak and read and listen)
 - Check specific college recommendations
 - Register online or pay the school accountant: https://wa-bellevue.intouchreceipting.com/
 - Details on BSD website: https://bsd405.org/departments/teaching-and-learning/world-language/competency-credits/

HEALTH AND PHYSICAL EDUCATION

Health—10th Grade Required Course

- Summer WANIC Health class is also an option. Student will receive letter grade on transcripts. https://wanic.lwsd.org/academics/summer-courses
- Students can choose to take Health through Outside Learning Institution over the summer. However, incoming 10th grade students still must check the box for health on the registration form until course is completed.
- If students choose to take health over the summer, it will not be replaced with another class until the registrar has received the official transcript from the institution stating health was completed in the summer.

Physical Education

- Washington state requires all students to have at least 1.5 credits of Physical Education in order to graduate high school.
- 1 credit completed in 9th grade. The other .5 credit can be completed anytime between 10th and 12th grade.
- Sport for PE Credit can be earned for .5 of the PE credit. The student must be currently participating in the sport. The hours must be logged, with at least 80 hours of playing/practice time completed, as well as passing the written portion of the PE exam within the same school year. More information can be found on the BSD website: https://bsd405.org/departments/athletics-activities/earn-pe-credit/

ELECTIVES

Elective Fair

- March 4th
- Videos and Classroom Visits
- Course Catalog with descriptions available on the BSD website
- <u>Course Catalog Bellevue</u>
 <u>School District (bsd405.org)</u>

Application Courses

- Yearbook 1
 (See Ms. Snyder-Stone)
- Journalism/ Knight-Life (See Mr. Glowacki)
- Theatre Production (Auditions) (See Mr. Nonis)
- Leadership (See Ms. Landau- Walter)

Required

- ASB Officers must take leadership as an elective
- NCAA requirements see Athletic and Activities Director, Mr. Snyder

BALANCING YOUR LIFE

Wellness is important - We need balance to be healthy - Use this tool to plan for a balanced course load next year

(Note: plan for your hardest semester/day of the week)

Activity	Amount of Time Required	Time Remaining	
Hours in a day		24 hours	
School, including Tutorial (8:00 – 3:30)	7.5 hours	16.5 hours	
Sleep (American Pediatric Guideline is 9 hours a night for teenagers)			
Extracurriculars (sports, music, clubs, church, volunteering, work)			
College Planning for 11th & 12th gr (applications, SAT/ACT prep, etc.)			
Personal & Social time: (family, friends, recreation, computer use)			
Meals (not including at school)			
Other (Travel time, getting ready, etc.)			
How much time is left??			

In choosing which classes to take, consider what subjects you enjoy the most and have a passion for studying. Keep in mind that the majority of college freshman take three college classes per quarter. This is equal to three AP classes here (in addition to the other classes you will take).

Homework Note: every student is different.

(Guideline: 2 hours per day plus incremental 30 minutes per AP class)

Subject Area	Course Name	Difficulty (easy, medium, hard)	Homework time (average daily amt)
English			
Math			
Social Studies			
World Language			
Science			
Electives			
Electives			
	Total Average	Daily Homework	

DIRECTIONS OM REQUESTING COURSES ON SYNERGY



2/1/20XX

PLEASE CHOOSE YOUR SELECTIONS CAREFULLY

REASON

Courses will be offered next year <u>only</u> <u>if</u> enough students register this Spring to fill a class.

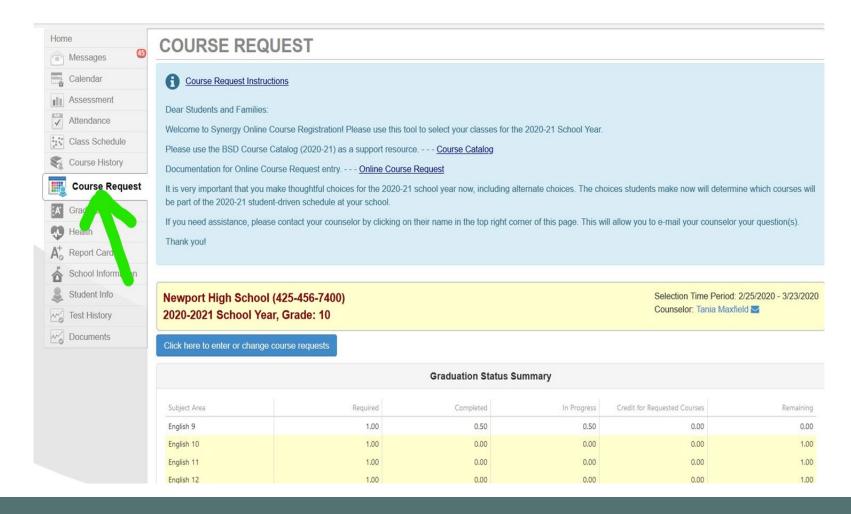
CHOICES

Think carefully about your choices now so courses you want will be available next school year.

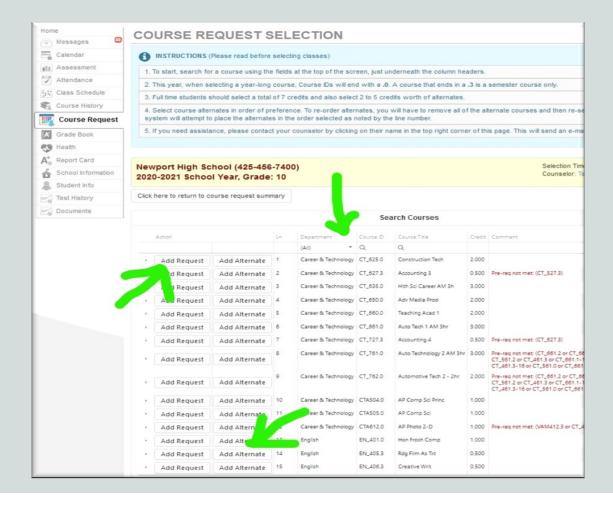
IMPORTANT

Once your schedule is built, changing your courses will happen only under extenuating circumstances.

ONLINE COURSE SELECTION



CHOOSING YOUR CLASSES



INSTRUCTIONS

- Search for courses by Department
- Click on Course ID Arrow to access Course Description
- Choose Request or Alternate
- Check Comments
 Column for year-long
 message
- (.5 Semester-only class.)

REVIEW YOUR SELECTIONS

- Make sure you have correct number of credits (7 periods per semester).
- 7.0 credits of the Selected Course Requests
- 2.0 credits of the Alternate Course Requests (minimum)
- Alternate requests are prioritized in the order you list them

ol (425-456-7400) ear, Grade: 10 Selection Tir Counselor: 1

request summary

Selected	Course	Ren	meete
Selected	Course	neu	uesis

In	Department	Course ID	Course Title	Credit	Term Override
1	Career & Technology	CT_403.3	Computer Tech	0.500	
2	Career & Technology	CT_512.3	Photography 2	0.500	
3	English	EN_501.0	Hon Soph Comp	1.000	
4	Math	MA_501.0	Algebra 2	1.000	
5	Music	MU_503.0	Chorale Choir	1.000	
6	Science	SC_501.0	Chemistry	1.000	
7	Social Studies	SSA505.0	AP Modern World Hist	1.000	
8	World Language	FR_501.0	French 2	1.000	

Total

7.000

Selected Alternate Course Requests

Ln	Department	Course ID	Course Title	Credit	Term Override
1	Career & Technology	CT_480.3	Coding In Python 1	0.500	
2	Career & Technology	CT_622.3	Indep Living	0.500	
3	PE & Health	PE_412.3	Yoga For Fitness	0.500	
4	PE & Health	PE_408.3	Net And Wall Sports	0.500	1 9

2/1/20XX

OTHER NHS RESOURCES

NHS COUNSELING

- Registration information
- Outside Learning
- Community Service
- Virtual Wellness
- Testing information
- College and Career Center

NHS ATHLETICS AND ACTIVITIES

- Clubs and Activities
- Registration for Athletics
- Physical Form
- Sports for PE Credit
- Student News and Information
- Student Handbook

Visit the Newport High School Website https://bsd405.org/nhs/



QUESTIONS?

NHS COUNSELING TEAM