

Anthem® Blue Cross

Your Plan: REEP - Combined: Custom Value Deductible HMO \$500 40/0 0% (HMO 40 Chiro)

Your Network: Select HMO

Visits with Virtual Care-Only Providers	Cost through our mobile app and website	
Primary Care, and medical services for urgent/acute care	No charge	
Mental Health & Substance Use Disorder Services	No charge	
Specialist care	\$40 copay per visit deductible does not apply	

Covered Medical Benefits	Cost if you use an In-Network Provider
Overall Deductible	\$500 person / \$1,000 family
Overall Out-of-Pocket Limit	\$1,500 single / \$4,500 family

To get benefits under this Plan, you must use In-Network Providers. **Services from Non-Network Providers are not covered**, except for Emergency or Urgent Care, Authorized Services, or when required by law. Please be sure to contact us if you are not sure if we have approved an Authorized Service.

The family deductible and out-of-pocket limit are embedded, meaning the cost shares of one family member will be applied to the per person deductible and per single out-of-pocket limit; in addition, amounts for all covered family members apply to both the family deductible and family out-of-pocket limit. No one member will pay more than the per person deductible or per single out-of-pocket limit.

All medical deductibles, copayments and coinsurance apply to the out-of-pocket limit.

Doctor Visits (virtual and office) Your plan requires the selection of a Primary Care Physician (PCP). A referral from your Primary Care Physician (PCP) is required for Specialist care and most other providers for select covered services.

Primary Care (PCP) virtual and office	\$40 copay per visit deductible does not apply
Mental Health and Substance Use Disorder Services virtual and office	No charge
Specialist Care virtual and office	\$40 copay per visit deductible does not apply
Other Practitioner Visits	
Routine Maternity Care (Prenatal and Postnatal)	\$40 copay per visit deductible does not apply
Retail Health Clinic for routine care and treatment of common illnesses; usually found in major pharmacies or retail stores.	\$40 copay per visit deductible does not apply

CA/LG/Custom Value Deductible HMO \$500 40/0 0% (HMO 40 Chiro)/0UW1/07-01-2024

Covered Medical Benefits	Cost if you use an In-Network Provider	
Manipulation Therapy Coverage is limited to 30 visits per benefit period. Acupuncture	\$10 copay per visit deductible does not apply \$40 copay per visit deductible does not apply	
Other Services in an Office Allergy Testing	No charge	
Prescription Drugs Dispensed in the office	No charge	
Surgery	\$40 copay per surgery deductible does not apply	
Preventive care / screenings / immunizations	No charge	
Preventive Care for Chronic Conditions per IRS guidelines	No charge	
<u>Diagnostic Services</u> Lab		
Office	No charge	
Freestanding Lab	No charge	
Outpatient Hospital	No charge after deductible is met	
X-Ray		
Office	No charge	
Freestanding Radiology Center	No charge	
Outpatient Hospital	No charge after deductible is met	
Advanced Diagnostic Imaging for example: MRI, PET and CAT scans		
Office	\$40 copay per service deductible does not apply	
Freestanding Radiology Center	\$40 copay per service deductible does not apply	
Outpatient Hospital	\$40 copay per service after deductible is met	

Covered Medical Benefits	Cost if you use an In-Network Provider
Emergency and Urgent Care	
Urgent Care includes doctor services. Additional charges may apply depending on the care provided.	In-Network and Non-Network Providers: \$40 copay per visit deductible does not apply
Emergency Room Facility Services Your copay will be waived if admitted.	In-Network and Non-Network Providers: \$100 copay per visit deductible does not apply
Emergency Room Doctor and Other Services	In-Network and Non-Network Providers: No charge
Ambulance	In-Network and Non-Network Providers: No charge
Outpatient Mental Health and Substance Use Disorder Services at a Facility	
Facility Fees	No charge after deductible is met
Doctor Services	No charge
Outpatient Surgery	
Facility Fees	
Hospital	\$250 copay per visit after deductible is met
Ambulatory Surgical Center	\$250 copay per visit after deductible is met
Physician and other services including surgeon fees	
Hospital	No charge
Hospital (Including Maternity, Mental Health and Substance Use	
Disorder Services) If readmitted within 72 hours for the same condition, no additional facility copay is required. If transferred between facilities, only one copay will apply.	
Facility Fees	\$250 copay per admission after deductible is met
Physician and other services including surgeon fees	No charge
Home Health Care Coverage is limited to 100 visits per benefit period.	No charge
Rehabilitation and Habilitation services <i>including physical, occupational and speech therapies.</i>	

Covered Medical Benefits	Cost if you use an In-Network Provider
Coverage for physical therapy, occupational therapy and speech therapy combined is limited to 60 days per benefit period.	
Office	No charge
Outpatient Hospital	No charge after deductible is met
Pulmonary rehabilitation	
Office	\$40 copay per visit deductible does not apply
Outpatient Hospital	No charge after deductible is met
Cardiac rehabilitation Coverage is limited to 36 visits per benefit period.	
Office	\$40 copay per visit deductible does not apply
Outpatient Hospital	No charge after deductible is met
Dialysis/Hemodialysis	
Office	No charge
Outpatient Hospital	No charge after deductible is met
Chemo/Radiation Therapy	
Office	No charge
Outpatient Hospital	No charge after deductible is met
Skilled Nursing Care (facility) Coverage is limited to 100 days per benefit period.	No charge after deductible is met
Inpatient Hospice	No charge after deductible is met
Durable Medical Equipment	No charge after deductible is met
Prosthetic Devices	No charge after deductible is met

Covered Prescription Drug Benefits	Cost if you use an In- Network Pharmacy	Cost if you use a Non-Network Pharmacy
Pharmacy Deductible	Not covered	Not covered
Pharmacy Out-of-Pocket Limit	Not covered	Not covered
Prescription Drug Coverage Network: Drug List:		
Day Supply Limits:		
Tier 1 - Typically Generic	Not covered (retail and home delivery)	Not covered (retail and home delivery)
Tier 2 – Typically Preferred Brand	Not covered (retail and home delivery)	Not covered (retail and home delivery)
Tier 3 - Typically Non-Preferred Brand	Not covered (retail and home delivery)	Not covered (retail and home delivery)
Tier 4 - Typically Specialty (brand and generic)	Not covered (retail and home delivery)	Not covered (retail and home delivery)

Notes:

- If you have an office visit with your Primary Care Physician, Specialist or Urgent Care at an Outpatient Facility (e.g., Hospital or Ambulatory Surgical Facility), benefits for Covered Services will be paid under "Outpatient Facility Services".
- Costs may vary by the site of service. Other cost shares may apply depending on services provided. Check your Certificate of Coverage for details.
- The limits for physical, occupational, and speech therapy, if any apply to this plan, will not apply if you get care as part of the Mental Health and Substance Use Disorder benefit.
- Coverage includes standard fertility preservation services as a basic healthcare service including but are not limited to, injections, cryopreservation and storage for both male and female members when a medically necessary treatment may cause iatrogenic infertility. Member cost share for fertility preservation services is based on provider type and service rendered.
- The representations of benefits in this document are subject to California Department of Managed Health Care (DMHC) approval and are subject to change.

This summary of benefits is a brief outline of coverage, designed to help you with the selection process. This summary does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations and exclusions, please review the formal Evidence of Coverage (EOC). If there is a difference between this summary and the Evidence of Coverage (EOC), the Evidence of Coverage (EOC), will prevail.

Anthem Blue Cross HMO benefits are covered only when services are provided or coordinated by the primary care physician and authorized by the participating medical group or independent practice association (IPA); except OB/GYN services received within the member's medical group/IPA, and services for mental health and substance use disorders. Benefits are subject to all terms, conditions, limitations, and exclusions of the EOC.

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Questions: (833) 913-2236 or visit us at www.anthem.com/ca



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Get help in your language



Language Assistance Services

Curious to know what all this says? We would be too. Here's the English version: IMPORTANT: Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call right away at 1-888-254-2721. (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

Spanish

IMPORTANTE: ¿Puede leer esta carta? De lo contrario, podemos hacer que alguien lo ayude a leerla. También puede recibir esta carta escrita en su idioma. Para obtener ayuda gratuita, llame de inmediato al 1-888-254-2721. (TTY/TDD: 711)

Arabic

مهم: هل يمكنك قراءة هذه الرسالة؟ إذا لم تستطع، فيمكننا الاستعانة بشخص ما ليساعدك على قراءتها. كما يمكنك أيضًا الحصول على هذا الخطاب مكتوبًا بلغتك. للحصول على المساعدة المجانية، يُرجى الاتصال فورًا بالرقم2721-258-1888-1 (TTY/TDD:711).

Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Կարողանո՞ւմ եք ընթերցել այս նամակը։ Եթե ոչ, մենք կարող ենք տրամադրել ինչ-որ մեկին, ով կօգնի Ձեզ՝ կարդալ այն։ Կարող ենք նաև այս նամակը Ձեզ գրավոր տարբերակով տրամադրել։ Անվձար օգնություն ստանալու համար կարող եք անհապաղ զանգահարել 1-888-254-2721 հեռախոսահամարով։ (TTY/TDD: 711)

Chinese

重要事項:您能看懂這封信函嗎?如果您看不懂,我們能夠找人協助您。您有可能可以獲得以您的語言而寫的本信函。如需免費協助,請立即撥打1-888-254-2721。(TTY/TDD: 711)

Farsi

مهم: آیا میتوانید این نامه را بخوانید؟ اگر نمیتوانید، میتوانیم شخصی را به شما معرفی کنیم تا در خواندن این نامه شما را کمک کند. همچنین میتوانید این نامه را به صورت مکتوب به زبان خودتان دریافت کنید. برای دریافت کمک رایگان، همین حالا با شماره TTY/TDD:711-888-1 تماس بگیرید.(TTY/TDD:711)

Hindi

महत्वपूर्ण: क्या आप यह पत्र पढ़ सकते हैं? अगर नहीं, तो हम आपको इसे पढ़ने में मदद करने के लिए किसी को उपलब्ध करा सकते हैं। आप यह पत्र अपनी भाषा में लिखवाने में भी सक्षम हो सकते हैं। निःशुल्क मदद के लिए, कृपया 1-888-254-2721 पर तुरंत कॉल करें। (TTY/TDD: 711)

Hmong

TSEEM CEEB: Koj puas muaj peev xwm nyeem tau daim ntawv no? Yog hais tias koj nyeem tsis tau, peb muaj peev xwm cia lwm tus pab nyeem rau koj mloog. Tsis tas li ntawd tej zaum koj kuj tseem yuav tau txais daim ntawv no sau ua koj hom lus thiab. Txog rau kev pab dawb, thov hu tam sim no rau tus xov tooj 1-888-254-2721. (TTY/TDD: 711)

Japanese

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重要:この書簡を読めますか?もし読めない場合には、内容を理解するための支援を受けることができます。また、この書 簡を希望する言語で書いたものを入手することもできます。次の番号にいますぐ電話して、無料支援を受けてください。 1-888-254-2721 (TTY/TDD: 711)

Khmer

សំខាន់៖ តើអ្នកអាចអានលិខិតនេះទេ? បើមិនអាចចេ យើងអាចឲ្យនរណាម្នាក់អានវាជ្ជនអ្នក។ អ្នកក៏អាចទទួលលិខិតនេះដោយសរសេរជាភាសារបស់អ្នកផងដែរ។ ដើម្បីទទួលជំនួយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទភ្លាម១ទៅលេខ 1-888-254-2721។ (TTY/TDD: 711)

Korean

중요: 이 서신을 읽으실 수 있으십니까? 읽으실 수 없을 경우 도움을 드릴 사람이 있습니다. 귀하가 사용하는 언어로 쓰여진 서신을 받으실 수도 있습니다. 무료 도움을 받으시려면 즉시 1-888-254-2721로 전화하십시오. (TTY/TDD: 711)

Punjabi

ਮਹੱਤਵਪੂਰਨ: ਕੀ ਤੁਸ। ਇਹ ਪੱਤਰ ਪੜਹ ਸਕਦੇ ਹੋ? ਜੇ ਨਹ।, ਤਾਂ ਅਸ। ਇਸ ਨੂੰ ਪੜਹ੍ ਿਵੱਚ ਤੁਹਾਡੀ ਮਦਦ ਲਈ ਿਕਸੇ ਨੂੰ ਬੁਲਾ ਸਕਦਾ ਹਾਂ ਤੁਸ। ਸ਼ਾਇਦ ਪੱਤਰ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਿਵੱਚ ਿਲਿਖਆ ਹੋਇਆ ਵਬੀ ਪਰ੍ਾਪ ੍ਾਪ ਕਰ ਸਕਦੇ ਹੋ। ਮੁਫ਼ਤ ਮਦਦ ਲਈ, ਿਕਰਪਾ ਕਰਕੇ ਫੌਰਨ 1-888-254-2721 ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

Russian

ВАЖНО. Можете ли вы прочитать данное письмо? Если нет, наш специалист поможет вам в этом. Вы также можете получить данное письмо на вашем языке. Для получения бесплатной помощи звоните по номеру 1-888-254-2721. (TTY/TDD: 711)

Tagalog

MAHALAGA: Nababasa ba ninyo ang liham na ito? Kung hindi, may taong maaaring tumulong sa inyo sa pagbasa nito. Maaari ninyo ring makuha ang liham na ito nang nakasulat sa ginagamit ninyong wika. Para sa libreng tulong, mangyaring tumawag kaagad sa 1-888-254-2721. (TTY/TDD: 711)

Thai

หมายเหตุสำคัญ: ท่านสามารถอ่านจดหมายฉบับนี้หรือไม่ หากท่านไม่สามารถอ่านจดหมายฉบับนี้ เราสามารถจัดหาเจ้าหน้าที่มาอ่านให้ท่านฟังได้ ท่านยังอาจให้เจ้าหน้าที่ช่วยเขียนจดหมายในภาษาของท่านอีกด้วย หากต้องการความช่วยเหลือโดยไม่มีค่าใช้จ่าย โปรดโทรติดต่อที่หมายเลข 1-888-254-2721 (TTY/TDD: 711)

Vietnamese

QUAN TRỌNG: Quý vị có thể đọc thư này hay không? Nếu không, chúng tôi có thể bố trí người giúp quý vị đọc thư này. Quý vị cũng có thể nhận thư này bằng ngôn ngữ của quý vị. Để được giúp đỡ miễn phí, vui lòng gọi ngay số 1-888-254-2721. (TTY/TDD: 711)

It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1- 800-537-7697) or online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf. Complaint forms are available at https://www.hhs.gov/ocr/pifice/file/index.html.

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REEP Benefits – HMO Rx Plan 5

The following outline of your group's outpatient prescription drug benefit is provided for your information. This document contains specific coverage and exclusion information related to your prescription benefit provided by REEP and administered by Express Scripts, Inc. For more information about these drugs or others, you can reach us by calling 1-888-806-4969 or by going to <u>express-scripts.com</u>. Just click on "Member Services" and login using your member ID. For more general information about drugs, vitamins and your health conditions, log on to <u>express-scripts.com</u> and select "Drug Digest".

Benefit Design			
Retail Copayments -30 Day Supply			
\$15			
\$40 – after deductible			
\$80 – after deductible			
Mail Service Copayments – 90 Day Supply			
\$30			
\$80 – after deductible			
\$160 – after deductible			

** Healthcare Reform preventative items will be covered for a \$0 copay.

** Claims for Out-of-Network purchases will be reimbursed at 50%.

**Deductible \$250 Individual / \$500 Family

** Annual Out of Pocket \$1000 Individual / \$3000 Family

<u>Select Home Delivery Program</u> – This Home Delivery program will encourage you to *take action* about where you purchase your maintenance medications. If you don't take any action, your copayment may increase. The program is designed to remind you of the benefits and potential savings through the Express Home Delivery pharmacy. You can call Express Scripts' Member Choice Center at 877/603-1032 to review your options with a specialist; 1) You can either transfer your prescriptions to Home Delivery, or 2) *opt out* of the program.

Express Advantage Network - Certain pharmacies in the Express Scripts Network are identified as preferred pharmacies (Tier 1). Non-preferred pharmacies are in Tier 2. When you fill your prescriptions at a preferred Tier 1 pharmacy, you will pay the copay as outlined for your plan. *But, if you choose to use a Tier 2 pharmacy, you may pay up to an <u>additional \$15</u> <u>plus your copay for each prescription</u> you fill at a non-preferred pharmacy. Some examples of preferred Tier 1 pharmacies include (but are not limited to) Rite Aid, Stater Bros., Albertsons, Vons, Costco, Target, Sam's Club and Walmart.*

Other Programs will remain in place and include;

<u>Generics Preferred</u> - If you - OR - Doctor select a brand drug when a generic drug is available you will pay the brand copay plus the difference in cost between the brand and generic. Your doctor must provide medical necessity to override the additional cost.

<u>Accredo Exclusive Specialty Program</u> - All specialty medications must go through the Accredo Pharmacy after one fill at retail. Please call 1-800-803-2523 if you are on a specialty injectable medication or specialty drug.

All prescription medications are covered by your plan. However some prescription products are excluded under your plan and are noted below.

 All over-the-counter products & drugs, and over the 	Homeopathic Medications and Medical Foods
counter equivalents**	 Fertility Agents
 Serums, Toxoids, Vaccines 	 Hair Growth Agents
 Depigmentation agents and Injectable Cosmetic 	Contraceptive Devices, Implants, and IUDs
agents	Injectable Drugs to treat impotency (Yohimbine)
Durable Medical Equipment	 Allergens
 Drugs used for investigational purposes, of for off- label use 	 Unit dose packaging, or repackaged products
Diagnostic, Testing and Imaging Supplies	

The following OTC drugs are covered: Diabetic Supplies, Peak Flow Meters, Non Insulin Syringes, and Respiratory Therapy Supplies *Certain Injectable medications are not covered. ** Please call 1-888-806-4969 if you have a question on a drug that is not outlined or visit our website at express-scripts.com.

Prior Authorization & Step Therapy

Prior authorization is needed for certain medications. If you have questions on a particular drug, please contact Customer Service or visit <u>express-scripts.com</u> to perform a coverage check. Please have your doctor call Express Scripts at 1-800-753-2851 to go through a clinical review on your medication if it is subject to prior authorization.

Prior Authorization is a program that helps you get the prescription drugs you need *with safety, savings and — most importantly — your good health in mind.* It helps you get the most from your healthcare dollars with *prescription drugs that work well for you and that are covered by your pharmacy benefit*. It also helps control the rising cost of prescription drugs for everyone in your plan.

The program monitors certain prescription drugs to ensure that you are getting the appropriate drugs for your disease state. It works much like healthcare plans that approve certain medical procedures before they're done, to make sure you're getting tests you need: If you're prescribed a certain medication, that drug may need a "prior authorization." *It makes sure you're getting a cost-effective drug that works for you.* For instance, prior authorization ensures that covered drugs are used for treating medical problems rather than for other purposes.

Drug Quantity Limits

The Drug Quantity Management program manages prescription costs by ensuring that the quantity of units supplied for each copayment are consistent with clinical dosing guidelines as recommended by the Food & Drug Administration (FDA). The program is designed to support safe, effective, and economic use of drugs while giving patients access to quality care. Express Scripts clinicians maintain a list of quantity limit drugs, which is based upon manufacturer-recommended guidelines and medical literature. Online edits help make sure optimal quantities of medication are dispensed per copayment and per days' supply.

Express Scripts Home Delivery Pharmacy	Express Scripts Customer	Express Scripts Website
PO Box 66567	Service	www.express-scripts.com
St Louis, Mo	1-888-806-4969	
	Open 24 hours, 365 days a year	