

Maypearl ISD Student Health Advisory Council

Minutes of (initial) meeting of the MISD Student Health Advisory Council (SHAC)

Meeting time/date/location: 4:30 pm, Thursday, January 20, 2022, LSK Board Room

Superintendent Ritchie Bowling called the meeting to order at 4:30 pm and thanked those in attendance for their willingness to serve on the committee. He stated that due to changes in state law the SHAC meetings will now be handled in a manner similar to school board meetings with posted agendas, time for public comment, and record retention of minutes. He said Mike Mitchell, MISD Children's Nutrition Director would be the chair of the Council.

After the invocation by Tony Tucker, Church of Christ Youth Pastor, and the pledges to the flags, Supt. Bowling asked each person to introduce themselves.

Those present and introducing themselves were:

- Becky Scasta, nurse from First Look and member of Waxahachie ISD's SHAC since 2015
- Tony Tucker, Youth Pastor – Church of Christ
- Faye Anne Pearson
- Jerry Ramirez
- Keith Davis, Director of Bands
- Katie Ostrander
- Amanda Stinson, LSK Counselor
- Robyn Rogers, 4th grade teacher
- Rakel Brandt, 8th grade teacher
- Adele Mooney
- Leslie Deen, Children's Advocacy Center

Mr. Bowling briefly reviewed the agenda (attached). He indicated there will be a triennial review of the wellness plan. He asked those in attendance to review the Maypearl ISD Wellness Plan. Discussion on the plan included:

Adele Mooney commented that mental health of students was not addressed by the plan.

Fitness Gram is a P.E. test used in elementary grades.

Having a Student Health Advisory Council can increase awareness of health initiatives.

“Work-out Wednesdays” was a previously-used health initiative

Having a space in the cafeteria for students to place unwanted (packaged) food items for other to take would reduce food waste.

The Hope Squad is a data-tracking, peer-to-peer, suicide-prevention program

The Character Strong program addresses mental health issues.

The Watch DOGS program at the elementary is a program that is helpful.

Having events like the Family Fun Night recently held in conjunction with the Friends of Maypearl organization can be helpful in promoting wellness and activity.

Leslie Deen asked how goals would be measured once those goals are set.

Mr. Bowling indicated that more/more detailed data tracking from the Special Education department might be helpful in assessing and measuring goals.

Ms. Deen distributed information on Senate Bill 9(87(2)) which allows school's SHAC's to recommend curriculum to cover dating violence, human trafficking, family violence and child abuse. It is an opt-in program. The bill went in effect on December 2, 2021. Ms. Deen inquired if By-Laws for the Council were required. She indicated that Ginger Robinson of Waxahachie ISD would be a good contact/valuable resource.

Mr. Bowling indicated a 'generic/template' type of By-Laws is available but can be changed to meet specific needs of the MISD SHAC.

Mr. Bowling indicated the next meeting of the Council would likely be in February or March.

Meeting was adjourned approximately @ 6:15 pm.

Respectfully submitted,

Adele Mooney (Russian volunteer!)