



Be sure and get a good start to your day with Breakfast!
 Breakfast Paid Meal Price \$1.45 Reduced Breakfast Price \$.30
 Lunch Paid Meal Price \$2.15 Reduced Lunch Price \$.40
 Milk \$.65

August – October 2024-2025 SY

Blue	Donut Pull Apart	Breakfast Pizza	Pancake Wrap	Cinnamon Roll	Biscuit & Gravy
	Chicken Teriyaki Steamed Rice Warm Broccoli Fresh Red Pepper Strips Pineapple Tidbits	Spaghetti Sauce with Meat, Breadstick Penne Pasta Romaine Salad Green Beans Chilled Fruit Juice	Grilled or Brd. Chicken Patty Sandwich Seasoned Potato Wedges Baked Beans Applesauce Cheddar Goldfish	Totcho Bowl (Potato Tots, Shredded Pork topped with Cheese Seasoned Corn Chilled Fruit Juice Biscuit	Pizza Romaine Salad Baby Carrots, Broccoli. Red Pepper Strips w/ Dip Fresh Watermelon Sugar Cookie
	Donut Pull Apart	Breakfast Pizza	Pancake Wrap	Cinnamon Roll	Un crustable
	Hot Dog/Coney on Bun Oven Baked Fries Baked Beans Chilled Pears Cheez-its	Turkey & Noodles Warm Dinner Roll Whipped Potatoes/Gravy Seasoned Green Beans Chilled Fruit Juice	Stuffed Mozz Bread Sticks, Marinara Sauce Romaine Salad Steamed Carrots Fruit Apple Wedges Chocolate Chip Cookie	Beef & Cheese Burrito Seasoned Corn Refried Beans Chips & Salsa Chilled Fruit Juice	Brd Pork Patty Sandwich Sliced Tomato, Onion, & Lettuce Seasoned Potato Wedges Baby Carrots w/ Dip Chilled Applesauce
Green	Donut Pull Apart	Breakfast Pizza	Pancake Wrap	Cinnamon Roll	Sausage Biscuit
	Popcorn Chicken Bowl Whipped Potatoes Gravy Seasoned Green Beans Sliced Bread Chilled Mixed Fruit	Toasted Cheese Sand. Chicken & Noodle Soup or Tomato Soup Crackers, Romaine Salad Baby Carrots & Dip Chilled Fruit Juice	Salisbury Steak Whipped Potatoes Gravy Steamed Carrots Chilled Peaches Warm Dinner Roll	Corndog Oven Baked Fries Baked Beans Chilled Fruit Juice Carnival Cookie	Beef & Cheese Nachos Refried Beans Seasoned Corn Salsa Chilled Pears Cheddar Goldfish
Red	Donut Pull Apart	Breakfast Pizza	Pancake Wrap	Cinnamon Roll	Sausage Biscuit
	Chicken Bites Seasoned Potato Wedges Baby Carrots w/ Ranch Sliced Bread Fresh Apple Wedges	Texas Straw Hat Refried Beans, Salsa Lettuce & Tomatoes Seasoned Corn Chilled Fruit Juice Goldfish Grahams	Chicken Tenders Whipped Potatoes Gravy Seasoned Green Beans Fresh Orange Wedges Warm Dinner Roll	Hot Dog/Coney on Bun Oven Bakes Fries Baked Beans Chilled Fruit Juice Chocolate Cookie	Hamburger Sandwich Sliced Cheese, Tomato, Onion, & Lettuce Hash Brown Rounds Steamed Carrots Chilled Pears

What Makes A Breakfast?
 Select 3 of the 4 Components
 2 Grains or 1 Grain & 1 Protein
 Fruit
 Milk
 One must include a minimum of ½ Cup Fruit to count as a Breakfast

What Makes A Lunch?
 Select 3 of the 5 Components
 Protein
 Fruit
 Vegetable
 Grain
 Milk
 One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

August	M	T	W	Th	F	September	M	T	W	Th	F	October	M	T	W	Th	F
Blue	5X	6X	7	8	9	Blue	2X	3	4	5	6	Blue	30	1	2	3	4
Orange	12	13	14	15	16	Orange	9	10	11	12	13	Orange	7	8	9	10	11
Green	19	20	21	22	23	Green	16	17	18	19	20	Green	14	15	16	17	18
Red	26	27	28	29	30	Red	23	24	25	26	27	Fall Break	21X	22X	23X	24X	25X
												Red	28	29	30	31	1

Lunch Entrée Choices include the daily entrée, deli sandwich, chef salad, or yogurt & cheese. 100% fruit juice, fresh fruit, and milk offered with lunch. Breakfast includes the daily entrée, choice of cereals, yogurt, fresh fruit, dried fruit, fruit juice, and milk. We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the Kitchen Supervisor prior to the meal, if you have any concerns. North Montgomery Middle School Food Service Contact Information: Jennifer Himes (765) 364-1071 ext. 634 Nutritional Info found at: <https://www.nm.k12.in.us/departments/food-services>