

# Mt. Vernon Elementary Breakfast Menu May 2024

		1	2	3
		Pillsbury Mini Waffle String Cheese Fruit Milk	Yogurt Graham Cracker Fruit Milk	WG Bagel w/ Cream Cheese Fruit Milk
6	7	8	9	10
Blueberry Nutri Grain Bar Graham Cracker Fruit Milk	Egg & Cheese Sandwich Fruit Milk	Cocoa Puffs Cereal Bar Fruit Milk	Yogurt Graham Cracker Fruit Milk	Pillsbury Cinni Minis Fruit Milk
13	14	15	16	17
Cinnamon Toast Crunch Cereal Bar Graham Cracker Fruit Milk	Strawberry Pop Tart String Cheese Fruit Milk	Egg & Cheese Sandwich Fruit Milk	Pillsbury Mini Waffles Fruit Milk	WG Bagel w/ Cream Cheese Fruit Milk
20	21	22	23	24
Yogurt Graham Cracker Fruit Milk	Pillsbury Cinni Minis Fruit Milk	Lucky Charms Cereal Bowls Graham Cracker Fruit Milk	Egg & Cheese Sandwich Fruit Milk	Pillsbury Mini French Toast Fruit Milk
27	28	29	30	31
<b>NO SCHOOL MEMORIAL DAY</b>	Yogurt Graham Cracker Fruit Milk	WG Bagel w/ Cream Cheese Fruit Milk	Trix Cereal Bowl Graham Cracker Fruit Milk	Pillsbury Mini Waffle String Cheese Fruit Milk

**More info...**

**Milk Offering** (all 1 c serving): 1% White, Fat Free White, or Fat Free Chocolate (all antibiotic & hormone free).

**Fruit Offering** (all ½c serving): Apple, orange, seasonal fresh fruit, or 100% Fruit Juice (apple, orange, grape, or fruit punch).

**Two fruit choices will be available daily.**

**Lunch Alternatives Available Daily** Yogurt/Bagel Lunch (Yogurt, String Cheese, Bagel, Veggie & Fruit)

Sandwich Lunch (Turkey & Cheese, Turkey Ham & Cheese, or Cheese with Veggie & Fruit)

Salad Lunch (Salad, Protein, & Fruit)

**Please Note:** (WG) denotes whole grain; (P) denotes item may contain pork