

In-School Core Survey

Elementary School Questionnaire

2023-2024

This survey asks about your experiences related to your school and health.

This survey is voluntary. **You do not have to complete this survey**, but we hope that you will. We need your help!

Your answers will help improve your school.

Please read every question carefully.

Thank you for taking this survey!

In-School Core Survey

1. Which of the following **best describes** your school schedule **during the past 30 days**?
 - A) I went to school in person at my school building for the entire day, Monday through Friday. [**In-School Model**]
 - B) I participated in school from home for the entire day on most or all weekdays and did not go to school in person. [**Remote Learning Model**]

2. Are you female or male?
 - A) Female
 - B) Male

3. What grade are you in?
 - A) 3rd grade
 - B) 4th grade
 - C) 5th grade
 - D) 6th grade

4. What is your race or ethnicity? (*Mark All That Apply.*)

A) American Indian or Alaska Native	E) Native Hawaiian or Pacific Islander
B) Asian or Asian American	F) White
C) Black or African American	G) Something else
D) Hispanic or Latinx	

5. Did you eat breakfast this morning?
 - A) No
 - B) Yes

6. How many days a week do you usually go to your school's afterschool program?
 - A) 0 days
 - B) 1 day
 - C) 2 days
 - D) 3 days
 - E) 4 days
 - F) 5 days

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7. What time did you go to bed last night?

- A) Before 9:00 pm
- B) Between 9:00 pm and 10:00 pm
- C) Between 10:00 pm and 11:00 pm
- D) Between 11:00 pm and midnight
- E) After 12:00 am

8. In the past 30 days, how often did you miss an entire day of school for any reason?

- A) I did not miss any days of school in the past 30 days
- B) 1 day
- C) 2 days
- D) 3 or more days

The next questions ask about your relationships with people at school and your learning experiences.

9. Do you feel close to people at school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

10. Are you happy to be at this school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

11. Do you feel like you are part of this school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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42. **Do you get really bored at school?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
43. **Do you finish all your school assignments?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
44. **When you get a bad grade, do you try even harder the next time?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
45. **Do you keep working and working on your schoolwork until you get it right?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
46. **Do you keep doing your schoolwork even when it's really hard for you?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
47. **Do you follow the classroom rules?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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48. Do you follow the playground rules at recess and lunch times?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
49. Do you listen when your teacher is talking?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
50. Are you nice to other students?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
51. During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
52. Do other kids hit or push you at school when they are not just playing around?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
53. Do other kids at school spread mean rumors or lies about you?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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54. During the past year, did you ever bring a gun or knife to school?
- A) No
 - B) Yes
55. Do other kids at school call you bad names or make mean jokes about you?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
56. During the past year, have you ever seen another kid with a gun or knife at school?
- A) No
 - B) Yes
57. Do you feel safe at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
58. Do you feel safe on your way to and from school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
59. Have other kids at school ever teased you about what your body looks like?
- A) No
 - B) Yes

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**These next questions are about how you felt over the past 30 days.
Please choose the answer that best describes you.**

60. Do you feel good and happy?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

61. Do you feel sad?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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The next questions are about cigarettes, vaping, alcohol, and other drugs.

Keep the following definitions in mind

- **One drink of alcohol** means drinking one regular size can/bottle of beer or hard seltzer, one glass of wine, one mixed drink, or one shot glass of liquor. Questions about alcohol do not include drinking a few sips of wine for religious purposes.
- **Drug** means any substance you use to get “high” or for reasons other than medical (as ordered by a doctor).

62. **Have you ever smoked a cigarette?**
- A) No
 - B) Yes, I smoked a part of a cigarette, like one or two puffs
 - C) Yes, I smoked a whole cigarette
63. **Have you ever vaped?**
- A) No
 - B) Yes
64. **Have you ever drunk beer, wine, or other alcohol?**
- A) No
 - B) Yes, I drank one or two sips
 - C) Yes, I drank a full glass
65. **Have you ever sniffed something through your nose to get “high”?**
- A) No
 - B) Yes
66. **Have you ever used any marijuana (smoke, vape, eat, or drink)?**
- A) No
 - B) Yes
 - C) I don't know what marijuana is
67. **Do you think smoking cigarettes is bad for a person's health?**
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad

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68. Do you think vaping is bad for a person's health?
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad
69. Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad
70. Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad
 - D) I don't know what marijuana is

Here are questions about your home.

71. Does a parent or some other grown-up at home care about your schoolwork?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
72. Does a parent or some other grown-up at home believe that you can do a good job?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
73. Does a parent or some other grown-up at home want you to do your best?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

In-School Core Survey

74. Does a parent or some other grown-up at home ask if you did your homework?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

75. Does a parent or some other grown-up at home check your homework?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

76. Does a parent or some other grown-up at home ask you about school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

77. Does a parent or some other grown-up at home ask you about your grades?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

Military Module

SUPPLEMENT 1

Here are some questions about you, your family, and the military. You will be able to answer all of the questions even if no one in your family is in the military.

- X1. Do you have someone in your family (like a parent, grandparent, brother, sister) who is currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?**
- A) No
 - B) Yes
 - C) Don't know
- X2. Who in your family is currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)? (You can mark more than one answer if you have more than one family member in the military.)**
- A) No one in my family is in the military
 - B) Father
 - C) Mother
 - D) Brother or sister
 - E) Grandparent or other relative
 - F) Don't know

How true is each of these sentences about you and your family?

- X3. I feel proud of my family.**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
- X4. I feel that I have more responsibilities at home (like chores) than my friends.**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true

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Military Module

SUPPLEMENT 1

- X5. I have traveled a lot and have seen many interesting places.**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
- X6. I know how to solve problems in my life better than most of my friends.**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
- X7. When I grow up, I would like to join the military (Army, Navy, Marines, Air Force, National Guard, or Reserves).**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
- X8. Adults in this school respect my family.**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
- X9. I felt welcomed when I came to this school.**
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true

Military Module

SUPPLEMENT 1

X10. I have a hard time paying attention in school.

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

X11. My parents help me with my school work.

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

X12. My parents come to school to meet my teachers or to attend events (like parent nights, sports events, plays, or concerts).

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

X13. How many times did you have to change your school because you moved away?

- A) I did not change school because I moved
- B) Changed once
- C) Twice
- D) Three times
- E) Four times
- F) More than four times

X14. I have a hard time making friends because I have to change schools often.

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

CALIFORNIA *healthy kids* SURVEY

Military Module

SUPPLEMENT 1

How often did you ...

X15. Feel full of energy in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

X16. Feel happy in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

X17. Feel like everything is hard to do in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

How often did you ...

X18. Feel like nothing makes you happy in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

Military Module

SUPPLEMENT 1

X19. Feel like it is hard to sit still in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

X20. Feel good about life in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

X21. Feel nervous in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

How often did you ...

X22. Feel that you do not have much hope in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

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Military Module

SUPPLEMENT 1

X23. Feel excited in the last 30 days?

- A) None of the time
- B) A little of the time
- C) Some of the time
- D) Most of the time
- E) All of the time

The last two questions in this section are about your family and the military (Army, Navy, Marines, Air Force, National Guard, or Reserves).

X24. Do you have someone in your family (like a parent, grandparent, brother, sister) who is in the military now or sometime in the last 10 years?

- A) No
- B) Yes
- C) Don't know

X25. As far as you can remember, how many times in the last 10 years did any member of your family leave home and serve (deploy) outside the USA?

- A) Never
- B) Once
- C) Twice or more
- D) Don't know