

Seaford Cheer Through the Years

Cheer became an official sport in 2016:

2021 Covid

2017-County Champs Competitive (traditional)
NY State Championship -5th

2022-County Champs Competitive (traditional)
2022-NY States Champs Competitive
(traditional)

2018-County Champs Competitive (traditional)
NY State Championship-4th

2022-2nd place Nationals

2019-County Champs Competitive (traditional)
NY State Championship-3rd

2023-County Champs Competitive (traditional)
2023-NY State Champs Competitive
(traditional)

2020-County Champs Competitive (traditional)
NY State Championship-2nd

2023-County Champs Competitive (traditional)

2023-County Champs Game Day
2023-NY State Champs Game Day

Myles Munro earns
All-State in the Class B
New York State
Public High School
Cross Country
Championship





SEAFORD UFSD

FACILITIES UPDATE

Board of Education Meeting: November 29, 2023

Presented by: Russell Costa, Director of Facilities



SEAFORD UFSD

FACILITIES DEPARTMENT

Facilities Office (2)	Security (33)	Maintenance Department (3)	Grounds Department (2)	Custodial Department (20)
(1) Facilities Director (1) Account Clerk	(1) Supervisor of Security (32) Security Guards	(3) Maintainers	(1) Grounds Supervisor (1) Groundman	(3) Head Custodians (1) Acting Head Custodian (8) Custodians (9) Cleaners



SEAFORD UFSD

PART I: Security Enhancements

PART II: Completed Projects

PART III: Upcoming Projects

Part IV: Multi-Purpose Turf Field



SEAFORD UFSD

PART I:

Security Enhancements



DISTRICTWIDE MAIN LOBBIES

Teller Boxes Installed

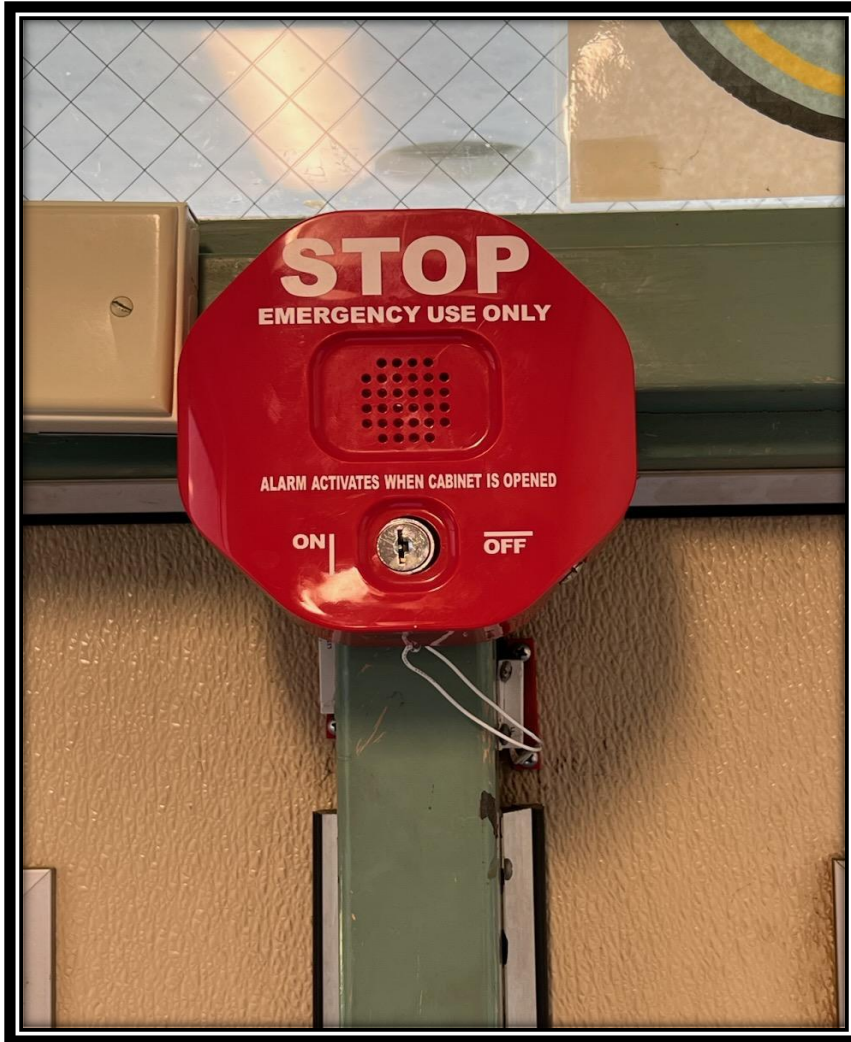
These Teller Boxes will allow our Security Staff at the Main Entrances of each building to interact with the public without opening the doors.





HARBOR SCHOOL AND MANOR SCHOOL

INSTALLATION OF DOOR ALARMS



These portable alarms will sound when the door is opened. The key function allows the alarm to be disabled for arrival and dismissal.



DISTRICTWIDE

Installation and Upgrade of Cameras

The Seaford UFSD continuously evaluates the security of our facilities and makes the necessary enhancements. Cameras are evaluated and changed yearly replacing at least ten cameras in a given year.





SEAFORD UFSD

PART II:

Completed Projects



HARBOR SCHOOL

Enhancement of Second Floor Boys & Girls Bathrooms

These 60-year-old bathrooms were renovated in the Summer of 2023. The renovation included new wall & floor tile, new plumbing, plumbing fixtures & new lighting and ceilings.



Before





HARBOR SCHOOL

Enhancement of Second Floor Boys & Girls Bathrooms

After



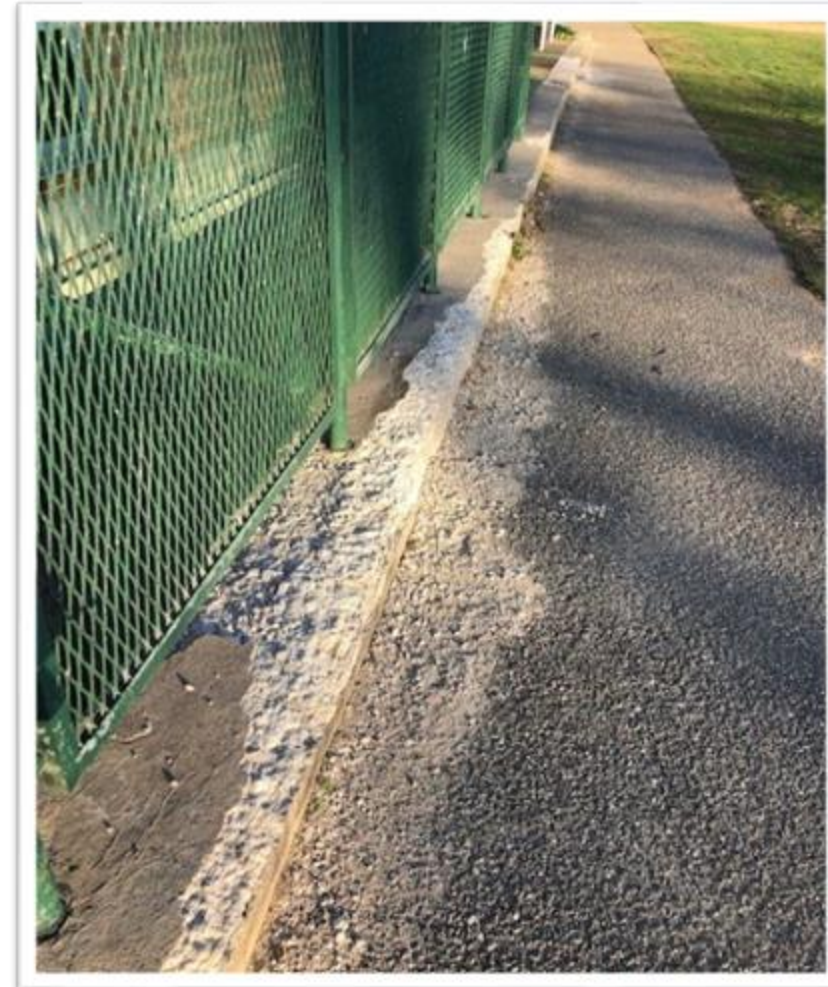


HIGH SCHOOL

Concrete Walkways

Before

New Concrete was installed to replace the cracked and uneven asphalt.





HIGH SCHOOL

Concrete Walkways

After





DISTRICTWIDE

Kitchen Appliance Upgrades

Each kitchen received upgraded appliances. Some of these upgrades included: new convection ovens, stovetop ranges, double door refrigerators & steamers.





HIGH SCHOOL

Electrical Training Center

This new addition was added to our existing shop room. Each workstation offers our students the opportunity to work in a realistic setting installing wire, outlets & light fixtures. This construction was done completely in house by our Maintenance Department.





SEAFORD UFSD

Part III:

Upcoming Projects



MANOR SCHOOL & HARBOR SCHOOL

All Purpose Room Ceiling Upgrades

This upgrade will include new ceiling grid, ceiling tiles & new LED lighting. This construction is to take place in the Summer 2024.

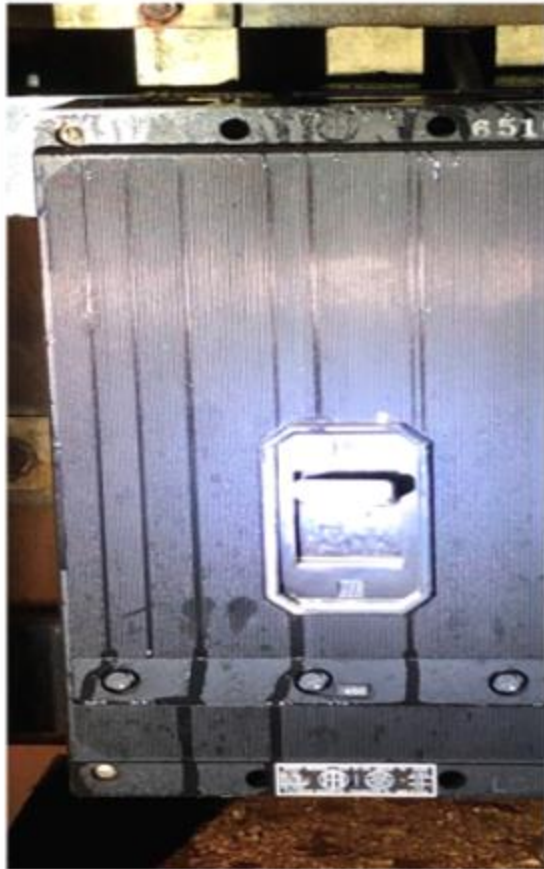




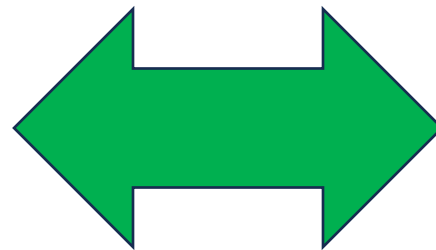
HIGH SCHOOL

Upgrading the Main Electric Distribution Panel

The original panel was compromised due to a leak from a room above. Water leaked directly on this panel causing it to short out. This work is scheduled to be completed over the Holiday Break 2023.



**Main
Distribution
Breakers**





SEAFORD UFSD

Part IV:

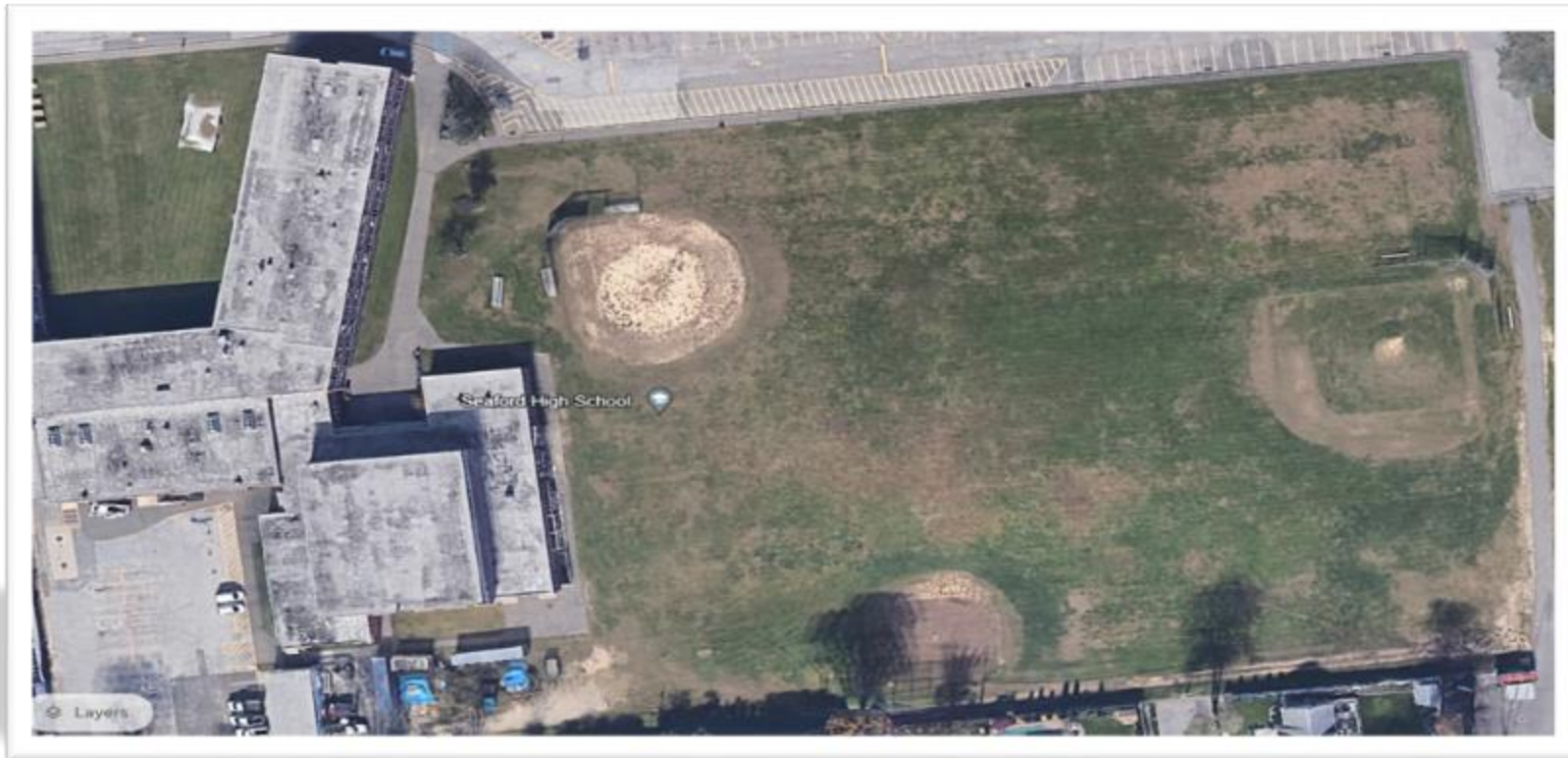
Multi-Purpose Turf Field



HIGH SCHOOL

Turf Field

Before



This original grass field serviced Varsity Softball, Field Hockey & J.V. Baseball.



HIGH SCHOOL

Turf Field

After



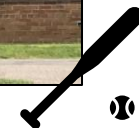
With over 220,000 sq. feet of artificial turf this new complex will service student athletes from Varsity and J.V. Baseball, Varsity & J.V. Softball, Field Hockey, Lacrosse & Soccer.



New Scoreboard for Boys Baseball



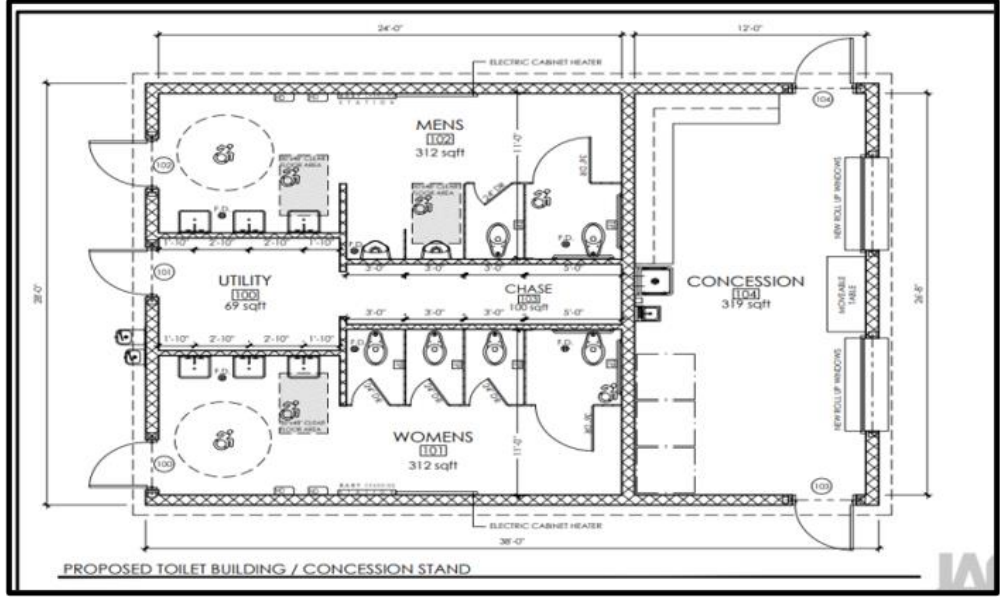
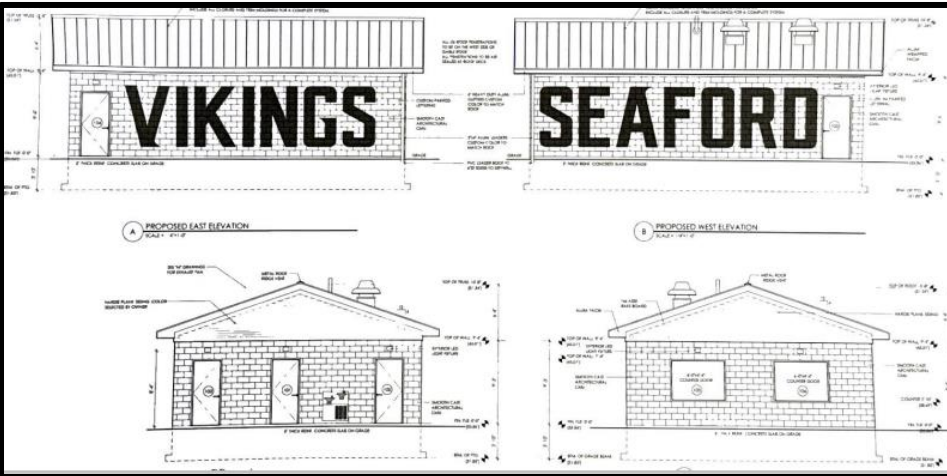
The new scoreboard will match this existing softball scoreboard.





OUTDOOR COMFORT STATION

This new planned facility will provide both regular & handicap accessible restrooms for our spectators and athletes. Additionally, there will be a new and improved concession area within the structure. This project will be starting on or about January 1, 2024.





New Bleachers for Baseball & Softball Fields

The new raised bleachers behind the back stops of both baseball & softball will give spectators a great view of the game!





FACILITIES

Points of Pride

Safety & Security

Coordinated the installation of the HUDL Sports Cameras System

Work with Nassau BOCES to Chair the District Wide Health and Safety Committee

Keeping up to date NYSED mandates for the District Wide Safety Plan

Annual NYSIR Inspections

Annual Fire Inspections

Acting as the District's Designated Person and keeping up to date records for the District's Asbestos Management

Facilities, Maintenance & Upgrades

Upgraded each building's BMS Heating System program

Refurbishment of Central Offices floor tiles and furniture

Replacement of old existing LED fixtures in the Manor School Main Entrance

Refurbish the Technology Suite in the High School

Coordinated the painting of 20 classrooms District-Wide

Refurbishment of the High Schools Guidance Suite



SEAFORD UFSD



**The Facilities Department would like to thank the
Board of Education & Central Administration for
their continued support!**



SEAFORD UFSD



KEVIN WITT

DIRECTOR OF
PHYSICAL EDUCATION,
HEALTH, AND ATHLETICS

NOVEMBER 29, 2023

Seaford Athletic Department





Athletic Successes

High student-athlete participation rate

Academics & Safety

Team accomplishment & Individual accomplishments

Communication & Community Partnership



Physical Education Classes

- K-5: We teach cooperative games, locomotor movements, manipulative skills, team building, and introduction to team sports.
- 6-12: We focus on lifelong fitness and learning, teaching units such as: golf, weight training, badminton, pickleball, and archery. In addition, traditional team sports focused on teamwork and sportsmanship, such as basketball and volleyball.
- Intramural Tournaments include floor hockey and badminton.

Health Education

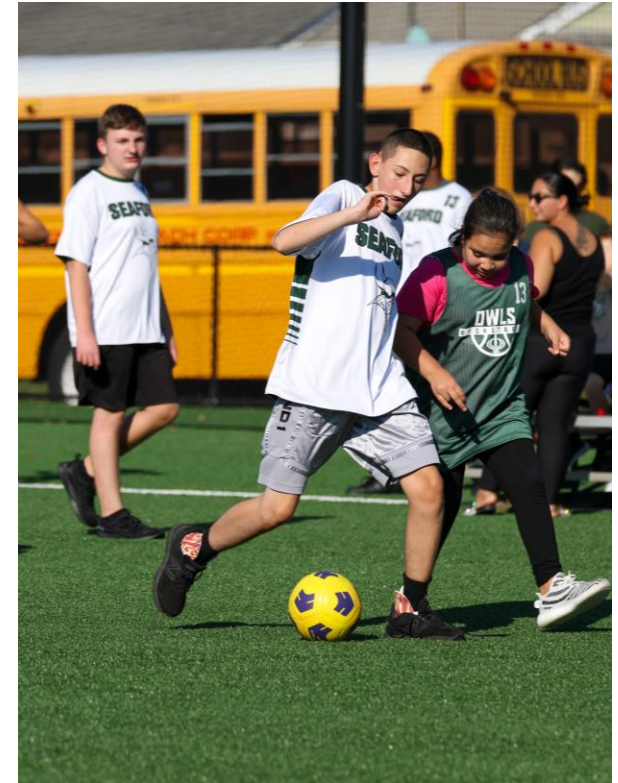
- The health education course at Seaford High School and Middle School is developed based on the New York State Health Education Standards and New York State Health Education Guidance Document.
- Some of the significant areas of study include nutrition, physical activity, goal setting, stress management, bullying prevention, decision making, substance abuse prevention, unintentional injury prevention, and communication. Students will analyze these topics and understand how to access reliable information in the present and future.





The Seaford High School & Middle School has 54 teams, 67 outstanding coaches, and 11 volunteers serving our student-athletes.

Challenger Athletics



2022-2023 High School Athletic Teams



FALL

13 Teams

273 Participants

39% Participation Rate



WINTER

10 Teams

208 Participants

30% Participation Rate



SPRING

10 Teams

243 Participants Projected

35% Participation Rate

2022-2023 Middle School Athletic Teams



FALL

5 Teams

139 Participants

41%
Participation
Rate



WINTER

8 Teams

165 Participants

49%
Participation
Rate



SPRING

7 Teams

174 Participants

51%
Participation
Rate



Seaford Team Accomplishments 2022-2023

STATE CHAMPIONS

Cheer Back to Back State
Champions

LONG ISLAND CHAMPIONS

Girls Soccer, Softball and
Volleyball

NASSAU COUNTY CHAMPIONS

Baseball, boys' bowling, girls'
bowling, and wrestling

Seaford Team Accomplishments Fall 2023



Cheer first time ever GameDay New York State Champions



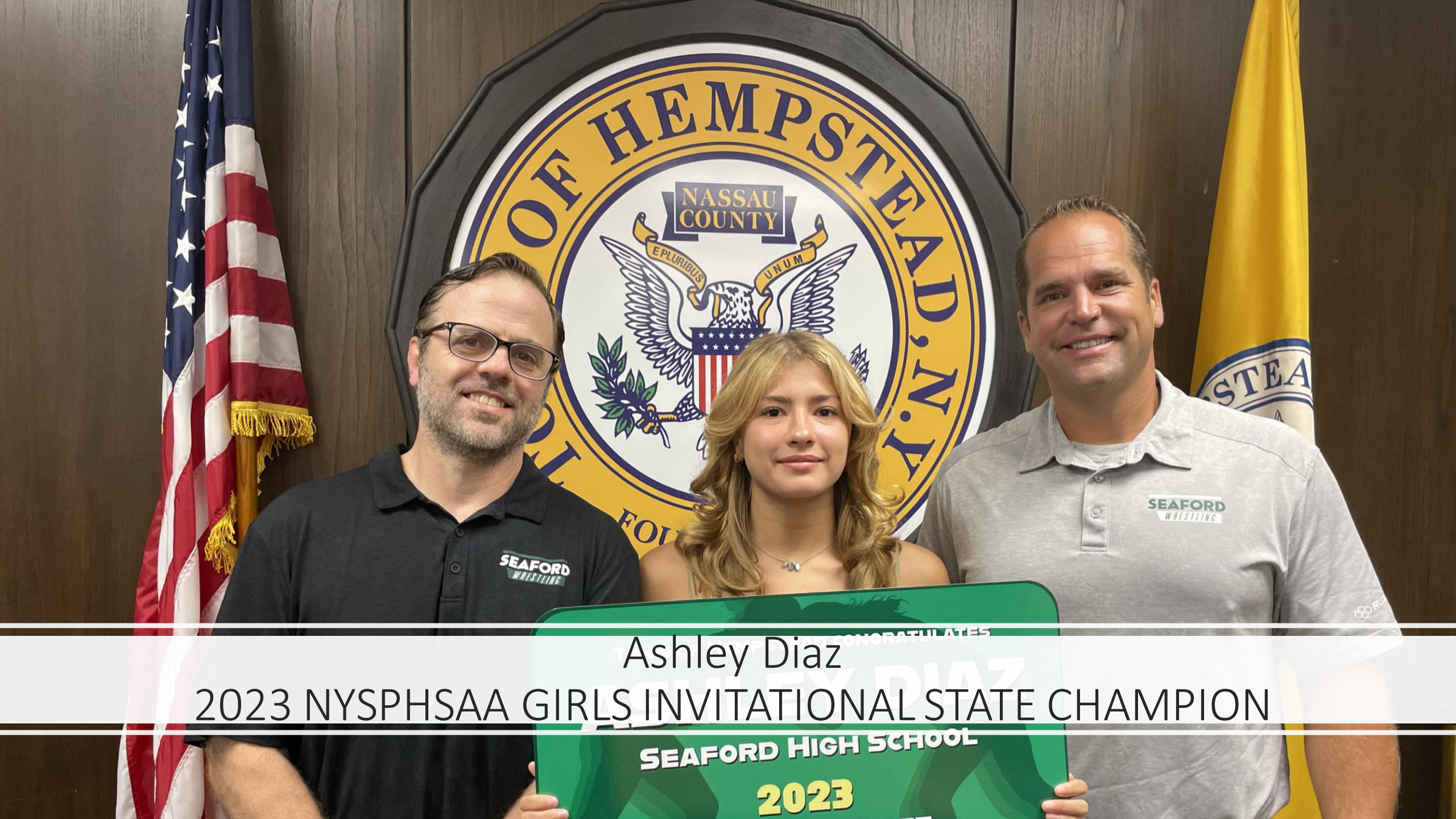
Football Nassau County Champions



Girls Soccer Nassau County Finalists



Girls Volleyball Nassau County Semifinalist



Ashley Diaz CONGRATULATES
ASHLEY DIAZ
2023 NYSPHSAA GIRLS INVITATIONAL STATE CHAMPION
SEAFORD HIGH SCHOOL
2023

Physical Education
Nassau Zone Award
Recipients: Charlie
Herman & Amanda
Williamson





Pitcher Perfect – Billy Kind & Skyler Secondino



Team Recognition

TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
GIRLS
VARSITY SOCCER
2022**
LONG ISLAND
CHAMPIONS CLASS B

Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL GIRLS
VOLLEYBALL
2022**
LONG ISLAND
CHAMPIONS CLASS B

Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
GIRLS BOWLING
2023**
NASSAU COUNTY CHAMPIONS
SECTION VIII



Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes




TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
BOYS BOWLING
2023**
NASSAU COUNTY CHAMPIONS
SECTION VIII



Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
CHEER
2023**
NEW YORK STATE CHAMPIONS
D2 LARGE TEAM DIVISION



Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
WRESTLING
2023**
D2 DUAL MEET COUNTY CHAMPIONS
D2 TOURNAMENT COUNTY CHAMPIONS



Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
SOFTBALL
2023**
LONG ISLAND CHAMPIONS
CLASS B 2023



Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



TOWN OF HEMPSTEAD
congratulates
**SEAFORD HIGH SCHOOL
BASEBALL
2023**
NASSAU COUNTY
CHAMPIONS CLASS B 2023



Don Clavin
Supervisor
Christopher Carini
Councilman

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes



NASSAU COUNTY
Congratulates
Seaford High School
Varsity Football Team
2017
Conference IV Long Island
CHAMPIONS
Edward P. Mangano County Executive
Steven D. Rhoads Legislator

TOWN of HEMPSTEAD
Congratulates
SEAFORD HIGH SCHOOL
BOYS CROSS COUNTRY
2019 Nassau County
Class III Champions
Conference 4 Champions
Division 4A Champions

Long Island Class
2019 Champions

NASSAU COUNTY
Congratulates
SEAFORD HIGH SCHOOL
VIKINGS
2021 & 2022
VARIETY CHEERLEADING
NEW YORK STATE
CHAMPIONS
NYSPIAA - D2

TOWN of HEMPSTEAD
Congratulates
SEAFORD HIGH SCHOOL
GIRLS VOLLEYBALL
Class B Nassau County
2021 Champions.

TOWN of HEMPSTEAD
congratulates
SEAFORD HIGH SCHOOL
BOYS BOWLING
2022
NASSAU COUNTY CHAMPIONS
CLASS A
2018, 2019, 2020, 2021, 2022

TOWN of HEMPSTEAD
congratulates
SEAFORD HIGH SCHOOL
GIRLS BOWLING
2022
NASSAU COUNTY CHAMPIONS
CLASS A
2018, 2019, 2020, 2022

TOWN of HEMPSTEAD
congratulates
SEAFORD HIGH SCHOOL
VARSITY CHEER
2022
NEW YORK STATE CHAMPIONS
NASSAU COUNTY CHAMPIONS
LARGE VARSITY DIVISION II

NASSAU COUNTY
Congratulates
Varsity Football
New York State - 2009
Conference IV
CHAMPIONS
2008, 2009, 2010
CHAMPIONS
2009
Varsity Softball
2009
CHAMPIONS
2009
THOMAS R. SUGOZZI
COUNTY EXECUTIVE
DENNIS DUNNE, SR.
LEGISLATOR

TOWN of HEMPSTEAD
KATE MURRAY ANGE M. CULLI
Congratulates the
SEAFORD HIGH SCHOOL
GIRLS VARSITY
VOLLEYBALL TEAM
2007 CLASS B
NASSAU COUNTY CHAMPIONS

NASSAU COUNTY
Congratulates
SEAFORD VIKINGS
Girls' Softball Team
2008
Nassau County
THOMAS R. SUGOZZI
COUNTY EXECUTIVE
DENNIS DUNNE, SR.
LEGISLATOR

NASSAU COUNTY
Congratulates
SEAFORD VIKINGS
Football Team
2009 Long Island **CHAMPIONS**
RECORD 12-0
Ranked #1 in New York
State B Division
THOMAS R. SUGOZZI
COUNTY EXECUTIVE
DENNIS DUNNE, SR.
LEGISLATOR

TOWN of HEMPSTEAD
KATE MURRAY
Congratulates
SEAFORD HIGH SCHOOL
CLASS B GIRLS
VOLLEYBALL
2011-2012-2013
Nassau County Champions

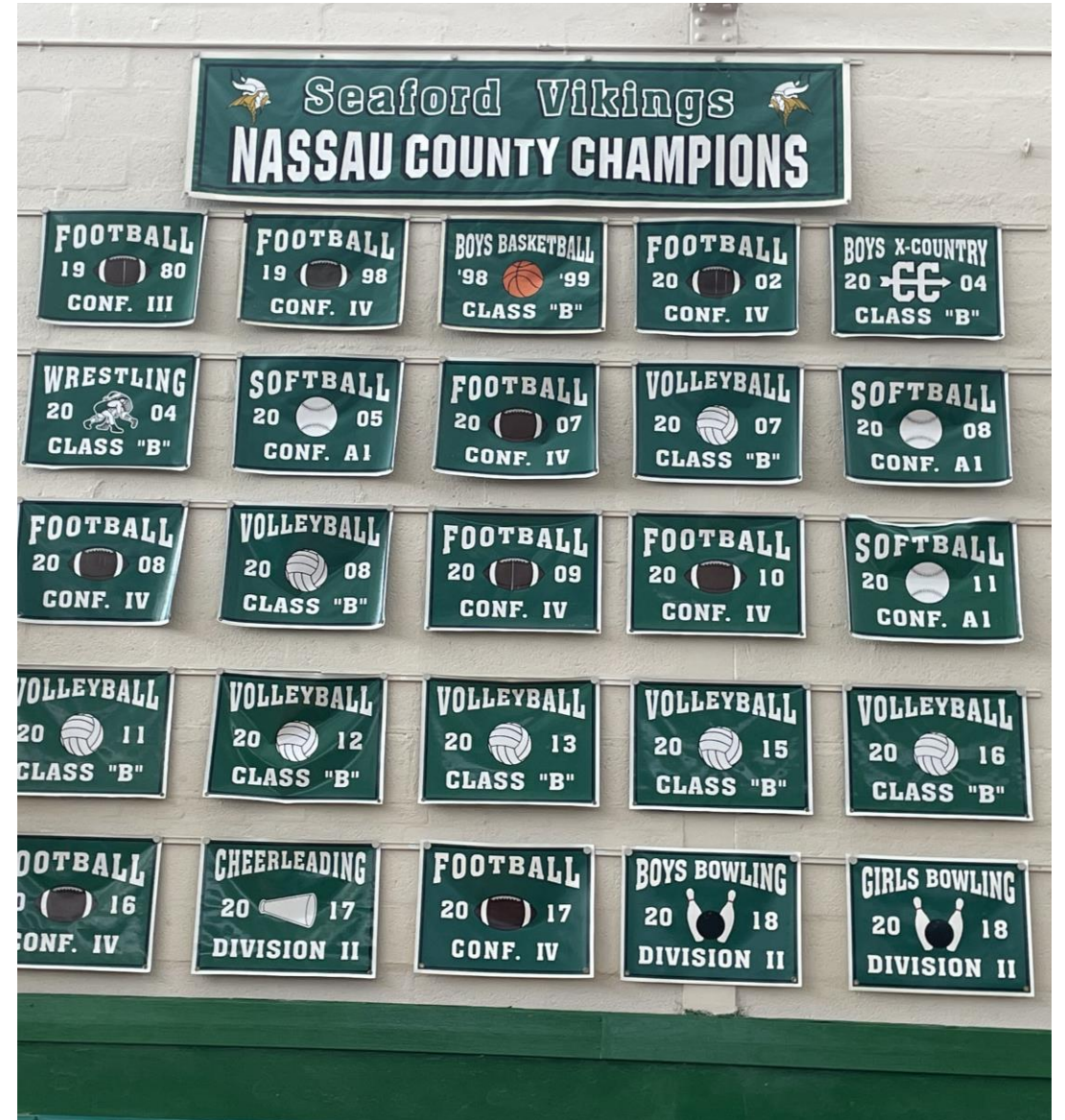
TOWN of HEMPSTEAD
KATE MURRAY
Congratulates the
SEAFORD
VIKINGS
2010 UNDEFEATED NASSAU COUNTY
CONFERENCE IV CHAMPIONS

NASSAU COUNTY
Congratulates
Seaford Vikings
Varsity Football Team
2010
Conference IV County
CHAMPIONS

NASSAU COUNTY
Congratulates
Seaford High School
Varsity Girls' Bowling Team
2007
2008
Class "A"
CHAMPIONS

NASSAU COUNTY
Congratulates
Seaford High School
Varsity Boys' Bowling Team
2007
2008
Class "A"
CHAMPIONS

NASSAU COUNTY
Congratulates
Seaford High School
Lady Vikings Cheerleading Team
2017
Large Varsity Division II
CHAMPIONS





College Signing Day- 16 Student-Athletes commit to playing at the collegiate level.

2022-2023 Scholar- Athlete Teams

Scholar-Athlete Team School of Excellence

Congratulations to our student-athletes on achieving the School of Excellence award. For the 2022-2023 school year, we had 13 out of 15 varsity teams qualify as a Scholar-Athlete team.



The National Federation of State High School Associations (NFHS).





Safety First in Seaford

- **What is ImPACT testing?**
- ImPACT stands for “**Immediate Post-Concussion Assessment and Cognitive Testing**”. It's the most common, scientifically proven computer-based test used for concussion management. We use ImPACT testing to provide baseline and post-injury testing for athletes ages 5-59 years.

LI HERALD .COM

SEAFORD

SELECT A TOWN



MAIN MENU



DIGITAL EDITION

Seaford High School prepares future athletic trainers

Posted December 8, 2022



New Sports Medicine, Strength & Conditioning Class

- Sports Medicine, Strength & Conditioning class provides a greater understanding of common injuries that athletes endure with the hope of reducing the risk of these injuries to instill lifelong fitness.
- Exposure to healthcare fields such as orthopedic surgeons, strength and conditioning coaches, physical therapists, athletic trainers, and more.
- Students are now earning college credit.





Rain or Shine Vikings Reign

Behind the Scenes

- Pre-season coaches meeting
- Post-season coaches meeting
- Weekly memos
- Coaching certifications
- Impact testing
- APP testing
- Budget
- Parent Information Night





SEAFORD
10

27

GRYPHON

GRYPHON

GRYPHON

GRYPHON



SEAFORD SOCCER

98

SEAFORD SOCCER



Community Events



Team up for Community- Football and Cheer partner with Clarke collecting food for the Island Harvest Food Drive.

Honoring our Veterans





Athletic Leadership Team- Our Student-athletes learn from their peers.



Key Benefits

- Create online registration forms and watch sign-ups roll in
- Automatically receive completed info and parent sign-offs
- No more missing signatures or messy paperwork
- Collect and track annual physicals and vaccination records
- Streamline the clearance process – clear athletes with one click
- Track attendance for games and practices
- Access life-saving health and emergency contact information

It's more than online registration. It's peace of mind.

FamilyID lets you eliminate paperwork, save time for staff, and ensure accuracy of your student-athlete data.



Automatic upload of games to Hudl

Focus Exchange Network with other schools

Livestream

Great for College Recruiting

Practices can be recorded as well

Statistical breakdown of games

Partnership with the Booster Club

GOLF OUTING

BOOSTER CLUB DINNER

GIFT BAG

SCORES TABLE

SCHOLARSHIPS

SNACK SHACK





Thank you BOE
for all your
support!

Questions?

The background of the slide features a photograph of several hands raised in the air against a clear, bright blue sky. The hands are positioned at various heights and angles, creating a sense of collective participation or support. The lighting is bright, suggesting a sunny day.