



# Seaford Athletic Department

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KEVIN WITT

DIRECTOR OF HEALTH, PHYSICAL  
EDUCATION, AND ATHLETICS

DECEMBER 14<sup>TH</sup>, 2022







**Seaford welcomes Mr. Maricondo and Mr. Kimmel to our physical education department.**





# Physical Education Classes

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**K-5:** We teach cooperative games, locomotor movements, manipulative skills, team building, and introduction to team sports.

**6-12:** We focus on lifelong fitness and learning, teaching units such as: golf, weight training, badminton, pickleball, and archery. In addition, traditional team sports focused on teamwork and sportsmanship, such as basketball and volleyball.

Intramural Tournaments include floor hockey and badminton.





Robert McKenny



**DUNN**  
Robert Grzelaczyk

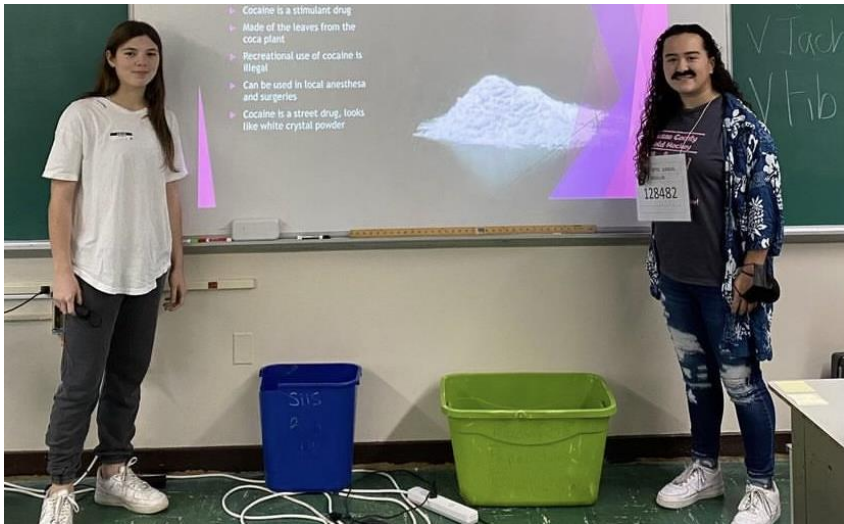


Physical Education Students of the Month



# Health Education

The health education course at Seaford High School and Middle School is developed based on the New York State Health Education Standards and New York State Health Education Guidance Document.



Some of the significant areas of study include nutrition, physical activity, goal setting, stress management, bullying prevention, decision making, substance abuse prevention, unintentional injury prevention, sexual health, and communication. Students will analyze these topics and understand how to access reliable information in the present and future.



# Athletic Successes

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High student-athlete participation rate

Academics our top Priority

Safety first

Team accomplishment

Individual accomplishments

Sportsmanship

Communication

“It takes a Village”



# 2021-2022 High School Athletic Teams

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**FALL**

13 Teams

266 Participants

39% Participation Rate



**WINTER**

10 Teams

203 Participants

30% Participation Rate



**SPRING**

10 Teams

236 Participants Projected

35% Participation Rate

# 2021-2022 Middle School Athletic Teams



**FALL**

5 Teams  
139 Participants  
41%  
Participation  
Rate



**WINTER**

8 Teams  
165 Participants  
49%  
Participation  
Rate



**SPRING**

7 Teams  
174 Participants  
51%  
Participation  
Rate



# Challenger Athletics Soccer, Basketball, and Bowling

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The Seaford High School & Middle School has 53 teams, 65 outstanding coaches, and 11 volunteers serving our student-athletes.



# 2021-2022 Scholar- Athlete Teams

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## *Scholar-Athlete Team School of Distinction Award*

Congratulations to our student-athletes on achieving the School of Excellence award.

For the 2021-2022 school year, we had all 15 varsity teams qualify as a Scholar-Athlete team.



# The National Federation of State High School Associations (NFHS).







Team up for Community- Football and Cheer partner with Clarke collecting food for the Island Harvest Food Drive.



# Safety First in Seaford

## What is ImPACT testing?

ImPACT stands for “**Immediate Post-Concussion Assessment and Cognitive Testing**”. It's the most common, scientifically proven computer-based test used for concussion management. We use ImPACT testing to provide baseline and post-injury testing for athletes ages 5-59 years.







## DIGITAL EDITION

### Seaford High School grooms future athletic trainers

Posted December 8, 2022



Mike Spreckels, a 20-year veteran of Seaford schools, lectures a class of sophomores, juniors and seniors on

liherald.com

# New Sports Medicine, Strength & Conditioning Class

- Sports Medicine, Strength & Conditioning class provides a greater understanding of common injuries that athletes endure with the hope of reducing the risk of these injuries to instill lifelong fitness.
- Exposure to healthcare fields such as orthopedic surgeons, strength and conditioning coaches, physical therapists, athletic trainers, and more.
- Students are now earning college credit.

# Seaford Team Accomplishments 2021-2022

Cheer has climbed to the mountain top and is our first New York State Championship team in school history.

In addition, **volleyball, boys bowling, and girls' bowling** were crowned Nassau County Champions.

3 conference champions

3 beloved Seaford individuals were inducted into the Nassau County High School Athletics Hall of Fame: Raymond Buckley, Jim Valvano, and Melissa Batchelor Zamroz.

3 Coach of the year recipients: Mike Corcoran, Brian Horner & Marie Savage

Overall record of 129-82-3 with a 61% winning percentage





Cheer New York State Champions





# Soccer Long Island Champions





# Volleyball Long Island Champions





# Long Island Champions 2022

# Individual Award Recipients 2021-2022

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140 # of County Award Recipients- 460 total varsity athletes, over 30% of our student-athletes, received an accolade. Ranging from scholarship awards, sportsmanship awards, County & New York State honors

James Mchugh News 12 Scholar athlete award

11 preseason Top 100 players

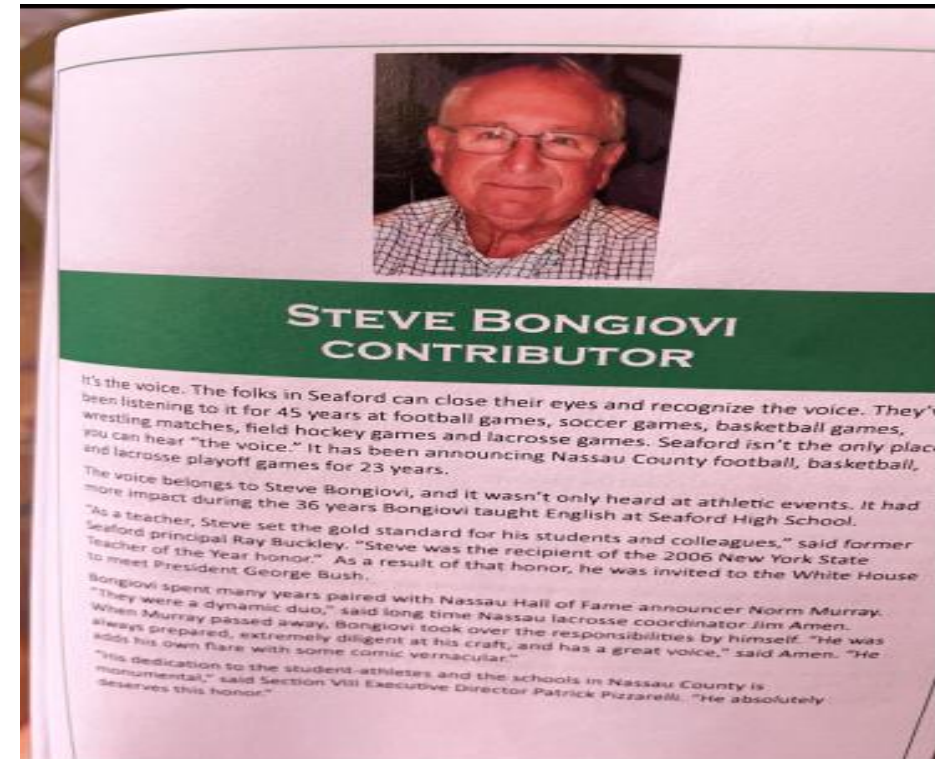


College Signing Day- 23 Student-Athletes commit to playing at the collegiate level.



Sal Lostrappo  
Inducted into the  
Wrestling  
National Hall of  
Fame





Steve Bongiovi Inducted into the Nassau County Hall of Fame





# Senior Day Recognition



# Homecoming & Pep Rally

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# Behind the Scenes

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- Pre-season coaches meeting
- Post-season coaches meeting
- Weekly memos
- Official ratings & score reporting
- Coaching certifications
- Impact testing
- APP testing
- Scholar-athlete academic study time
- “Honored Athletes Board”



# Parent Information Night

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- Guest Speaker
- Expectations & Code of Conduct
- Breakout sessions





Athletic Leadership Team- Our Student-athletes learn from their peers.



*“FamilyID is simply the best student registration program on the market. Our district loves using the program. It has simplified our registration process and brought us into the 21st century.”*

Scott Sugar, Director of Athletics  
Fayetteville-Manlius Schools, NY



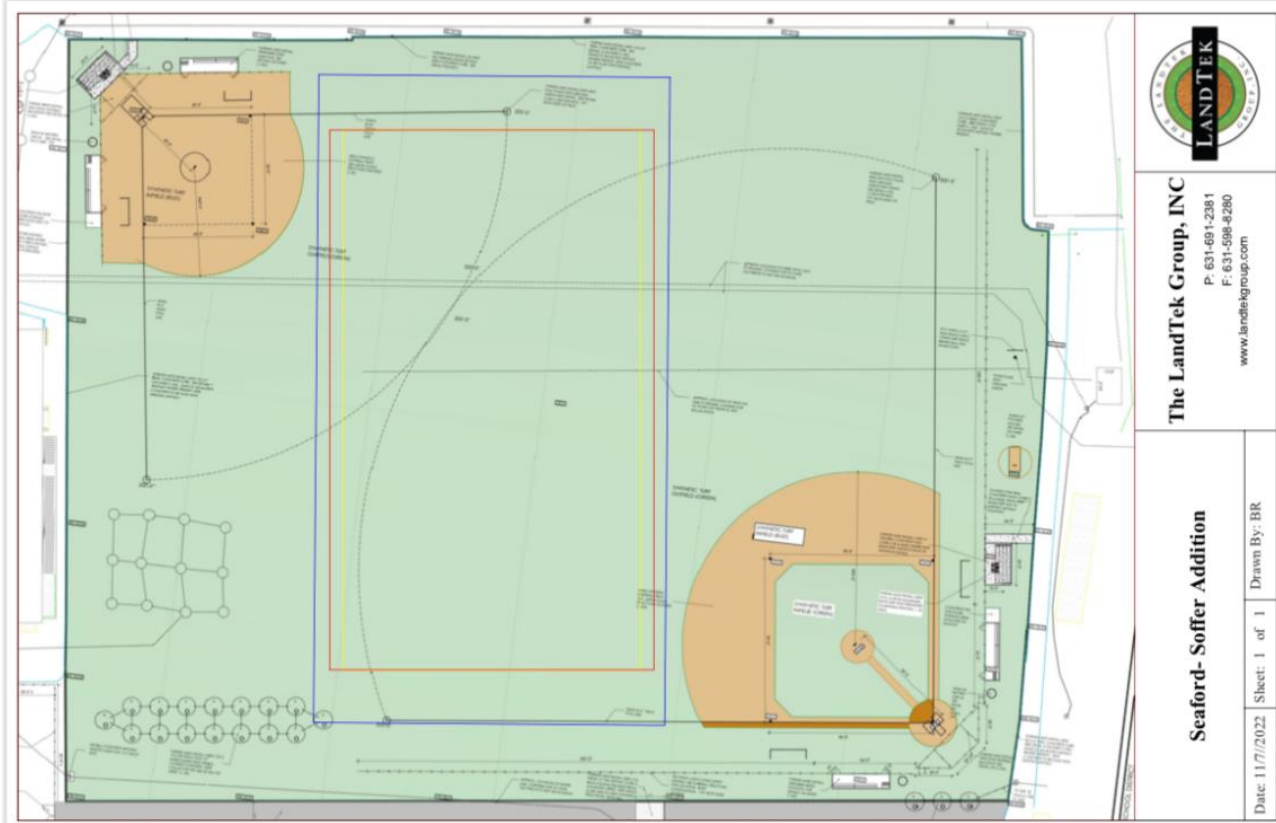
## It's more than online registration. It's peace of mind.

FamilyID lets you eliminate paperwork, save time for staff, and ensure accuracy of your student-athlete data all while realizing significant cost savings for your school.

### Key Benefits

- Create online registration forms and watch sign-ups roll in
- Automatically receive completed info and parent sign-offs
- No more missing signatures or messy paperwork
- Collect and track annual physicals and vaccination records
- Streamline the clearance process – clear athletes with one click
- Track attendance for games and practices
- Access life-saving health and emergency contact information





## Turf Field

During the fall season, the additional multi-purpose field will allow up to 10 high school teams to share the two fields.

Eight spring teams will be sharing turf fields.

Even more frequently, our physical education classes will get the use the space throughout the school day.

On a daily average we will have 600 students using the turf field in multiple capacities.

# Upcoming Enhancements

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# Player and Coaches Advantages

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Automatic upload of games to Hudl

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Focus Exchange Network with other schools

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Hudl Focus cameras you can livestream all your events for free with HudlTV, which is exactly like YouTube, but Hudl runs it. This is free and no subscription is needed.

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Great for College Recruiting

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Practices can be recorded as well

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# Partnership with the Booster Club

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Golf Outing



Booster Club  
Dinner



Gift Bag



Scoreboard



Scholarships



Game Day  
Entertainment





**Thank You To All Our Sponsors**

<b>HOLE IN ONE</b> Sun Buck GMC Be the Best Sports Camp Cura Mio Century 21 AA Dame Cascone and Kerry Wilton Excel Urgent Care Hewitt Opticians Dawn Horodecki Final Touch Auto Collision Masters Auto Collision Schwartz Institute Seaford Little League	<b>EAGLE</b> Arrow Home Improvements Bayview on the Water Beach Lane Digital Fancy Nancy Specialties Garnett Car Care of Worthing Lombardi's of Seaford Century 21 AA Michael Shearck P & S Grippo State Farm Victoria Vander De Von Steve Rhoads Uniquely Yours Wilson E. Low Funeral Home	<b>ALBATROSS</b> Schmitt Funeral Home  <b>BIRDIE</b> Seaford Wings Lionsess Club  <b>PAR</b> Allied Building Products D & J Diagnostic Center Long Island Bancros Century 21 AA Margaret Grub Beher Homes and Gardens Susan Serphelo Together by Jay
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**Dinner Sponsors**

Be the Best Sports Camp  
Cura Mio  
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Excel Urgent Care  
Final Touch Auto Collision  
Masters Auto Collision  
Schmitt Funeral Home  
Schwartz Institute  
Seaford Little League  
Sun Buck GMC

**Seaford Vikings Booster Club**

Below the sign, numerous small wooden name tags are arranged on a table, each with a name and a table number written on it.



# Golf Outing



Thank you BOE for all  
your support!

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QUESTIONS?