



**Dr. Adele V. Pecora • Superintendent of Schools**

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Dear Seaford Parents and Staff,

In our continuous effort to keep you informed regarding the latest information from the State, we are apprising you of changes to quarantine and isolation periods that were released last night by the New York State Health Department. **The Seaford School District will be implementing these guidelines immediately.**

Although there are some items for which we are seeking clarification, the basic elements of the requirements are listed below:

1. **Masking and Distancing:** Both masking and distancing continue to be required in school settings.
2. **Quarantine:** (for individuals who are exposed to someone with COVID-19)
  - a. All **fully vaccinated\*** individuals who have been exposed to a person with COVID-19 may continue to attend work or school, **regardless of booster status.**

*\*Fully vaccinated is defined as two weeks after the receipt of either two doses of the Pfizer or Moderna vaccine or one dose of Johnson and Johnson vaccine or full course of any other recognized vaccine.*

- b. Individuals who are **unvaccinated** and have been exposed to an individual with COVID-19 should quarantine for at least 5 days (day 0 through day 5). The first day of contact is day 0.

If an individual is symptomatic that person should not return to school. This minimum period has been reduced from 10 days to 5 days.

3. **Isolation:** **All** individuals (vaccinated and unvaccinated) who test positive for COVID-19 will be required to isolate for a minimum of 5 days (day 0 through day 5).

Example for Isolation (I) or Quarantine (Q):

Wednesday Day 0	Thursday Day 1	Friday Day 2	Saturday Day 3	Sunday Day 4	Monday Day 5	Tuesday Day 6
First Exposure (Q) or First Day of Symptoms (I) or Positive Test Result (I)						Can return to work or school if asymptomatic

If symptoms persist, further isolation will be required; otherwise, students/staff may attend work or school after the 5-day isolation. This minimum period has been reduced from 10 days to 5 days.

If we receive additional information from New York State Department of Health or from Nassau County Department of Health, we will promptly share this information with you. Once again we thank you for your understanding and continued support.

Yours in Seaford Pride,

*Adele V. Pecora*

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