



Prevention: It Starts With You!

Alcohol and Drug Prevention Workshop for Parents and Caregivers



Thursday, May 23

In Vietnamese and English:
6:00 – 7:00 p.m.

In Spanish and English:
7:00 – 8:00 p.m.

For questions, please contact:

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714-327-1086

Get up-to-date information and strategies to guide your children toward healthy choices!

Topics Covered:

- Current drug trends including alcohol, vaping, cannabis, and fentanyl
- How substance use affects young people's health and brain development
- Parenting and communication strategies to prevent youth substance use

Join on Zoom:



<https://ocde.zoom.us/j/88078532366>

Meeting ID: 880 7853 2366

For accommodations and assistance, please contact Carlos Zelaya at czelaya@ocde.us or 714-966-4389.