

# The ABCs of Making Mistakes with a Growth Mindset

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**A** I am **ALWAYS** learning.

**B** Mistakes make my **BRAIN** grow.

**C** I want a **CHALLENGE**.

**D** Things are **DIFFICULT** before they are easy.

**E** I focus on my **EFFORTS**.

**F** I listen to **FEEDBACK** from others.

**G** I **GROW** when I make mistakes.

**H** I ask for **HELP** when I need it.

**I** I'm **INSPIRED** by the success of others.

**J** Success is the **JOURNEY** not the destination.

**K** **KEEP** trying is my personal motto.

**L** Mistakes are a part of **LEARNING**.

**M** My brain is like a **MUSCLE**; work makes it stronger.

**N** My **NEURONS** are firing, and my brain is growing.

**O** There is always another **OPPORTUNITY**.

**P** My goal is **PROGRESS** not perfection.

**Q** I ask **QUESTIONS** when I don't understand.

**R** I am **RESILIENT**.

**S** Struggling makes me **STRONGER**.

**T** I keep **TRYING** until I get it right.

**U** I take time to **UNDERSTAND** my feelings.

**V** I will have **VICTORY** over my circumstances.

**W** **WORK** is my path to achievement.

**X** A little **eXtra** effort will yield big results.

**Y** I haven't figured it out **YET**.

**Z** I am **ZEALOUS** about learning new things.