



Name _____

Fixed or Growth Mindset?

Cut, sort, and paste the phrases into the correct column below.

 Someone with a Fixed Mindset...	 Someone with a Growth Mindset...

• is inspired when others do well	• is jealous when other kids do well
• keeps trying until they can do it	• can learn from their mistakes
• believes it doesn't help to work hard	• likes to try new things
• loves a challenge	• gives up easily
• won't try new and hard things	• believes effort helps them learn
• avoids challenges	• believes if they don't try they won't make a mistake