Fennville Community Athletic Center Policies- Members/Guests

269-722-3800
515 North Maple Street, Fennville, MI

Introduction

The Fennville Community Athletic Center is one of the premier educational and recreational facilities among high schools in the state of Michigan. The 48,000 square foot Community Athletic Center is located on the campus of Fennville Public Schools and provides many amenities including:

- Indoor multi-purpose activity room.
- Fitness center equipped with cardiovascular machines strength equipment.
- Baseball/Softball batting cages.
- One-tenth mile, multi-lane, rubberized jogging/walking track.
- Men's and Women's locker rooms.
- ADA compliant restroom facilities.
- Indoor Concession Stand.

Group and individual tours are available. Please contact the Fennville Community Athletic Center at 269-722-3800 to schedule activities, reserve rooms, and/or to receive tours.

Our Mission

Fennville Community Athletic Center and Recreation exist to promote lifelong learning by serving the needs and enhancing the quality of life for members of our community and surrounding communities by encouraging healthy, active, and balanced lifestyles through participation in recreation and fitness programs, services, and facilities.

Community Athletic Center

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Hours of Operation

Monday-Friday: 6-11am
Monday -Thursday: 3-9pm
(Closed Friday Evenings)
Saturday: 7am-1pm
Sunday: 1-4pm

*Special hours will be designated during times that school is not regularly in session. The vacation hours will be posted throughout the facility, and members will be notified ahead of time of upcoming closure/hours.

*During the school year, if the school closes due to weather, the CAC will be closed as well.

* There will be times in which the entire CAC will be closed for different community events. Members will be notified ahead of time.

Community Athletic Center Membership

		Day Pass Rates	Monthly Rates	Annual Rates
Age 8-17	Resident	N/A	N/A	N/A
	Non-Resident	$5	$10	$100
Age 18-61	Resident	$5	N/A	$30
	Non-Resident	$5	$20	$200
Age 62+	Resident	N/A	N/A	N/A
	Non-Resident	$5	$10	$100
Family	Non-Resident	N/A	$50	$500

**Must show appropriate identification and sign membership agreement.

**Family Rate applies to parents/guardians and students under the age of 18 living in the same household.

General Facility Policies

1. The Community Athletic Center is a controlled access facility. Front doors to the facility are unlocked at designated hours for member use.

2. All members must have an active membership scan card to use the facility. Memberships must be paid in full at the time of purchase. The CAC does not accept partial payments. Payments can be made either by cash, card, or check made out to Fennville Public Schools.
    a. There is a $10 fee to replace lost scan cards. If the scan card is worn and does not work, a new one will be issued.

3. Members must have a signed membership agreement on file to use the facility.

4. All members/guests are required to enter and exit the facility through the front lobby doors. Members will only be able to access the main courts through the locker rooms. The only exception is in the event of an emergency, emergency exits/windows may be used if needed. The windows are not to be opened at any time other than in case of an emergency.

5. All guests must have a valid ID and are required to sign a form that states that they have read and agree to all CAC policies and procedures. Parents or guardians must sign for children 17 years of age and under. Appropriate attire is required at all times. Copies of the waiver will be available for any patron who would like one. These signed documents will be retained for a period of three years per retention policy.

6. Members must have a clean pair of shoes dedicated for working out to use the facility. Shoes must be changed before starting workouts. **No shoes that are worn outside are allowed in all workout areas of the CAC.**

7. The Fennville Community Athletic Center cannot guarantee the security of valuables and will not be responsible for lost or stolen items. Therefore, it is our recommendation that all valuable personal items be left at home or placed in a locker with a lock on it. Patrons must bring their own locks.

8. Any display of poor conduct, fighting, abusive language, or willful destruction of property may result in loss of facility use, privileges, and, if appropriate, further disciplinary or legal action.

9. An adult must accompany any participants or spectators 12 years of age and younger. While using the facility, the child(ren) must be in direct supervision of the adult. **This means no children in the cardio or weight room. Do not plan on using these areas if accompanied by a child. It is not the responsibility of the staff to watch your child while you work out.**

10. Animals are prohibited in the facility unless they are documented for support or a disability.

11. The Community Athletic Center and the Fennville Public School Campus are smoke free environments. Smoking or vaping in any form is prohibited.

12. All food items must be consumed in the designated and/or the concession stand areas.

13. Audio devices used with headphones are permitted in the facility; however other audio/visual media is prohibited unless authorized by the Fennville CAC Director.

14. All postings must have prior approval from the CAC Director before being posted on general boards. Signs may not be posted on any wall in the Community Athletic Center without appropriate approval.

15. Drugs, alcohol, and weapons of any kind are strictly prohibited.

16. If damages occur to the Community Athletic Center equipment or facilities, the responsible party will pay for the cost of repairs.

17. The Community Athletic Center will operate in accordance with all policies and procedures of Fennville Public Schools.
    a. *Attention Students: All school rules are in effect while in attendance at the Community Athletic Center. These rules are reflected in the school district's Code of Conduct*.

18. Fennville Public School's Administration is responsible for the operation of the Community Athletic Center and reserves the right to interpret its regulations and procedures in its best interest.

Cardiovascular and Weight Room Policies

1. Participants must be 14 years of age or older to use the weight and fitness equipment. Children under the age of 14 are not permitted to use the fitness equipment.
2. No food, tobacco of any kind, chewing gum, glass bottles, or cans are allowed in the weight room. Only water in an appropriate container with a cap is permitted.
3. Profanity and excessively loud and suggestive language will not be tolerated and will be cause for removal.
4. All users are required to clean the weight and cardio equipment after use. (Covering the padded equipment with a towel helps prolong the life of the equipment and keeps everything clean for the next user). Towels are provided for this purpose from the CAC.
5. Patrons should use extreme caution in lifting weights to avoid potential injuries to themselves or others. CAC staff will show you how to properly use equipment if needed.
6. All equipment must remain in the area in which it's placed. Moving equipment from one location to another is prohibited.
7. All equipment must be used in the manner for which it was designed. Do not attempt to modify the equipment.
8. Outside personal training is prohibited for profit.
9. Appropriate exercise attire is required in the weight and fitness rooms. T-shirts, shorts, warm-up suits, sweat suits, aerobic attire, and athletic shoes are required. Sandals, open toe shoes, hard-soled shoes, string tank tops, cut-off tank tops, mesh tank tops, street clothing, and anything that compromises the safety of CAC members is prohibited.
10. Personal belongings such as backpacks, wallets, etc., may not be placed anywhere in the weight and fitness rooms.
11. Please direct all questions, concerns, and maintenance needs to the Fennville Community Athletic Center staff and or Director/Coordinator.
12. A 30-minute time limit on cardiovascular machines must be observed when someone is waiting. The CAC staff will determine when to enforce time limits.
13. Patrons must wipe down machines after use. Spray bottles with a sanitizing solution are available for members to use after they have completed their work out.
14. All weight training should be performed in a controlled, safe manner. Dropping, slamming, or bouncing of weights (both free weights and selectorized weight training equipment) is prohibited.
15. Dumbbell use is limited to one set of dumbbells at a time.
16. All free weights and dumbbells must be returned to appropriate racks when finished.
17. The use of chalk is prohibited.
18. Weight collars (plate restraining devices) are required for the free weight area.
19. All free weight equipment must be kept in the free weight area.

20. Weights and bars of any kind should not lean up against the walls, pillars, equipment, or mirrors.
21. All windows that are marked "Emergency Exit Only" are not to be opened at any time other than in an emergency. If a member is caught opening or exiting out these windows at any time other than an emergency, they will be subject to revocation of their membership.

Jogging/Walking Track Policies

1. The jogging/walking direction will be rotated daily. Please follow the posted direction.
2. The inside lane is for slower walkers/joggers; faster joggers should move to the outside lane.
3. Stretching is allowed in the mezzanine area only.
4. For safety purposes, loitering will not be permitted on the track surface.
5. The inside track lanes will be available for spectators during community recreational activities. Spectators will not be allowed down along the courts at this time.

Emergency Procedures

A copy of the Fennville Community Athletic Center's Emergency Action Plan Manual is available to view in the front office. The CAC staff is trained on these procedures and are available to assist members/guests. Periodically during the year, drills for implementing the procedures will be done.

Parking

Parking availability during regular school hours will be limited to the area designated for visitors adjacent to the Community Athletic Center.

Lost and Found

CAC staff will attempt to store and identify ownerships of belongings left on site by members and guests. The facility is not however responsible for any items left by members or guests. Valuable items (jewelry, cameras, phones, wallets, etc.) will be stored in a secure location and items returned upon owner description. Items that have been identified will be tagged with owners name and date; they will be returned upon guest/member arrival. All lost items that are unclaimed will be retained for a minimum of one month, after which items will be donated to local charities.

Please contact the CAC at 269-722-3800 for lost items.

Locker and Shower Rooms

Locker rooms and shower facilities will be available for community use. All locks on lockers must be removed daily. Locks that are left on lockers will be cut off and any items will be removed.

Rental

Individual persons or groups may rent the facility for an event. Contact the Fennville Community Athletic Center for information 269-722-3800

The board of Education does not discriminate on the basis of religion, race, color, national origin, sex, disability, or age in its program, activities, or employment.

Further, it is the policy of this District to provide an equal opportunity for all, regardless of race, color, creed, age, disability, religion, gender, ancestry, national origin, place of residence within the boundaries of the District, or social economic background, to learn through the curriculum offered in this District.