

RUNESTONE

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editor's note

Hello reader!

Welcome to the 15th edition of Runestone! We're very excited for you to be here (shockingly that's not sarcastic), and we're very excited for you to see what we have in store for you. We apologize for the delay in printing this edition...we were recovering from the loss of our layout editor, Jisu (just to clarify, she didn't die, she just moved, but that's pretty much equivalent considering London and I are now thoroughly struggling through Canva by ourselves.)

Even though this edition is quite overdue, we promise the wait was worth it—from a review of the 2018 PS4 Spider-Man game to Ms. Frizzle's dresses (not only did she have stellar field trips, but she also had stellar outfits), to the monthly F1 article by Josh (which is a staple of Runestone at this point), we know you will find something you love within these pages!

As always, we welcome you to submit to pmhsnewspaper@gmail.com. We would always love to feature your unique voices!

Happy reading!

● angel tang '23
london lindley '24

that need to trends

Rena Li

New year, new me, new world. With 2023, we have a chance to throw out the old and embrace the new. 2022 has brought many trends upon the world, whether it be lifestyle, fashion, or even food. Thank the internet for spreading these trends like wildfire: when one starts, it's almost impossible to avoid. However, we're all aware that some of these trends should NOT have happened. Truly. There are some trends that need to die, left behind the dark. Goodbye 2022!

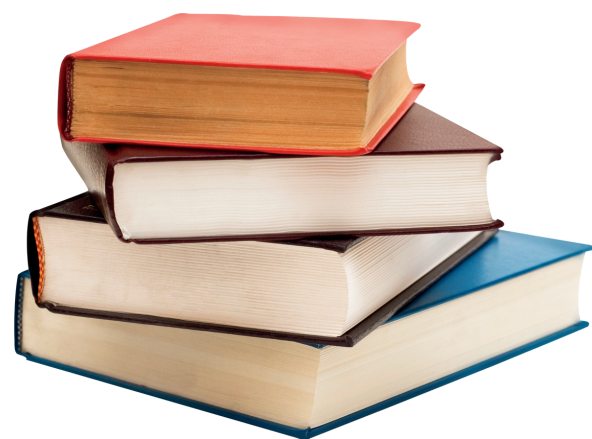
podcasts

Why does it seem like everyone started a podcast this year? When your Spotify premium runs out one day, sit and wait for an ad to pop up. 9 times out of 10 it'll be for a podcast: some person rambling in the background about their life stories are so funny, or true crime cases that have been milked so many times that we're tired of hearing them. Dear podcast and talk show hosts, we do not care. Of course, there are interesting, informative podcasts. Then there's the copy paste clones who use all their bad jokes in a 30 second window to be relatively funny. I don't understand how anyone willingly listens to those types of podcasts, but I guess it varies by person.



BookTok

Reading is a great hobby, timeless and classic. I was ecstatic to see reading make a comeback, especially since the book community on Tiktok has grown so large. But what disappointed me were the books. So many books hyped up by Tiktok are poorly written, young adult romance books with shoddily photoshopped covers and the same plot. There's always some sort of elf, fairy, or vampire thing going on. The characters are always named after some sort of flower or plant. I thought we let that trope die in 2012, but you'd be surprised. That, or plots relating to teenagers or athletes. It always struck me as strange, to write about a real person like that. Fun fact: the book series *After*, along with its movie trilogy, was based off a Harry Styles fanfiction! Maybe it's just me who's slightly concerned. BookTok has struck gold on some occasions, but every time I stumble across another self-publishing author whose plot is suspiciously similar to that of an existing series, I have to shake my head and move on. I hope 2023 will bring us better books and better characters.



chunky shoes

Chunky sneakers were once cute, but now they are simply the monster truck of shoes. These shoes force your pants to bunch up if they happen to be too long, and they also manage to have the most inconceivably complicated soles. If you squint, they look a bit like horse hooves. Great for stomping down the city streets!



athletic socks over leggings

I was in 7th grade when I saw this peculiar trend emerge. Throw on a pair of leggings (preferably black) and break out the white Nike socks. Next step: pull the socks as HIGH as they can go over the leggings, throw on your shoes, and step out. I am guilty of this. I cannot hide or run from my mistakes; I am 100% guilty of committing this heinous crime. Fuzzy socks can slide, but the white socks over leggings send shivers down my spine. What is the point? And why pull them up all the way? Please, please just scrunch them down. It's been nearly 5 years since then, and this trend is still going, clawing its way out of who-knows-where to invade the minds of the young and impressionable. No more!



puffer jackets

Puffer jackets are cute **SOMETIMES**. Personally, I have owned a few puffer jackets that I've liked. But as I got older and more conscious of the entity that is a puffer jacket, I came to the horrifying conclusion that the puffer jacket is nothing else than a Michelin Man suit. **ESPECIALLY** those short, extremely puffy jackets. It never fails to confuse me, and if you need an example, look at this atrocious image. I'm not sure why cropped puffer jackets became such a trending topic, but it needs to be left in the winter of 2022. Low mobility, high risk of overheating, and overall, +100 difficulty points in creating an outfit that won't cook you to death. Also, please don't wear these skiing, thank you.



neon on neon

I'm not saying I don't like neon. Neon pieces make everything pop and I have a few in my closet. What is concerning is neon on neon outfits. I'm talking about highlighter yellow/green, neon pink on lime, neon blue on yellow, combos along those lines. I guess it doesn't look bad in the gym, but you would look like a traffic light at school. Or one of those people who conduct airplanes with glowing batons. Maybe neon needs to be left in 2022, but at least it's nice to see an old 2000's pop trend come back to life.



what is love?

Sarah Dailey

For centuries, love continues to be the center of poems, literature, and music. Although authors and songwriters translate their thoughts on the topic onto paper, there is much unknown within the scientific community about the emotion. However, psychologists have a few theories.

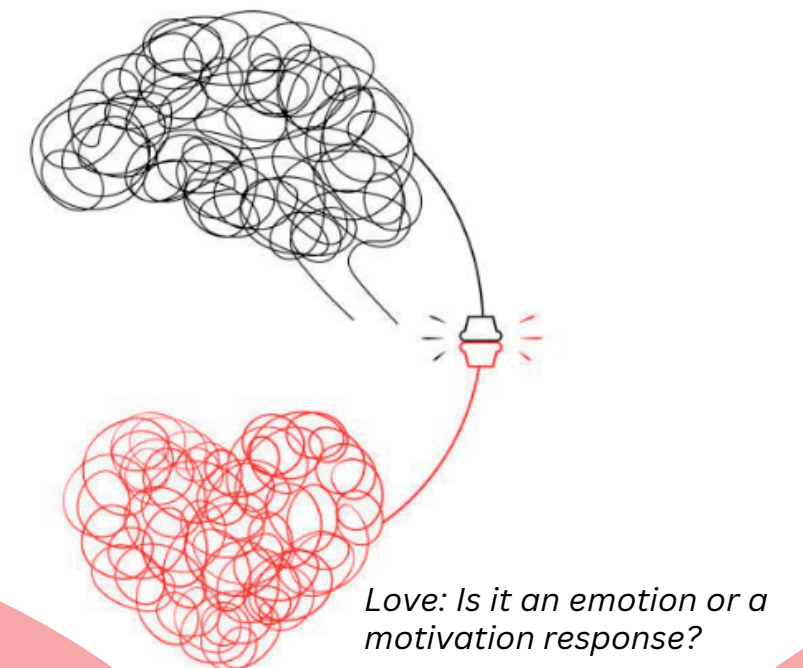
We Are Motivated to Find Love

One theory is driven in the psychological study of motivation. Rather than an actual emotion, love is a motivational drive that is part of the brain's reward system. Although the term 'falling in love' is commonly associated with an initial attraction to someone, experiencing love is more of a high. Chemicals such as oxytocin and dopamine have been found to play a role in human experiences and behaviors that are associated with love. They function like amphetamine, which makes us alert, excited, and wanting to bond. We feel energized and, as a result, we have the stereotypical physiological response, like sweaty palms and a racing heartbeat.

(Fun Fact: It takes a fifth of a second for the euphoric chemicals to start acting on the brain when looking at a special someone!)

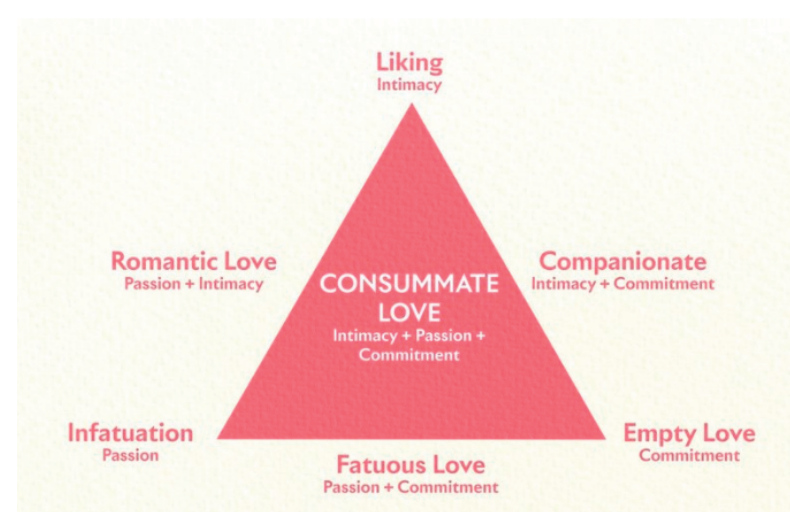
The Striatum

Building off the motivation theory, love coincides with the need for more advanced thoughts. That is where the striatum comes in. The striatum is the part of the brain that is associated with the balance between higher and lower levels of functions. It is known as the decision maker, since its neural activity is related to the reward pathway. Some psychologists suggest that the striatum may be the one who decides who we love and who we fall in love with.



It's Just a Big Triangle

Developed by psychologist Robert Sternberg, the triangular theory of love proposes that the components of love are intimacy, passion, and commitment. Intimacy encompasses being close, connected, and bonded with another human. Passion refers to the drives that lead to physical attraction and romance. This is accompanied by physiological responses. Commitment is the decision to love someone and commit to love them for a long term. In the short term, it is simply the decision to remain with one another. The various combinations of these three factors, according to Sternberg, explain all forms of human love. For example, romantic love has high levels of intimacy and passion, but low levels of commitment. This also applies to experiencing only one factor of love. If you only experience intimacy, you feel a liking towards the other person, but if you only experience passion, it's only infatuation; and if you only experience commitment, then it's an empty love. According to Sternberg, the experiences of all three factors in equal proportions would be called consummate love.

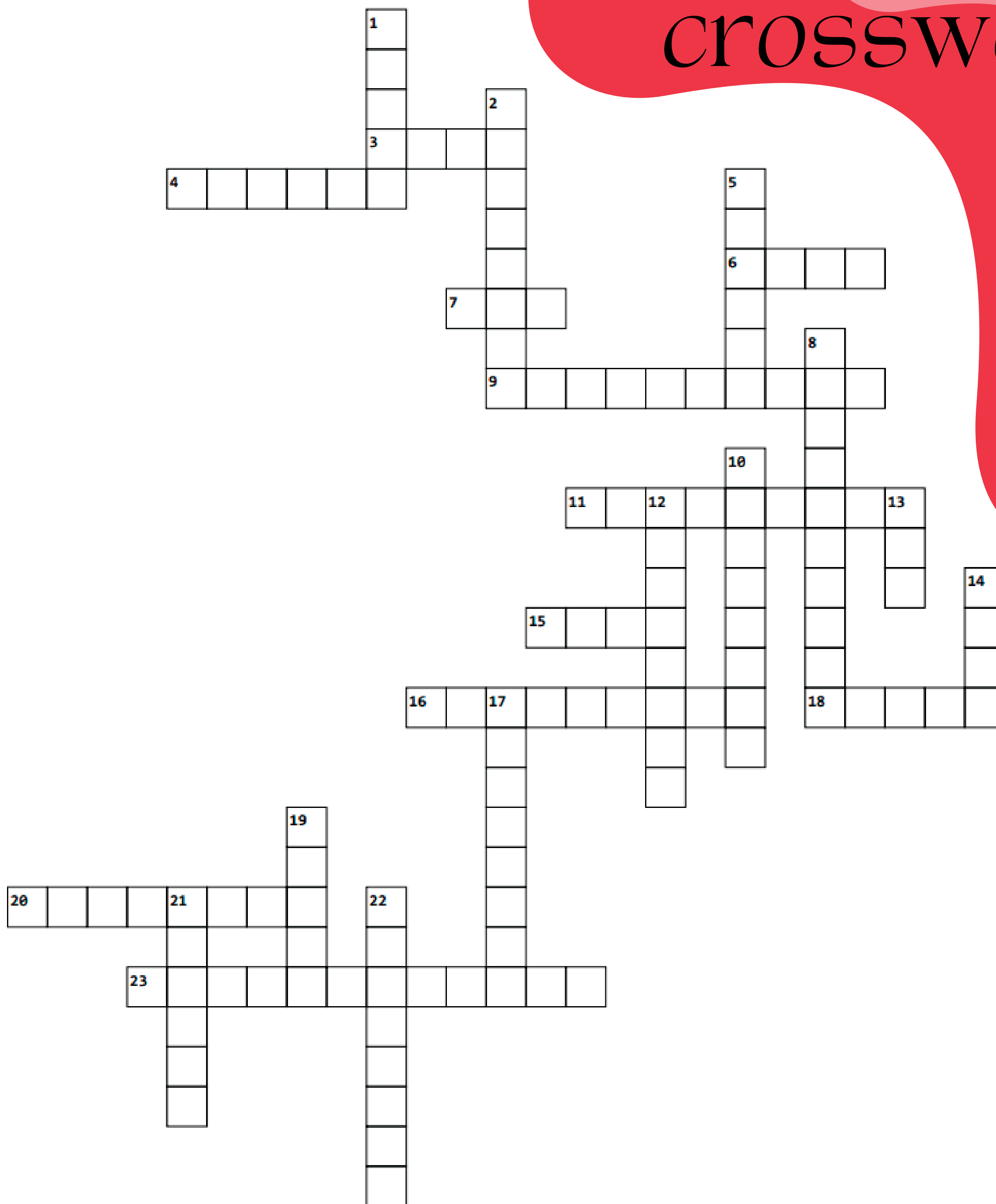


Sternberg's Triangle of Love

In All, It's Complicated

Love is complicated because human beings are complicated. There is no definite definition of love, as it comes in so many different forms. There is still much to learn about the most intimate of emotions and studies continue to search for such answers. Maybe we will never know why our heart flutters when we see that one person.

crossword



Across

3. Common flower for Valentine's Day
4. Shakespeare play that references Valentine's Day
6. Lighter color associated with Valentine's Day
7. Darker color associated with Valentine's Day
9. Chocolate covered fruit you eat on Valentine's Day
11. The first valentine was sent in the --- century
15. How many US towns are named Valentine?
16. Physicians used to recommend this to people who were broken hearted
18. Where the first Valentine's Day celebration took place
20. Day of Valentine's Day
23. US state that produces the most chocolate

Down

1. Symbol for Valentine's Day
2. --- are the number one recipient of valentines
5. Famous gangster who organized the St. Valentine's Day Massacre
8. Yellow roses signify this
10. People used to believe our hearts stored our -

12. Month of Valentines Day
13. The O in XOXO
14. The X in XOXO
17. Love hormone
19. Mythological God of love
21. --- percent of pet owners give Valentine's Day gifts to their pets
22. Famous greeting card and rom-com production company

PETER PARKOUR:

The Gymnastics that PlayStation is Using to Play with My Emotion

careena sondhi

For those of you who know me, you know that I love Spider-Man and Marvel in general, so here's my long-awaited article about it. I'm sure many of you have heard of the 2018 PS4 Game eloquently titled *Spider-Man*, that in my opinion, was a game changer for the video games of our favorite webslinger.

Aside from the spectacular plot line of the game, let's first focus on the extra details. Do you know how many hours I spent just swinging around NYC, taking photos of Avengers Tower and Sanctum Sanctorum, climbing the Empire State Building and high fiving the wonderful people of New York? None of the other Spider-Man games I have played let me do that, and while I'm no connoisseur, I have played *Spider-Man: Edge of Time*, *Spider-Man Shattered Dimensions*—unfinished because Miguel O'Hara met his match with the Goblin—and of course *Spider-Man: Miles Morales*. In the two previously mentioned games, it was pretty much just the plot and that's all. Not that I didn't enjoy the plots of both videogames, but part of the Spider-Man charm is simply the free-nature of swinging around NYC and stopping crime like the Spider-Man of pre-prestige.

And the best part? You can listen to everyone's favorite old critic: J. Jonah Jameson! Starting from the beginning of the game, you have multiple podcasts of his available to you, which Peter is delighted to listen to through his magical inner-mask headphones. I mean, all of these things may be the smallest part of the game, but they are mighty. It's truly these details that define the game. The *Insomniac* designers really put all of NYC into a videogame, enable you to climb every building, created Avengers Tower and Sanctum Sanctorum, allow you to high-five random citizens and take selfies with them, collect MJ's newspapers, and—my personal favorite—the dumplings that led all of the residents in MJ's apartments to pray for her and Peter's breakup (No wonder they're called *Insomniac*). That's right folks, the legendary dumplings. The recipes that he collects in some lost backpack about to fall into the ocean somewhere is actually cookable! And it's not just the dumplings, you can also make Aunt May's wheat cakes next time you're craving some *Marvel* nostalgia. If you're wondering about how to make these delicious dishes, go to YouTube and search "Binging with Babish: Backpack Recipes from Marvel's Spider-Man." While it's definitely the main plot and graphics that made this game stand out from the rest, it's probably all the cool side missions and cameos that are most memorable.

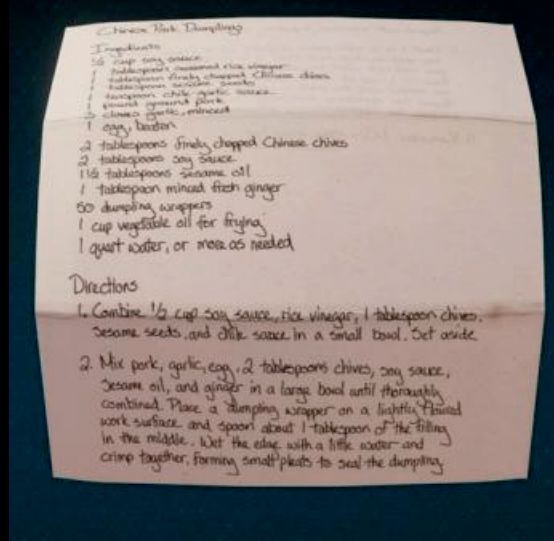
Moving on to the next game in the series, *Spider-Man: Miles Morales* was released with the PS5, and while many players believed that it was only playable on the PS5, they also created a PS4 version, for which I was very thankful. While *Spider-Man: Miles Morales* wasn't a critical part of the video game canon, it built Miles up as a character, and most importantly, as his own unique Spider-Man. He has his own unique powers, namely his "Venom" abilities. No he hasn't bonded with a black gooey alien symbiote from space, that's reserved specifically for Eddie Brock.



The story goes that Peter was afraid of heights, so he took a selfie on top of the Empire State Building to get used to heights.



A scene from *Spider-Man: Miles Morales* where he uses his Venom to bombard his enemies.



The mystical dumpling recipe!



A scene from the first game, where Peter has his first round of battle against the Sinister Six!

We're finally at the part where you stop wondering why the title is "Peter Parkour: The Gymnastics that PlayStation is Using to Play with My Emotions." Well, in case you've been distracted listening to J. J.'s rants, there will be another installment into the *Spider-Man* series! The game once again is eloquently titled *Spider-Man 2*, and so far, all we have is a one minute and 38 second trailer, and the knowledge that the game will drop sometime in Fall 2023. Oh yeah, and it's only available to play on the PS5. I love the poor *Insomniac* coding nerds, but like actually, can you not put the third installment of a three-videogame series on a whole separate console? Wouldn't it have just been smarter to force people to buy the PS5 to play *Spider-Man: Miles Morales* when the new console released, which also would've gotten them more money because PS5 prices have definitely dropped by now? But now, I'll have the first two games, and will have to wait to get a PS5 for the third, and do you know the plot of the third?

Well, if you're a true Marvel fan, you painfully waited through all the credits to get a two-minute clip of Harry Osbourne in both games, and surprise surprise, it's Peter and Miles against Venom! I understand that all you can see is an exclamation mark and therefore that's the only marker of my excitement level that you're getting, but trust me, I am that one annoying teenage girl that is jumping up and squealing right now.

How can you just create these two games and then put the third—where it's been confirmed that you get to play as both Peter and Miles—on the PS5? I have very high expectations for this game, which I am sure all of which will be met. But like, Venom. And Peter. And Miles. And possibly other bad guys. In an article I read, the author theorized that the narrator of the trailer is actually Kraven the Hunter, so maybe we could have another Sinister Six situation, but with a new assembly.



The introduction of the iconic Iron Spider suit will please many MCU fans.



I—like pretty much everyone else in the multiverse—love the Spider-Man video games, and I'm sure that this third installment will solidify Insomniac's superior role in creating Marvel videogames. While they're also in the midst of creating a Wolverine game, Spider-Man is the one I really care about. He might be the first superhero I ever knew, and the best part is that no matter who he is or what he's doing, he's just a human like the rest of us. He's got the Sinister Six on one hand while dealing with Cruel Calculus and Chemistry on the other. He's someone that as students, we can especially relate to.

Anyway, if my article exceeds four pages then Jisu—our amazing layout designer—will be stuck editing this until midnight, so my rant will stop here. While we all in patiently wait for Spider-Man 2, I suggest a replaying of the previous Spider-Man games, and even the classic movies (Tom Holland is great but give some credit to Toby Maguire and Andrew Garfield too; they were their own unique Spider-Men). And if you ever want to be like Peter Parker, just keep in mind that he also struggled with high school like the rest of us, basically making us honorary Avengers at this point.

AN INTERVIEW

with *Mrs. Lynch*

| London Lindley & Angel Tang



L: Where are you from?

I'm from Rochester! I grew up in Chile and went to Gates high school. I have two brother, both are younger than me, and my mom and dad still live in the house we grew up in!

L: What did you do before this?

I kind of have a varied past. I went to SUNY Geneseo for education: I first thought – when I was in high school – that I wanted to go into sports medicine because I like to do a lot of activities. So then I thought, maybe I wanna be a gym teacher? But then I thought “No, I don’t want to” because if kids don’t participate in gym, it’ll just make me really frustrated. So, then it was sports medicine. As a part of PIG class I shadowed someone and I was like “ooh this is not what I thought it was,” and I was not thrilled with it. I was actually already helping out in one of our special education classrooms. I helped out students with multiple disabilities with learning daily living skills and doing activities with them, so then I decided that I wanted to go into education from there. So, I went to Geneseo and I have a special education degree, elementary education degree, math degree, computer science degree...

A & L: Oh wow!

Mrs. Lynch: So yeah, all sorts of things! From there I did a year at BOSES in Gates and then a year in Spencerport, but then my husband was relocated 10 miles up from Manhattan for 11 years. So I worked there, and when our second child was born, we moved up here again. So I was teaching in Churchville for 9 years before I came here!

L: What did you teach?

I was an instructional coach, which is a teacher who works with teachers to think about shifts in education. Thinking about new standards that came out for science, thinking about new ways to work in your classroom, and shifting over to one-to-one devices. So, any professional development for teachers and stuff like that is mostly what I did.

L: What is your favorite thing about Mendon so far?

So far everyone has been super friendly! Like if I say hello to someone in the hall, they say hi back to me. I just feel very welcome here, and feel like kids and teachers seem happy to be here and overall, just a positive place to be!

L: Is there anything that has been surprising about Mendon?

I don’t think so yet – it’s day 8 for me, so I haven’t been here a ton. Actually, the thing that surprises me the most is that for as big of a school as Mendon is, it still feels like a community. You know when places feel super big, and you feel lost? But here you feel like you are still part of a community even though it’s a big school.

A: Yeah, I feel like Mendon is a perfect size: not too big, not too small.

Well, my kids go to Allen Creek, which is very small! There are some positives and negatives to that. The school I just came from was grades 5-12 in one building so you can imagine how big that is. So here even though it’s big, it feels like a community, while at my last school it was just, like, sprawling.

L: Have you had any bizarre or interesting things that has happened to you in your career?

My husband likes to say that my life is bizarre. In my last position, I was the person that people came to when they came up with something they wanted to do in their classroom, and I would be like “yeah we are going to figure out how to make that happen!” So, one person was like “I wanna raise trout and release them in the spring” and I said, “Great, let’s do it!” So I found a person from the department of environmental conservation, they came in and got us this huge tank and trout eggs. So the students got to raise them and watch them grow, and in the spring we went on this huge field trip and released them in Irondequoit Creek!

We were also investigating how astronauts grow plants in space on the international space station. So we would skype with the space station, and they sent us this growing module. So, we grew plants that we could then send up to the space station and have them evaluate how well the plants could grow up in space. So just cool stuff like that!

A & L: That’s really cool!!

Yeah, so my husband was always like “What did you do today, did you raise trout today?” There was always something interesting that someone thought would bring their curriculum to life and I was like “Yeah we can make that work!”

L: Is there something students might not know about admin?

When you’re little, you think that your teachers never leave school. They sleep at school, you know? But when you go back to your elementary school you go “woah this is so small!” It put perspective back on things. And so I think you have to remember that I was a kid once too. And sometimes I’ve gone through the same thing that you guys are, even though it might’ve been years ago. You learn from your mistakes, right, like everyone makes mistakes and you learn from your mistakes. But I think we are people outside of here too, you know. Like I have a family, I’m an avid runner, I love to read, you know. My happy place is on the beach, with a book.

A: Yeah, that sounds really nice, especially in the winter right now.

I know. So, I go out, actually, I saw Mr. Domroes yesterday, we happen to run the same trails and we had no idea that we run the same trails and I was out running, and he was out running and it was just...yup.

L: That’s so funny.

We ran into each other, like, I had no idea. Yes, so I really enjoy running. It’s kinda like my escape when I have the time to do it.

L: What's your most used app on your phone?

You know what it used to be? It used to be the Wegmans self-checkout app, so you didn't have to wait in a line and you could walk around and scan your items and bag them and then leave.

L: What's your guilty pleasure?

Honestly, it's running.

A: [grimacing] Interesting. I can't, I'm not a runner.

I mean, it's a healthy guilty pleasure.

L: No, I agree, that's a great guilty pleasure. It's better than mine.

A: Mine's, like, binge eating chocolate
See, I don't like chocolate. I really do love candy – you know, like Twizzlers, Sour Patch Kids. Chocolate's not really my thing. And in our house, it's very bizarre but I'm not sure when the last time our television was on.

A: Do your kids not watch?

They watch like, on the weekends. They'll watch one TV show while they eat lunch. That's it.

L: How old are your kids?

8 and 10.

L: Awww.

Yeah, they'll be like 9 and 11. So we just don't do...like we're outside. Right, like--

L: That's nice, that's really good.

A: That's like better instead of having them addicted to like some like device or whatever. Probably what my childhood looked like.

L: If you could be any animal, what would you be and why?

ou know, we always say, if we could be any animal at the zoo, we would want to be an otter.

A: Really?

L: I say that every time I go to the zoo.
See?

L: If i were to be an animal, I'd be an otter.

A: Why, though?

L: They have the best life!

They just float, they've got their snacks, they always look like they're smiling, even if they're not.

A: Right, they're so cute.

Yeah, they're so cute. Sometimes they're lying in that little hammock thing they have. They probably- if they could read, they would have a book.

L: I feel like that's a great answer.

Although my husband would probably say panda because he is a big fan of napping. I'm not a huge napper though.

L: What's your favorite sport?

I played tennis through college. I coached one year of JV tennis when we lived down state. So, I love tennis. I actually just finished Carrie Soto Is Back. It was a story about, not a true story, but about someone who played tennis that was very good. And I just saw it down in the English office. They had a copy of it down there and they were passing it around the English office.

L: That's so funny. That's such an English office thing.

Well so, I'll show you guys. [Pulls out target bag filled with books] This is my –I already brought in my stash of my books. I love to read. I brought in a stash of books, and I told them (the English department) that we have to start a book exchange, so were working on figuring out when we're going to do a book exchange, so I have my bin of books over there.

L: I need some recommendations, because I like to read but I never can find a good book.

Oh, so I use Goodreads, do you use—so that's another app that I use all the time.

A (to L): You've never heard of Goodreads? No way! You're not a reader.

L: Wait I think...

A: It's like where they rank books and stuff.

L: Oh wait, ok, yeah, I have heard of Goodreads. I've never been on it, but I've like--

A: I use it for recommendations.

Yeah, me too.

A: Cause it's like, if you like this book, then they like recommend similar books.

And it also tracks for me what books I've read, so then when I'm like trying to figure out have I read this book before or not--because I read too many books--then I can see if I've read it before or not read it before. And that's where like if something isn't available at the library, it's in my "Want to Read" because I haven't read it yet. So that is another app that I use.

A: It's good for organization, for sure.

Yeah, and if you have like friends, you can follow friends on it, right. So, like my mom and I tend to like similar things, so if I see she's reading something, then I can put it on my "Want to Read" list.

L: Wait, that's such a good idea, like some friends? That's genius.

Right, then you can see, like my mom and I have a certain, like you give it a number of stars after you've finished reading it or whatever, so I know if my mom gave it 5 stars then I will definitely like it. But if she gave it three stars that means she feels bad telling the author she didn't like the book, but that's like our secret signal, that three is really like...but like we don't want anyone to feel bad about their book, so...I don't think I've ever given anyone a one.

A: Yeah, I don't think I could either, I think 3 is the lowest I could give someone.

So, 5 is like amazing, have to read it. 4 is like, it was good but, you know...and 3 is like, I wouldn't recommend it.

L: [laughs] Like, "I wouldn't waste your time," yeah.

Like to anyone else a 3 is probably fine, but in my mom and my world it is not.

[All laugh]

L: So yeah, that's all the questions we have, so thank you so much!

SPECIAL THANKS

to

Ms. Lynch,

our new assistant principal

thank you so much for your time and patient cooperation!

Glossier:

My Obsession with Millennial Packaging and Overpriced Vaseline

Elena Lesniak

If anyone is obsessed with Glossier right now, it's certainly me. Don't tell anyone, but I recently spent a borderline obscene amount of money (don't worry I used my gift card too)!!! There's just something so fascinating about their marketing; they have something that keeps customers coming back!!! If there's one thing I can say about millennials; they've truly found the best way to market things in beautiful packaging. Glossier's staple "G" is featured on every product with a simple yet quirky font... And, if you've been keeping up with Glossier news like me, you've heard about the Glossier product reformulations and repackaging....

Oh yeah, I totally forgot to tell you what Glossier was!! I just got so excited!! If you didn't know...Glossier, a makeup and skincare brand known for their "no makeup-makeup look" was created in 2014 by CEO Emily Weiss. Known particularly for their Balm Dotcom (lip salves), Generation G lipsticks, and a variety of other products, it is popular with all age ranges. Even my mom loves Glossier!! However, in recent years—Glossier has become more infantilizing for Gen-Z and Millennials alike!! While its products are great and well worth the cost, their packaging is really what draws customers in. It's minimalistic and with their relatable advertising, their products sell out quickly.

The infamous Balm Dotcom has been out for over 9 years and has featured a wide array of products, simply leaving customers coming back for more. With decadent flavors such as berry, lavender, wild fig, mango, and coconut---Glossier is truly a cult classic. While the lip balms are essentially just INCREDIBLY overpriced Vaseline, how could I resist?!! They just look so pretty, and they work so well, so what can I say!!! Over the last 2 years I have collected 6 balms, none of them I have finished to this day, and probably never will. Among the famous "You" solid perfume, and some miscellaneous skincare products, I just bought the lavender, mango, berry, and cherry flavors and let me tell you, I am beyond obsessed.

In the summer of 2022 Glossier announced their soon to be partnership with makeup and beauty retailer Sephora. Earlier Glossier announced that they would be going through with this change in early February 2023. Around the Holiday Season, Glossier announced that there would be some major changes with their product formulations, packaging, and products being offered. The Balm Dotcoms along with their other products that contain ingredients such as petroleum jelly, lanolin, and beeswax. Lanolin, a hydrating and moisturizing agent is a component of many lip balms, but is animal based and derived from wool. Furthermore, beeswax and petroleum jelly are not considerably sustainable when it comes to cruelty free/environmentally friendly ingredients. In replacement of the removed ingredients, castor oil now substitutes in for petroleum jelly, and beeswax has been replaced with castor jelly/oil.

This really furthers Glossier's idea of marketability, as Sephora has certain standards when it comes to their products being "Clean or Not". Specifically, Sephora writes that "when you see our clean seal, you can be assured that the product is formulated without specific ingredients that are known or suspected to be potentially harmful to human health and/or the environment". It's obvious that Glossier is changing their packaging for the sole purpose of being seen as a more sustainable brand than they have been in the past. While I believe that they are doing this for the sake of just appearing more environmentally friendly, their limited use of animal products does benefit the environment. However, from a consumer standpoint, some may turn away from the famous Balm Dot-com due to these formulations. While castor oil and the swap for synthetic beeswax won't alter the texture tremendously, the exclusion of lanolin certainly will. As I previously mentioned, lanolin is what really keeps your lips moisturized. Therefore, some may find the Balm Dotcom to be more drying and simply not as hydrating as before.



best sellers



cloud paint: blush



lash slick: mascara



future dew: oil serum



As a Glossier customer, I can confidently say that the most upsetting part about this change is the discontinuation of the Cherry Balm Dotcom. One of the oldest flavors, cherry has that medicinal cherry scent—but not in an overwhelmingly and overpowering way at all. It comes out of the tube bright red, when applied on the lips. Sadly, when all the formulaic changes are rolled out, the Cherry balm will be discontinued. Many have spoken out in frustration but as Glossier shifts towards more “clean ingredients” consumers feel their cries are being ignored. Many Glossier customers have become bitter and feel that Glossier is not prioritizing what their customers want over marketability and profit. However, it is really challenging to create a red lip balm that is vegan and cruelty free. For many products, natural dyes and synthetic dyes contain so many things that we don’t realize. Often, these dyes are tested on animals and are not without cruelty themselves. However, when it comes to formulating a vegan product, creating bright reds can be super challenging. So, it makes complete sense why Glossier may want to discontinue a product ahead of time knowing that it may not potentially sell as well as their other products.



From an aesthetic standpoint, Glossier’s move towards in-person shopping will not only include formulaic changes but also packaging changes as well. Balms have always come in a paint tube style with no direct applicator. While this can make application a little bit messier, I feel like it truly helps Glossier stand out as a brand. Similarly, while its main application is a chapstick, Glossier encourages its customers to apply their balms wherever they please, even advertising it as a makeup alternative of sorts. Starting early February 2023, the cap of the Balm Dot Com itself will become larger and the applicator will be a rounded one—that of a Carmex chapstick per se. Personally, I love the applicator how it is, and I think that Glossier should listen to their customers and keep it just how it is. However, I understand how it makes direct application far more efficient and provides more intentional packaging.

old



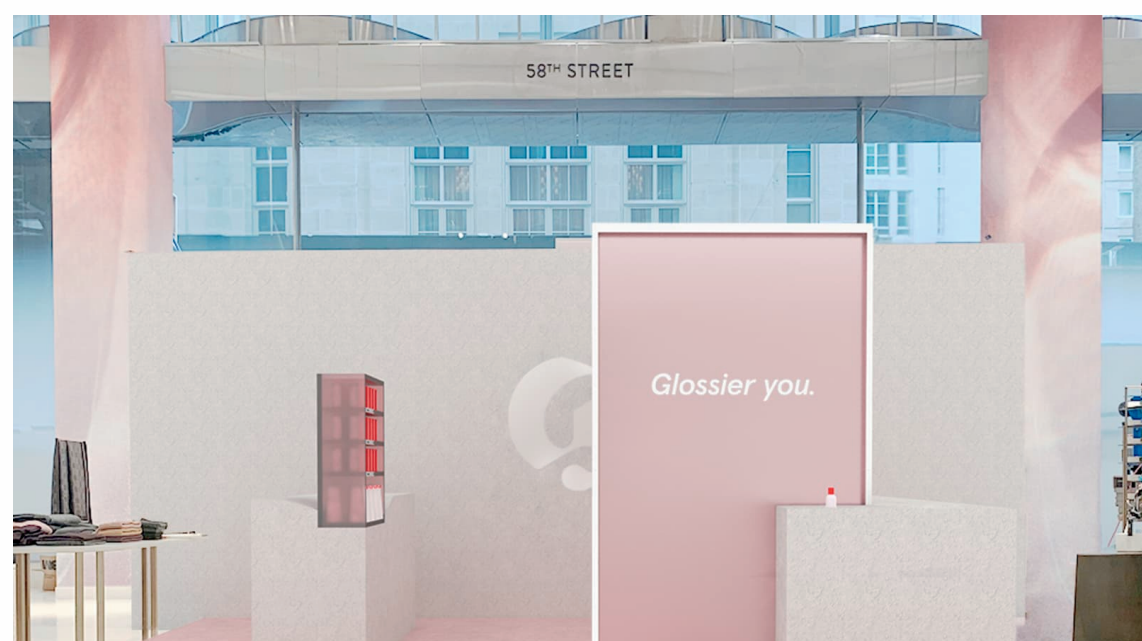
new



While I couldn’t be more excited for Glossier to become an in-person item that I can shop at my disposal, I think that this massive change—not only affecting Glossier but other makeup companies as well, makes me curious. While I am happy to see many companies shift to cleaner, more environmentally friendly products it’s not without suspicion. Furthermore, clean products do not equal good/better for you whatsoever. I see so many brands that are shifting towards more natural ingredients with just as harmful substitutes, where their products simply work poorly after product changes at the expense of seeming more relatable to customers. Just like how aluminum free all-natural deodorants claim to be the best on the market, you’ll be smelling horrendous before you step into school, trust me. So, thanks but I’ll be sticking to my aluminum free, BUT alcohol and chemical filled deodorant (thanks Old Spice) ---even if it’s marketed to lumberjacks and not high school students. So, be on the lookout for Sephora’s Glossier drop, you can’t miss it!!!

THE DREAM TEAM

This Is Not a Drill: Glossier Is Coming to Sephora in 2023



er, you can score Sephora B
s.



THE MAGICAL DRESSES OF *THE MAGIC SCHOOL BUS*

Careena Sondhi



For those of you who watched *The Magic School Bus* as a child—which should be everyone—while learning about space, Arnold’s digestive processes, and the physics of baseball, some of you may have noticed that Ms. Frizzle had a matching outfit for every episode. As much as I would love to create her dresses myself after watching all those DIY YouTube videos, I don’t currently have the time nor materials to do so. So I’m opting for a review of her dresses instead. To the bus everyone! Eh, uh, I mean, let’s get started!

Now, I’m not going to review every single dress, but perhaps some fan favorites. It can’t just be me, but when I think of *The Magic School Bus*, there’s a few specific episodes that come to mind: When Ralphie is sick and the class explores his immune system, when Arnold finally doesn’t have to go on a field trip because the adventure is traveling through his immune system, when the class goes to space with Arnold’s annoying cousin, and more. So first up, the space episode, and yes, I did rewatch the show for educational purposes.



“According to my research...” Ms. Frizzle’s space dress is surely out of this world! The headdress really compliments the dress, as the planets orbit around her head which acts as the sun, perfect for that radiating personality of hers. While it could be cool if the planets were actually able to rotate around her head in the process, fashion ideas and fashion reality almost never match up. She’s a teacher and school bus driver, so the fashion can’t prohibit her from her job. While her dress may seem rather basic right now, only with a few stars, a crescent moon, and the sun, her earrings really bring the outfit together. Her earrings are a recreation of the planet Saturn, and throughout the episode, they even glow! Definitely a highlight, literally! They travel into outer space, her dress magically transforms into her space suit, which is very

functional for burgeoning astronauts. The only critique is that a dark space suit probably isn’t ideal for a dark void that is space, for if she ever got separated from the school, she would be hard to spot. But be reassured that when she gets “lost” in the episode, the class travel to Pluto to find her. When this episode was created, Pluto was still a planet, but has since been demoted. Poor Pluto :(

Onto the fashion fit for traveling through an immune system. As you’ll quickly, many of Ms. Frizzle’s dresses have a similar color, that being a blue-ish purple-ish hue. This time the dress is a nice purple, not too bright like that one crayon we all mistake for blue, and not a pale lavender. Accompanying the color, are an assortment of foods, including carrots, watermelon, grapes, and a marshmallow candy that is basically a mallomar. I have no idea what a mallomar is, but “according to my research...” is basically a s’more all in one nice bit. It has a graham cracker base, with marshmallow, and then is covered in chocolate. The *Magic School Bus* version of this are kind of like a chocolate cake texture sandwiching a marshmallow. Moving on to her earrings, they are a replication of a full sandwich. She doesn’t say what exactly is in the sandwich earring, but it looks like some jewelry lettuce. Anyway, I think these earrings are so amazing! I mean, who wouldn’t want sandwich earrings? They’re a great conversation starter, and a nice way to spice up an outfit if you’re feeling funky, or hungry for that matter. Similar to her space dress, this dress also transforms into a suit, but this time it’s a suit that’s fit for enduring the very acidic environment of Arnold’s stomach. Oh, and by the way, on the pH scale of 1-14, stomach acid is a 1.5-3.5, so that dress is incredibly durable!



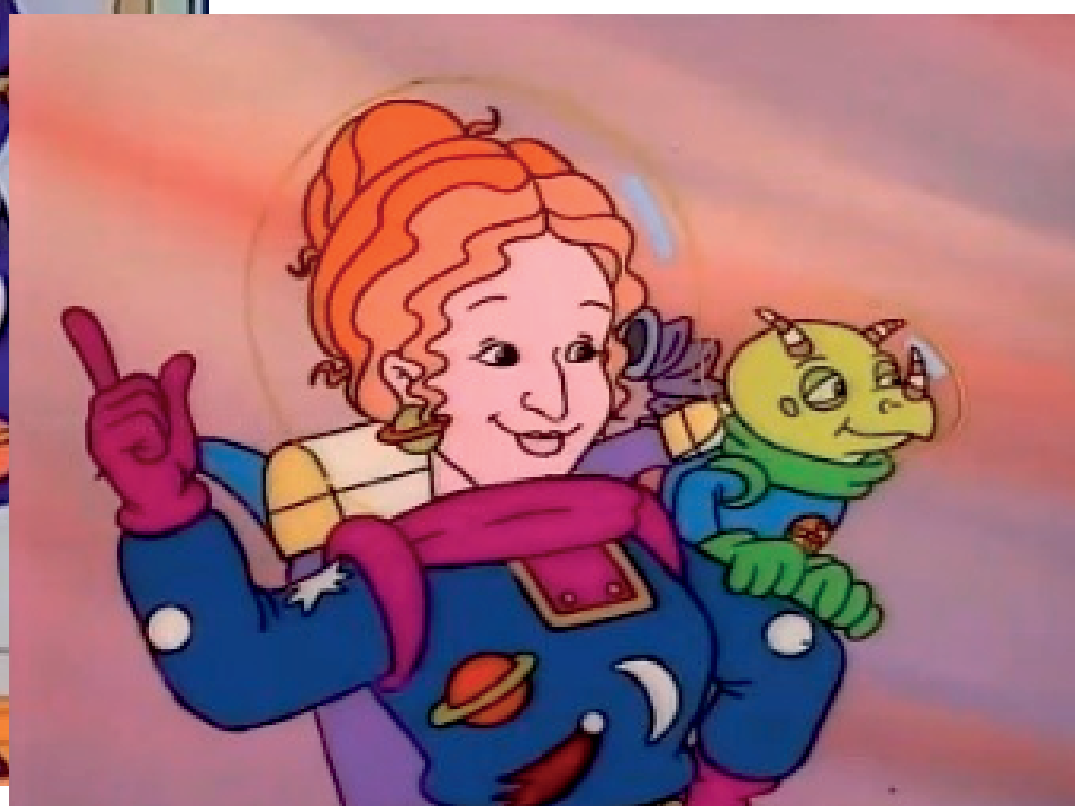
Dorothy Anne’s defining character moments are when she pulls out a book for any and every occasion and says, “According to my research,”

I understand that you may be getting *sick* of this article, so what a better time to move on to the episode where they travel through Ralphie's immune system! As you can see, the dress has vials, a thermometer, a medicine bottle and spoon, and stethoscopes on it. While Ms. Frizzle is talking to Ralphie's mom and the class is freaking out about his absence for their show, the medicine bottle on her dress magically pours out its liquid into the spoon. First, we have dresses that transform into space and digestion suits, and now moving fabric! I wonder if it's made from the same cloth that Dr. Strange's cloak is made out of. As always Ms. Frizzle has a matching pair of earrings to accompany her dress, this time being a medical tools bag.

I know we've only covered three dresses, but the Newspaper can only be so long. I hope that you've enjoyed the reminiscing with me! And remember, as Ms. Frizzle always says, "take chances, make mistakes, get messy!"



#1



I wonder if she makes the space suits or orders them from NASA .



#2

I too, would love to have a dress with some of my favorite foods on it. Like strawberries. But a dress with a Fettucine Alfredo pattern might be weird.



#3

Even though Ms. Frizzle's dress has medicine on it, it would be cool if we could mass-produce medicine that easily so everyone could have better medical care

farewell - jisu oh (layout person)

Obviously, as you can see, this particular article(?) has significantly less effort poured into it than the others. It's because Canva SUCKS and I'm TIRED and very sick of layout. Senior burn out is quite real. And yet here we are. Alas, the need to be remembered and somewhat appreciated. So here we go, deep into the pit of my melodrama. Good luck reading this.

I have been struggling for so long. Canva is a brat, let me just tell you that. The amount of times I've had to shift around pictures and then make fifty different textboxes, because there's no way to lock a picture and form text around it like Word, is honestly just pitiful. But Word sucks for layout, so I guess there's a limit to everything. Except Adobe InDesign, the (expensive) love of my life. So Canva it is!

It's been a good ride with Runestone: I wrote articles, designed four(!!!) whole newspapers, interviewed people, and got to take pictures of Naz every day for a week. So all good. Minus the stress of freakin' Canva. I think I wrote better articles last year (about female anger and filial piety and anxiety and other stuff I'm forgetting) when I didn't have to face the impending doom of designing a new Runestone from scratch every time. I've focused significantly more on layout this year, so I haven't been able to write that many good articles. All I've got are insane dolphins to prove myself 😏. It's hard to write articles as in-depth and passionately as last year when you realize you have to design at least one spread for it, with pictures and captions and titles and an actual layout you can be remotely proud of.

It's really the matter of my pride that keeps me in this position, and allowing me to purposefully stress myself out so I can create something and be proud of it. But isn't that what this has always been about? Making something of your thought and devotion, cultivating a piece of art and molding it between your dedicated hands to make it undoubtedly yours. I'm proud of everyone who's made something and had the courage to publish it. I'm thankful for the people who keep creating, whether they think it's good or bad or deserving of being appreciated regardless.

It's been fun! Truly - I always enjoy finding new design ideas and sketching out different layouts for each article as they come, mapping out where pictures should be and experimenting with color combinations and fonts. As stressful and time-consuming it was, I've learned a lot. Maybe a little too much because I now try to guess the name of every font I vaguely recognize around the street (which is, undoubtedly, a lot). Hopefully you can see the progress in design from the first one (truly awful and an embarrassment) to this one (kinda better?).

Good luck to everyone!!



EXHIBITS OF MY INSANITY

Newspaper Order:

1. Spirit Week (3 pgs) ✓
2. DeWolfe (1 pg) - ✓
3. DWD (2 pls) - ✓
4. Fall Fashion (2 pgs) ✓
5. Jaspers (2 pls) - ✓
6. Halloween Candy (3 pgs) ✓
7. Sudoku (1 pg) ✓
8. Iran (3-4 pgs) ✓
9. Dolphins (1-2 pg) ✓
10. Series (1 pgs) ✓
11. Sudoku key (maybe w/ series) ✓

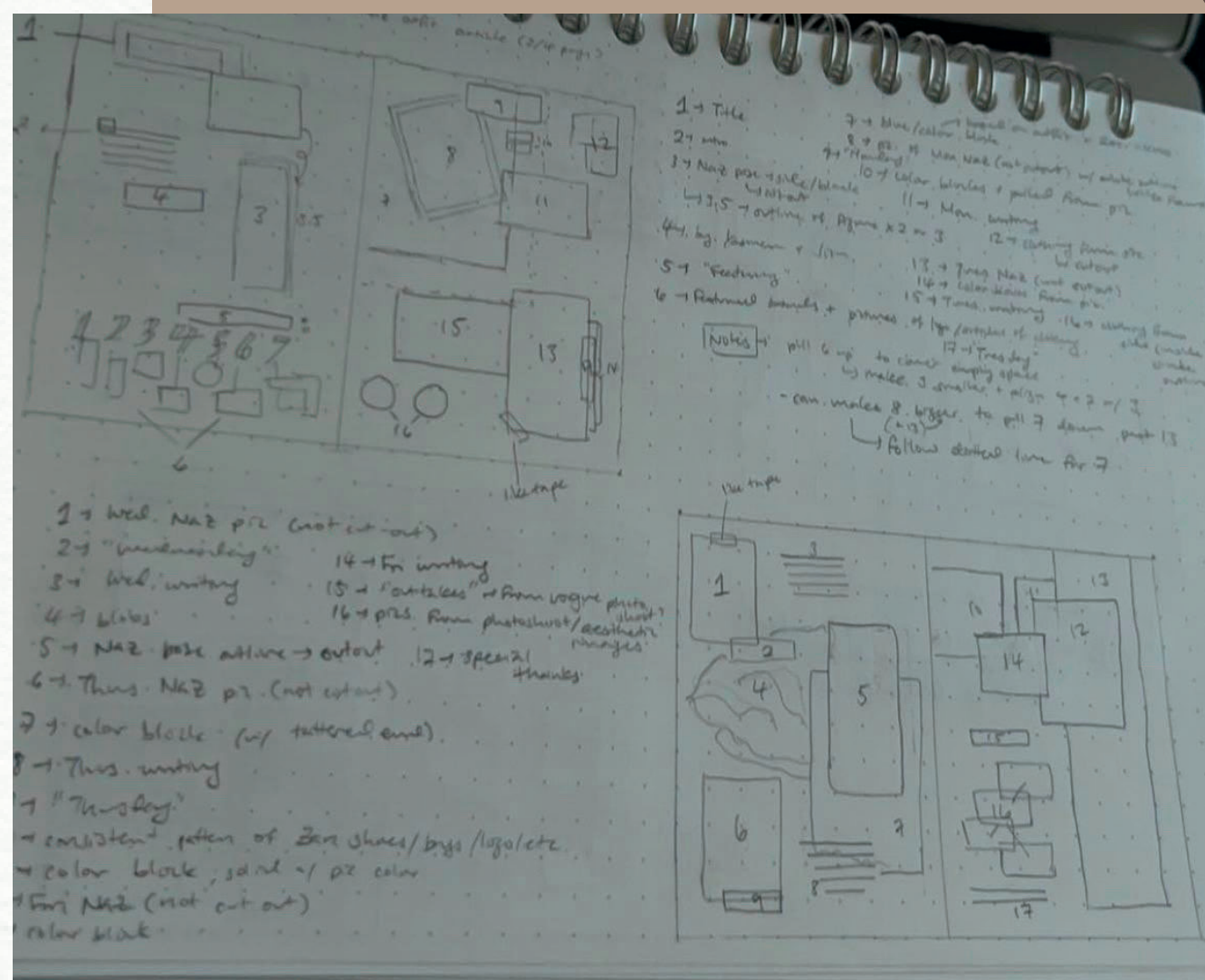
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Newspaper layout

1. Editor's note ✓
2. Valentine's DIY ✓
3. Sincerely Lena ✓
4. Trends ✓
5. Sarah psych of love ✓
6. Spiderman Games ✓
7. Interview ✓
8. Glossier ✓
9. Frizzle dress ✓
10. Valentine's consumerism ✓
11. Crossword ✓
12. Pittsford epidemic ✓
13. My own letter ✓



Order

1. Contents ✓
2. Editors note ✓
3. Winter Formal (1 pg) ✓ -
4. Rochester Coffee (1 pg) ✓
5. Taylor Swift 1 (1 pg) ✓
6. Taylor Swift 2 (1 pg) - ✓
7. Virtual Learning (1.5) ✓
8. Lena (.5) ✓
9. Gingerbread (2 pgs) ✓
10. Jackson (4 pgs) ✓
11. Crossword (1 pg) ✓
12. Mental Health (1 pg) ✓
13. BFI AFL Casey album (2 pgs) ✓
14. Naz (4 pgs) ✓

Cover

Naz with Vogue?

Please ask for newspaper in COLOR

Editor's Note ✓

1. Plant Club (.5) ✓
2. Lena (.5) ✓
3. Come From Away ✓ (BUT ACTUALLY it doesn't really fit w the theme of the rest of newspaper???)
4. Spirit Week ✓ (I hate the layout I hate it I hate it i hate it I really do)
5. Early Decision/Action week ✓ (reluctantly)
6. Winter Fashion Trends ✓
7. F1 ✓
8. Cars ✓
9. World Cup ✓
10. Racism (1)
11. NY Food (2) ✓
12. Kung Fu Panda (2) ✓
13. New BC (1) ✓
14. Sudoku (1) ✓
15. Something
16. Sudoku key ✓
17. About rhinestone ✓

sincerely, lena

How can I grow as a cheese connoisseur?

To grow your cheese palate, make sure to try a variety of cheeses to expand your knowledge. You can also find a very supportive cheese community through social media, where you can reach out to fellow cheese connoisseurs to garner advice. To become a certified cheese connoisseur though, you must take an exam. To qualify to take the exam, candidates must have a minimum of 4,000 hours of paid or unpaid work experience in the cheese business in the past six years or 2,000 hours of work experience and 2,000 hours of any combination of work experience, formal education, continuing education or professional development in the cheese industry. Whether you are striving to informally or formally become a cheese connoisseur, I wish you the best of luck upon either journey!

Some kids in my class can be really disruptive, it makes getting work done almost impossible as the classroom gets very loud! How can I stay productive in this situation?

When doing work in a loud room, sometimes listening to music with headphones helps to cancel out the noise and helps you remain on track. If that is not allowed or makes it even harder to focus, ask your teacher if you can work in the library. If your class really is loud, most teachers won't mind if you do your independent work there. Just advocate for yourself and talk to your teacher about your concern. If the problem has still not been solved, talk to your counselor to find an alternative solution.

How do people stay awake in class? I am constantly dozing off.

Staying awake in class is simple if you follow these steps:

1. Go to bed at a reasonable hour
2. Sit in the front of the room so you can actively participate
3. Drink water and stay hydrated
4. Chew gum
5. Take notes or doodle
6. Keep your eyes open!!!

Sincerely, Lena



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