

Learning Objectives for Today

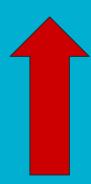
- 1. Complete a Quick Questionnaire
- 2. Review High School Graduation & "A-G" Requirements
- 3. Review your SMHS transcript
- 4. Review your options for credit recovery and summer school
- 5. Prepare to select your classes for your Senior Year!
- 6. Review: Quick Post-test



On a scale of Baby Yoda, how are you feeling today?

Quick Survey

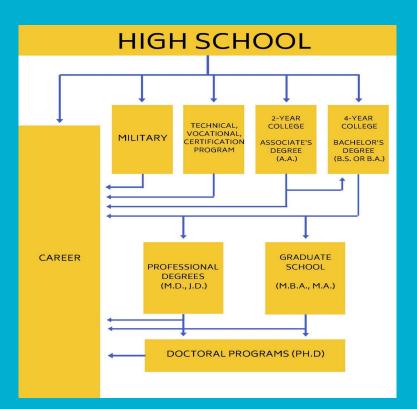
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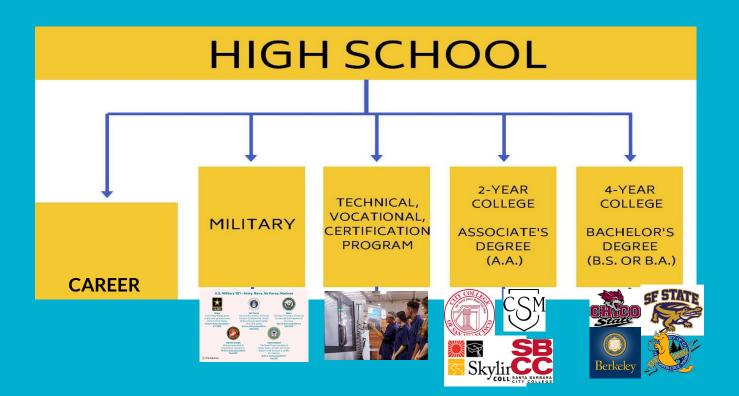
Name	Title & Assignments for 2023-2024			
Ms. Shiu	School Principal			
Mr. Holtz	9th/11th Grade Assistant Principal			
Mr. Hong	10th/12th Grade Assistant Principal			
Ms. Navarro	ELD Assistant Principal (All Grades)			
Mr. Dueñas	Dean of Students			
Ms. Gasco	12th Grade Counselor	Class of 2024		
Ms. Booth	ELD Counselor	ELD 1,2,3 & Mainstream Students		
Ms. Kane	Career Advisor/Volunteer Opportunities			
Ms. Hanson	College & Financial Aid Advisor			
Ms. Maldonado	Counseling Staff Assistant			
Mr. Gee	Student Data Analyst (SDA)			



Post-Secondary Pathways: Options for After High School



Post-Secondary Pathways: Options for After High School

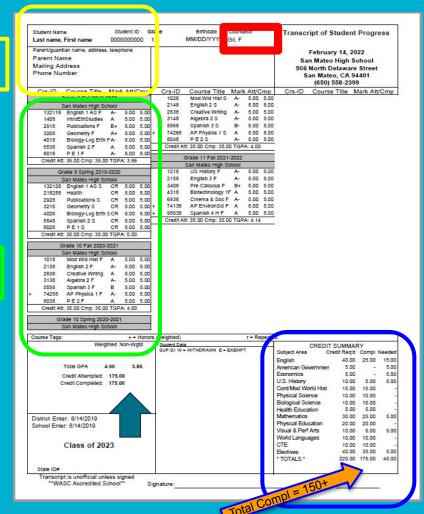


Subject Area	SMHS Grad. Requirements	Subject Requirements for UCs and CSUs (A-G)		
A - Social Science	35 credits (3.5 years)	2 years (Modern WH/AP Euro & US History/AP US History)		
B - English	40 credits (4 years)	4 years		
C - Math	30 credits (3 years)	3 years required/4 recommended Min. Level Algebra 2/Data Science		
D - Science	20 credits (2 years) 1 Biological, 1 Physical	2 years required/3 recommended 1 Biological, 1 Physical + another lab science		
Health	5 credits (1 semester in 9th grade)	N/A		
E - World Lang/LOTE	10 credits (1 YEAR) By 10th grade	2 years required/3 recommended Must be the same language		
F - VAPA	10 Credits (1 YEAR)	1 year (same discipline)		
СТЕ	10 Credits (1 Year)	N/A		
G - Elective	40 credits total	1 year of college prep elective		
PE	20 credits (2 Years)	N/A		
Total	220 credits	15 yearlong HS courses with a letter grade of C- or better — at least 11 of them prior to your last year of high school.		

Review personal information

Review each semester

Review your GPA



Note: Counselor may be different. If you have Ms. Booth as your school counselor, you will need to schedule an appointment with her.

Your Transcript is:

- *Private (Personal Educational Record)
- *A record to help guide you
- *AVOID comparison
- *See your school counselor with any questions you have

Review each semester:

	Grade 10 Fall 2019-2020					
	San Mateo High School					
	1018	Mod Wld Hist F	A-	5.00	5.00	
	132138	English 2 AS F	C+	5.00	5.00	
	210038	Food & Nutrition F	A-	5.00	5.00	
	3208	Geometry F	D	5.00	5.00	
	4218	Chem Erth Sys F	C-	5.00	5.00	
	5138	Spanish 2 F	В	5.00	5.00	
	8038	PE2F	B+	5.00	5.00	
Credit Att: 35.00 Cmp: 35.00 TGPA: 2.71						

★Are "A-G" makeups needed to replace D or F grades?

★Is Anything missing?

Review your CREDIT SUMMARY:

CREDIT SUMMARY							
Subject Area (Credit Req'd	Compl	Needed				
English	40.00	25.00	15.00				
American Governmen	5.00	_	5.00				
Economics	5.00	-	5.00				
U.S. History	10.00	5.00	5.00				
Cont/Mod World Hist	15.00	15.00	-				
Physical Science	10.00	10.00	-				
Biological Science	10.00	10.00	-				
Health Education	5.00	5.00	-				
Mathematics	30.00	25.00	5.00				
Physical Education	20.00	20.00	-				
Visual & Perf Arts	10.00	10.00	-				
World Languages	10.00	10.00	_				
CTE	10.00	_	10.00				
Electives	40.00	35.00	5.00				
* TOTALS *	220.00	170.00	50.00				

Check what you **NEED** to graduate: English

- Gov & Econ
- ANY "needed" area that has 10 or more credits you will need next year

Ways for Students to Recover Grades & Earn Credits:

Make up a F grade for HS Graduation Credits:

- → Retake the class next year
- → **District Summer School** (Students are enrolled through their school counselor)
 - **♦** Session One: June 2nd-June 20th
 - ♦ Session Two: June 21st-July 7th
 - 8:30am-12:50pm

Ways for Students to Recover Grades & Earn Credits:

OSCR (Online Credit Recovery)

- 1st period -OR- 7th period
- English or Math Classes

PHS (Peninsula Alternative HS)

- Trimester system
- Referrals made twice a year February & November

Adult School (18+ years old)

Ways for Students to Recover Grades & Earn Credits, continued:

Make up a D grade for "A-G":

- → Certain courses can be taken through SMUHSD's summer school
- **→** Community College course
 - Enrollment forms MUST be completed and on file with your counselor for this option.
- → Private online schools
 - ◆ Examples: BYU, Silicon Valley HS, UC Scout
 - WASC accredited & "A-G" approved
 - Enrollment forms MUST be completed and on file with your counselor for this option.

Check in with your School Counselor!

College Course Options

In partnership with our the San Mateo Community College District, we can have students take advantage of the earning college credits while still in high school!

"Concurrent Enrollment" vs. "Dual Enrollment"

Concurrent Enrollment:

High school students take a community college course for enrichment, *without* earning credits toward high school graduation

Dual Enrollment:

Certain courses offered at the high school site where students can earn BOTH college units and high school credits.

 Example: Food & Nutrition class you will earn (3) College units in Hospitality. All you need to do is complete an additional form to earn those college credits.

Planned Dual Enrollment Classes for 2023-2024

The following courses have been identified as Dual Enrollment classes:

- Food & Nutrition (SMHS)
- Biotechnology (SMHS)
- Career Planning & Career Exploration (CRER 100)

Middle College

Middle College: This is a special program within our district for students in their Junior and Senior year. Students become part of a small community at College of San Mateo and take English and their Social Science class with other students from the district and are able to enroll in at least 2 community college level classes. This is a great opportunity for those students looking to get started on their college career.

Applications are due online:

<u>Friday, March 10th</u>

Academic Integrity

Means that when it comes to YOUR academic endeavors, you are honest and responsible. You don't do anything to give yourself an unfair advantage and the grades you receive are a result of your OWN EFFORTS.

Examples of breaking academic integrity include:

- Cheating or helping others by giving them answers to an assignment, test, or quiz.
- Submitting something as your own without giving proper acknowledgment (PLAGIARISM).
- Receive info about a test ahead of time.
- Provide false information.

**Keep in mind that your school counselor may have to report any violation of school code, policy, conduct and/or academic integrity to colleges and universities.

Time for a brief break...

- Take a breath. Take a moment to pause and reflect.
- Self-care: Think of one thing that you can do today to "take a break" and de-stress.



Breathe in

CHOOSING YOUR CLASSES!

Tools and Suggestions:

- Course Preview day videos on Canvas
- <u>Curriculum Guide</u> (http://bit.ly/ClassesSMHS)
 - Course List (page 6)

Ask your teacher and counselor for input!

NEXT YEAR:

*Minimum of 5 classes

Peer Tutor:

Community
Involvement/leadership

++Especially need: Math, Science, Bilingual students

> Publications (Yearbook)

NEW: Latin@ Studies

Journalism
(School Newspaper)

Law & Society
Sociology!

NEW: Yoga

Creative Writing!

Cinema & Society!

 $PE_{4} = Upper$ $class PE_{1/2}$

Teacher's Aide/ Office Assistant:

*Responsible/helpful *Earn elective credit *Build resume Leadership & Renaissance

AP/Honors Courses

AP/Honors Guidelines (Blue sheet)

• If you plan to take an AP/Honors class next year, you will need to review and sign the back of your course programming sheet. **Due on Friday, February 24th**

AP Commitment Form (Yellow sheet)

• Students who would like 3 or more AP/Honors courses need to also complete the AP/Honors Commitment form <u>due by Feb. 24th</u>

Important Dates to Remember

- Choose and enter courses in Aeries 2/24
- Submit Course Form and AP/Honors Commitment Form (with signatures) 2/24
- After 2/24 any changes in courses you make will have to go through
 Ms. Gasco
- 3+ AP/Honors Courses 2/24

Additional Reminders

- Drop-in Times for School Counseling in A-109 with Ms. Gasco:
 Monday-Friday during Brunch and Lunch (no appointment needed)

 - Wednesday and Friday during Tutorial, with a pass (no appointment needed)

Programming Workshops:

- Lunchtime Workshop: Tuesday, February 21st
- Tutorial Workshop: Wednesday, February 22nd
- > AVID students check in with your AVID teacher for a signature on your course programming sheet
- Students with an IEP check in with your Case Manager about your courses for next year

Schedule an appointment with your Counselor

The following students <u>must</u> schedule an appointment with your counselor:

- Students who have failed one more classes and need to attend summer school.
- Students who are considering 3 or more AP/Honors classes in 12th grade.
- Students who have Ms. Booth as a counselor.

If you fail to attend to your appointment, it's **your** responsibility to reschedule.

Time to Select Your Classes for 12th Grade!

- Fill out blue course programming sheet
- Enter courses on Aeries



2 steps:

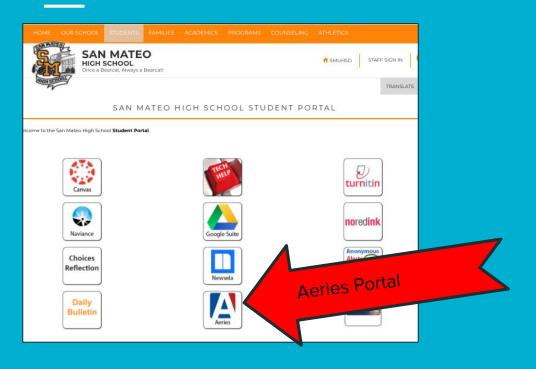
- Submit Course Programming Forms
- Enter classes in Aeries

DUE February 24th



Due February 24th!

Go to Aeries portal



Log Into your Aeries Account

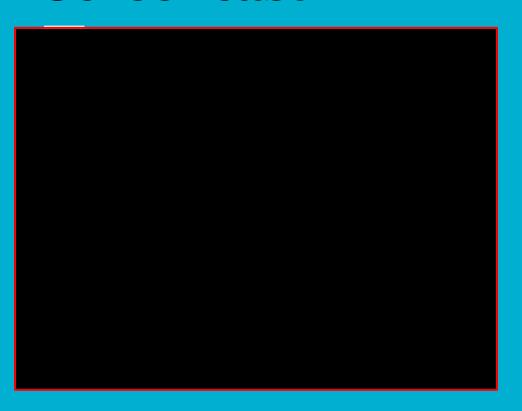


School Email

十

School Password

Screencast



Review this short screencast about how to enter your courses into Aeries. Entries are due February 24th (not March 1st as stated in the video).

Make sure you are in "Standard View"



Due February 24th!

Exit Ticket

Time for a quick review and candy!!

https://bit.ly/3DS5Zkk



Any additional questions? Contact your school counselor

Ms. Gasco

Office: A-109

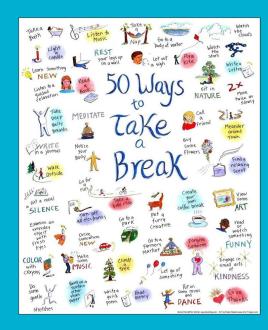
Email: vgasco@smuhsd.org

Other Resources

- Book an appointment with your school counselor
 - https://go.oncehub.com/VeronicaGasco
- Visit the College and Career Center
 - Naviance Login
 - CaliforniaColleges.edu

Final Thoughts...

- 1. Take things a day at a time.
- 2. Be kind to yourself!
- 3. Practice gratitude.
- 4. Create and implement boundaries for school and life BALANCE.
- 5. Visit your SCHOOL COUNSELOR or WELLNESS CENTER for additional support.
- 6. Remember to eat, drink water, sleep well, and exercise.



Thank you and have a great day!