



**SMHS JUNIOR PARENT NIGHT
PREPARING FOR LIFE BEYOND HIGH SCHOOL
JANUARY 29th 2020**

Tonight's Goals

- ▶ Recap college options
- ▶ Learn what you can expect from us
- ▶ Who do you talk to for college, career, academics/grades, and/or mental health?
- ▶ Quick review of Graduation Requirements & Admission Requirements (SMHS vs. A-G)
- ▶ SAT/ACT knowledge
- ▶ Summer programs, opportunities
- ▶ Upcoming events
- ▶ Financial Aid



Name	Title	Assignments
Yvonne Shiu	Principal	
Adam Gelb	Assistant Principal	10th/12th
Mike Holtz	Assistant Principal	9th/ 11th
Patti Frias	Assistant Principal	ELD
Sandra Roman	Counselor	Class of 2020 Seniors
Andrea Booth	Counselor	Class of 2021 Juniors
Jane Zimmerman	Counselor	Class of 2022 Sophomores
Francisco Gil	Counselor	Class of 2023 Freshman
Daniela Galvan	Counselor	ELD (9th - 12th)
Nancy Kane	Career Advisor/Volunteer Opportunities	
Steve Hanson	College & Financial Aid Advisor	
Tammy Maldonado	Counseling Staff Assistant	

Who Does What?

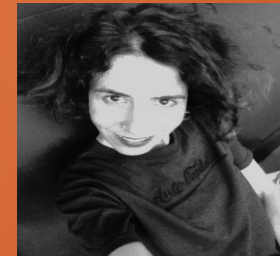
Steve Hanson – College Advisor

Helps students with college planning, applications, financial aid, scholarships, and anything else related to college, SAT/ACT, both four year and community colleges.



Andrea Booth – Junior Counselor

Helps Juniors with issues related to academic courses, counseling services, and reaching graduation requirements. Supports students academically and socio-emotionally throughout high school and preparing for the transition after high school.



Nancy Kane – Career Coordinator

Issues work permits, helps students find jobs, volunteering opportunities, and career/training planning for students not going to college.



Graduation vs College Admissions

San Mateo High School

- ▶ Social Science/History (3.5 yrs.)
- ▶ English (4 yrs.)
- ▶ Mathematics (3 yrs.)
- ▶ Science (2 yrs.)
- ▶ World Language (1 yr.)
- ▶ Visual & Performing Arts (1 yr.)
- ▶ Career Technical Education (1 yr.)
- ▶ Physical Education (2 yrs.)
- ▶ Health (1 semester)
- ▶ Electives (4 years)
- ▶ Total 220 Credits! “D” or better

UC/CSU “A-G”

- ▶ Social Science (2 yrs.)
- ▶ English (4 yrs.)
- ▶ Mathematics (3 yrs. required, 4 recommended)
- ▶ Science (2 yrs. required, 3 recommended)
- ▶ World Language (2 yrs. required, 3 recommended)
- ▶ Visual & Performing Arts (1 yr.)
- ▶ Elective (1 yr.)
- ▶ “C” or better!



Review
personal
information

Review each
semester

Review your
graduation status

Student Name	Grade	Birthdate	Student ID	Counselor	Transcript of Student Progress			
Parent/guardian name, address, telephone				Awarded Golden State Seal Merit Diploma May, 2017		January 17, 2018 San Mateo High School 506 North Delaware Street San Mateo, CA 94401 (650) 558-2399		
Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	
Grade 9 Fall 2013-2014				San Mateo High School				
110	Cont Wld St	B+	5.00 5.00	21004	AVID 4	A	5.00 5.00	
21001	AVID 1	A-	5.00 5.00	321	Geometry 2	C+	5.00 5.00	
211	English 1	B-	5.00 5.00	422	Chemistry 2	B+	5.00 5.00	
300	Algebra 1	B-	5.00 5.00	7562	AP Span Lang 2	B+	5.00 5.00	
401	Biology 1	C	5.00 5.00	804	P E 4	B	5.00 5.00	
801	P E 1	B-	5.00 5.00	Credit Att: 35.00 Cmp: 35.00 TGPA: 3.29				
+ 9561	Spanish 7 H	B+	5.00 5.00	Grade 11 Fall 2015-2016				
Credit Att: 35.00 Cmp: 35.00 TGPA: 3.14				San Mateo High School				
Grade 9 Spring 2013-2014				San Mateo High School				
San Mateo High School				Grade 11 Spring 2015-2016				
21002	AVID 2	A	5.00 5.00	121	US History 1	B+	5.00 5.00	
212	English 2	A-	5.00 5.00	21005	AVID 5	A	5.00 5.00	
21825	Health	A-	5.00 5.00	215	English 5	B	5.00 5.00	
301	Algebra 2	A-	5.00 5.00	313	Algebra 3	A-	5.00 5.00	
402	Biology 2	C	5.00 5.00	431	Biotechnology 1	A	5.00 5.00	
802	P E 2	B+	5.00 5.00	611	Art Multimedia1	A-	5.00 5.00	
+ 9562	Spanish 8 H	B	5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 3.67				
Credit Att: 35.00 Cmp: 35.00 TGPA: 3.57				Grade 12 Fall 2016-2017				
Grade 10 Fall 2014-2015				San Mateo High School				
101	Mod Wild Hist 1	A	5.00 5.00	122	US History 2	A-	5.00 5.00	
13213	English 3 AS	B	5.00 5.00	21006	AVID 6	A+	5.00 5.00	
21003	AVID 3	A-	5.00 5.00	216	English 6	A-	5.00 5.00	
320	Geometry 1	B+	5.00 5.00	314	Algebra 4	A	5.00 5.00	
421	Chemistry 1	B+	5.00 5.00	432	Biotechnology 2	A	5.00 5.00	
7561	AP Span Lang 1	B+	5.00 5.00	612	Art Multimedia2	A-	5.00 5.00	
803	P E 3	A+	5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 4.00				
Credit Att: 35.00 Cmp: 35.00 TGPA: 3.57				Grade 12 Spring 2016-2017				
Grade 10 Spring 2014-2015				San Mateo High School				
San Mateo High School				San Mateo High School				
102	Mod Wild Hist 2	A-	5.00 5.00	1279	Amer Govt	A	5.00 5.00	
13214	English 4 AS	B	5.00 5.00	210079	AVID IV	A	5.00 5.00	
Course Tags: + = Honors (weighted) r = Repeat				210419	Office Aide	P	5.00 5.00	
Weighted Non-Wgtd				2179	English IV	A	5.00 5.00	
Student Data				3409	Pre Calculus	B-	5.00 5.00	
STU.VPC: DBGQCWTB72				+ 71349	AP Psychology	B	5.00 5.00	
Total GPA 3.50 3.38				Credit Att: 30.00 Cmp: 30.00 TGPA: 3.80				
Credit Attempted: 260.00				Grade 12 Spring 2016-2017				
Credit Completed: 260.00				CREDIT SUMMARY				
District Enter: 8/14/2013				Subject Area	Credit Req'd	Compl	Needed	
School Enter: 8/14/2013				English	40.00	40.00	-	
Standard HS Diploma: 6/1/2017				American Governmen	5.00	5.00	-	
State ID# 2086772185				Economics	5.00	5.00	-	
Transcript is unofficial unless signed				U.S. History	10.00	10.00	-	
WASC Accredited School				Cont/Mod World Hist	15.00	15.00	-	
Signature: _____				Physical Science	10.00	10.00	-	
Date: _____				Biological Science	10.00	10.00	-	
				Health Education	5.00	5.00	-	
				Mathematics	30.00	30.00	-	
				Physical Education	20.00	20.00	-	
				Visual & Perf Arts	10.00	10.00	-	
				World Languages	10.00	10.00	-	
				CTE	10.00	10.00	-	
				Electives	40.00	80.00	-	
				* TOTALS *	220.00	260.00	-	

State ID# 2086772185

Transcript is unofficial unless signed
WASC Accredited School

Signature: _____

Date: _____

Post High School Options

3 main California College Systems

- ▶ University of California (UC) - 10 locations
- ▶ California State University (CSU) - 23 locations
- ▶ California Community College (CCC)-Largest in Nation over 112 locations

Alternate Options

- ▶ Armed Forces
- ▶ Apprenticeship Training
- ▶ Occupational Training- Cosmetology, Fire Science
- ▶ Certificate Programs -Enter work force as soon as 6 months after High School



UC Schools – Important Info

- ▶ Apply at :
www.universityofcalifornia.edu/apply
- ▶ Filing Period: November 1 – 30
- ▶ SAT with essay, or ACT with essay
- ▶ \$70 fee per campus
- ▶ 4 personal insight questions, 350 words per response
- ▶ Need a 3.0+ GPA
- ▶ Student must meet A-G requirements with at least a C in an A-G course



Not Required at Application Time

Letters of Recommendation (UC campuses are allowed to ask for letters after the fact, but it is a minimal amount of students they can ask.)

CSU Schools – Important Info

- ▶ Apply at :
<https://www2.calstate.edu/apply>
- ▶ Filing period: October 1-November 30
- ▶ SAT or ACT
- ▶ \$70 per application
- ▶ Student must meet A-G requirements with at least a C in an A-G course

Not Required:

- ▶ Letters of Recommendation (EOP program will require additional letters)
- ▶ Extracurricular Activities
- ▶ No essay required



Entrance Requirements:

- ▶ 18 years of age or High School Graduate
- ▶ No SAT/ACT required
- ▶ Students must take placement tests or be exempted
- ▶ Study Abroad options
- ▶ Occupational/Certificate Programs

Students Should Plan to Attend:

- ▶ Spring semester presentation and application workshop
- ▶ Sign up for Priority Enrollment Program (PEP)



Out of State & Private/Independent Schools

▶ Early Action (EA)

Students apply early and receive a decision well in advance of the institution's regular response date.

▶ Early Decision (ED)

Students make a commitment to a first-choice institution where, if admitted, they are expected to enroll. The application deadline and decision deadline occur early-decision is **BINDING**

▶ Regular Decision

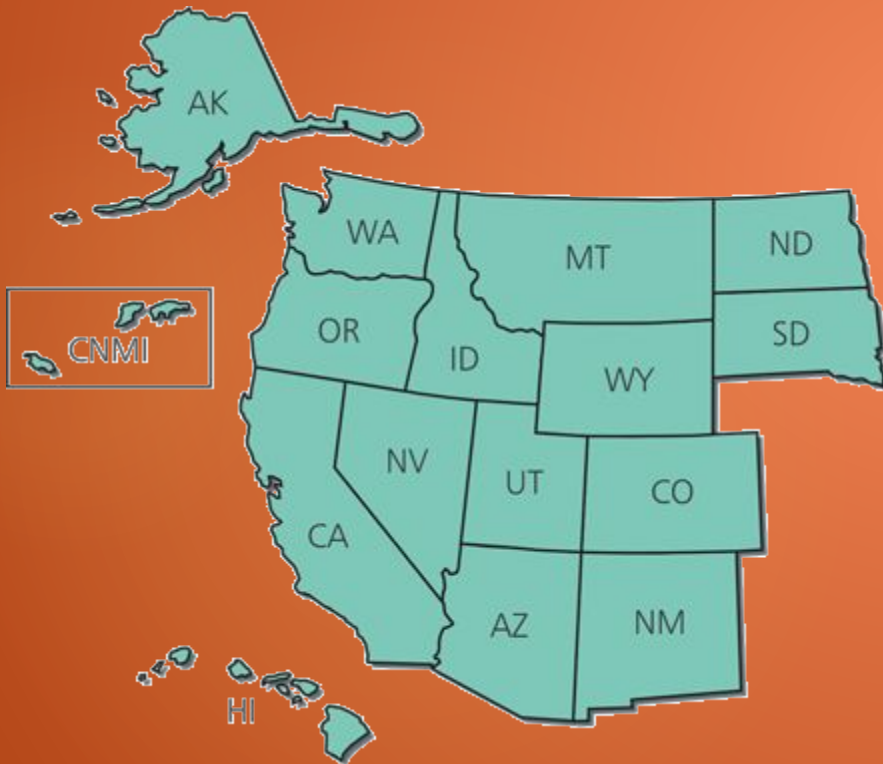
Students submit an application by a specified date and receive a decision in a clearly stated period of time-typically found directly on the college website

▶ Rolling Admissions

Institutions review applications as they are submitted and render admission decisions throughout the admission cycle.

WUE – Western Undergraduate Exchange

- Provides an opportunity to attend certain colleges in fellow western states and territories at a fraction of the out of state costs
- Certain GPA and test score requirements may exist to be WUE eligible
- Full list of participating schools available in the Career Center



North Dakota

Washington

South Dakota

Oregon

Montana

Nevada

Wyoming

California

Colorado

Alaska

New Mexico

Hawaii

Arizona

Northern

Utah

Mariana

Islands

Idaho

Comparison of College Application Requirements*

	Online Application	ACT or SAT scores	Personal Statements	Letters of Rec	Official Transcript
Community Colleges	X				
CSU's	X	X			
UC's	X	X	X		
Private Colleges	X	X	X	X	X

* Requirements vary for out-of-state public colleges.

Letter of Recommendation Packet

- ▶ ALL students applying to Independent/Private/Out of State institutions will be required to attend a Common App – Naviance matching workshop or meet with Mr. Hanson if they are not free during a workshop
- ▶ After the workshop or meeting students will complete the Senior Survey and schedule a one on one meeting with Ms. Booth for a counselor letter of rec.
- ▶ Deadlines for requesting a letter of rec.
 - ▶ Sep. 25th for students applying with a deadline before Nov. 27th
 - ▶ Nov. 13th for applications due Nov. 27th or later

How Will SMHS Help Seniors?

- ▶ Financial Aid help (classroom presentations and application assistance in the Career Center)
- ▶ College Applications (Some workshops and Career Center help as needed)
- ▶ Naviance guidance to craft a college list
- ▶ Arranging college visits to SMHS to connect students to admissions officers
- ▶ Sending in student requested documents (i.e. transcripts & letters of rec.)
- ▶ Communicate Career center & college events/ deadlines to parents through Facebook, Canvas, & school website



Barbara Snider
College & Career
Center at San
Mateo High School
@sanmateohsccc

Home

About

Photos

Events

Posts

Community

Create a Page



Like Following Share ...

Send Message

Status Photo/Video



Write something on this Page...

Photos



Education

What's New

New events were created: Grand Canyon University Visit and Jr. Parent Night.

Community

See All

Invite your friends to like this Page

139 people like this

141 people follow this

Kyle Gil Tan and 2 other friends like this

About

See All

506 N. Delaware St.
San Mateo 94401

(650) 558-2318

Send Message

www.sanmateohigh.org/college-and-career-cent

Standardized Testing



- ▶ Prepare for the SAT or ACT
 - ▶ Both tests are fundamentally different than school tests
 - ▶ Very coachable exams

- ▶ Evaluate your need for SAT Subject Tests
 - ▶ 1 hour multiple-choice tests on specific subject areas
 - ▶ Like final exams
 - ▶ Not required by many schools, though a good score can help with highly selective schools
 - ▶ No longer needed for UCs, though some campuses will require it for a specific major
 - ▶ Math Level 2 ONLY accepted
 - ▶ Can take 3 tests at one sitting
 - ▶ If taking AP Test consider taking Subject test in the same discipline

Free & Low Cost Ways to Prepare

- ▶ Khan Academy (SAT)
- ▶ GATE Program will offer SAT/ACT Prep workshops throughout the year (scholarships available)
- ▶ Free prep books – Career Center and Local Library
- ▶ Larger source of materials at low cost via Amazon, Barnes & Noble, and others
 - ▶ Make sure that you're buying a book for the right SAT or ACT. A \$2 prep book is not a good deal if it's the old test



What is Financial Aid?

FREE Application for Student Aid

FAFSA – Federally funded to help U.S. citizens, green card holders, and some visa holders

CA Dream Act – State funded to help undocumented students.

If you're not sure which application is right for you, we can help you figure it out. No matter your circumstances, there is money for you to go to college!



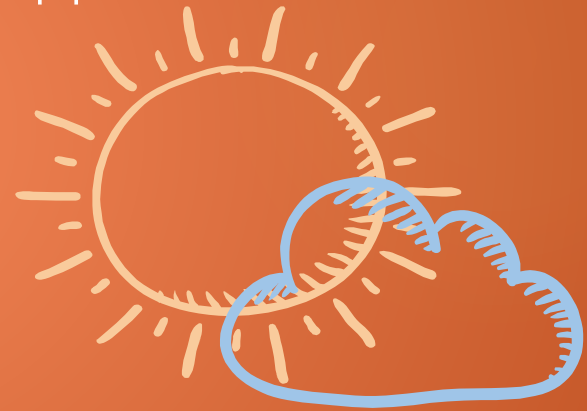
Scholarships at SMHS



- ▶ Scholarships become more available to students in the late fall; after application deadlines!
- ▶ Scholarship lists are updated in the Career Center on **most** Fridays.
- ▶ Students may pick up the most current scholarship list in the Career Center, along with paper applications when available.
- ▶ Remember the more students work on the more they can earn! Start working on scholarships early and remember that not all scholarships are need based. There are many for merit and volunteerism.
- ▶ Beware of scams. Never pay or provide information on your personal accounts to apply for a scholarship.

Summer Programs

- ▶ Find a summer program that allows you to enrich yourself in something that you genuinely enjoy and/or are curious about. Summer volunteer opportunities are also valuable and can add to a college application.



Mid 11th through 12th Grade Events with TBD Date

- ▶ Mini College Fair
- ▶ Common App Essay Workshop
- ▶ Junior class visits to discuss college & career planning
- ▶ Classroom financial aid presentations
- ▶ Financial Aid Informational Night
- ▶ Financial Aid application workshops
- ▶ UC/CSU application workshops
- ▶ Senior Experience Event
- ▶ Senior Night
- ▶ Transition to College Event



Final Thoughts

- Senior year **does** count- Avoid “Senoritis”,
- Maintain communication- check email regularly (including Canvas, Naviance, and personal), listen to announcements,
- All acceptances provisional dependent upon final semester grades and discipline. Colleges can rescind acceptance letters once final transcripts are sent out!
- In addition to e-mail, login to the college website portals after applying as some schools will communicate with you through their system.
 - Course Preview Day - Jan. 31st
 - ▶ Students are able to “shop” for next year’s classes
 - ▶ Programming - Week of Feb. 10th
 - ▶ Counselors visit classrooms
 - ▶ Don’t neglect your mental health and well being

