

## The process for Middle School Selective Classification JV/V sports can be very confusing Hope This Helps!

For JV/V:

1. The sign ups for Selection Classification (JV/V) took place in gym class.
  2. After signs up, a list of students interested in playing up is sent to the athletic office.
  3. The Athletic office will mail or you can download the Selective Classification forms from the athletic website. The packet should be completed by the parents/guardians and the student. (Most of the paperwork needs to be returned to the Athletic Office except for the Sports Clearance Form) The Sports Clearance Form is not the same as the Health Appraisal (physical exam form).
  4. Next the student will need a Tanner test - PLEASE REFER TO THE NURSES HOME PAGE FOR LOCATION AND TIMES OF TEST  
The Tanner test is done by our school Physician in my office. (If a previous Tanner has been done by our school physician and the required score is met, it does not need to be done again.)
  5. The physical exam or Health Appraisal must be done within 1 year of the start of the month of the sports season.
  6. A list of Tanner scores will be sent to the Athletic Director by the Nurse.
  7. If everything is in order and the Tanner score is passing the student will need to take/ pass the Physical Fitness Test. The physical Fitness test is conducted by the Athletic Department. PLEASE REFER TO THE ATHLETIC HOME PAGE FOR LOCATION AND TIME OF TEST
  8. If the student passes everything the Athletic Office will let me know and his/her name WILL APPEAR ON THE PASS PROTECTED CLEARED WEB LIST for the coach.
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1. The sign ups for Selection Classification (JV/V- Golf) took place in gym class.
  2. After sign ups, a list of students interested in playing up (JV/V- Golf) is sent to the athletic office.
  3. The Athletic office will mail or parents can download the Selective Classification forms from the athletic website. The packet should be completed by the parents/guardians and the student. (Most of this paperwork needs to be returned to the Athletic Office except for the Sports Clearance Form) The Sports Clearance Form is not the same as the Health Appraisal (physical exam form).
  4. The Athletic office will send a list to the Nurse of students that have signed up for a JV/V Sport so we can form the list of students needing a Tanner test.
  5. Next the student will need a Tanner test - The Tanner test must be done by our school Physician. It is done in the School Nurses office (If a previous Tanner has been done by our school physician and the required score is met, it does not need to be done again.) A private physicians documentation of Tanner is not acceptable.
  6. The physical exam or Health Appraisal must be done within 1 year of the start of the month of the sports season.
  7. A list of Tanner scores will be sent to the Athletic Director by the Nurse.
  8. If everything is in order (all paperwork complete) and the Tanner score is passing the student will need to take/ pass the Physical Fitness Test. The physical Fitness test is conducted by the Athletic Department. This is not needed for golf. PLEASE REFER TO THE ATHLETIC HOME PAGE FOR LOCATION AND TIME OF TEST
  9. If the student passes everything the Athletic Office will let me know and his/her name WILL APPEAR ON THE PASS PROTECTED CLEARED WEB LIST for the coach.