

REPORTING OPTIONS

Have you experienced or seen an instance of bullying?

1. Contact the Dignity Act Coordinator at your school

Allen Creek Elementary

Mike Biondi, Principal.....267-1201

Jefferson Road Elementary

Stephanie Barg, Principal.....267-1301

Mendon Center Elementary

Richard Albano, Assistant Principal...267-1404

Park Road Elementary

Lindsay Ali, Principal..... 267-1501

Thornell Road Elementary

Edward Foote, Principal.....267-1701

Barker Road Middle School

Richard Vigdor, Assistant Principal....267-1804

Calkins Road Middle School

Michael Falzoi, Assistant Principal267-1903

Mendon High School

Andrea Lynch, Assistant Principal...267-1604

Sutherland High School

Linda Dickey, Assistant Principal.....267-1103

2. Fill out the Dignity for All Students Reporting Form

- Go to the District website at www.pittsfordschools.org
- Use the *Departments* tab to locate the *Student Services* page.
- On the left-side navigation, click on *Code of Conduct* and then *Dignity for All Students Act*.
- Please fill out the form for the appropriate school or call your school's Dignity Act Coordinator for assistance.

Helpful Resources

Parents:

Queen Bees and Wannabes and
Masterminds and Wingmen
By Rosalind Wiseman

*The Bully, the Bullied, and the Bystander: From
Preschool to High School – How Parents and
Teachers can Help Break the Cycle*
By Barbara Coloroso

Young Readers:

Bully
By Patricia Polacco

Nobody Knew What to Do: A Story about Bullying
By Becky Ray McCain

Say Something
By Peggy Moss

Pre-Teen and Teen Readers:

*Girls against Girls: Why we are Mean to Each
Other and How we can Change*
By Bonnie Burton

Everybody Sees the Ants
By A.S. King

For more details about the Dignity Act, please go to
our website at www.pittsfordschools.org. Information
is available on the *Student Services* page.

District Dignity Act Coordinator

Shana Cutaia, Director of Student Services
585-267-1025
shana_cutaia@pittsford.monroe.edu

BE AN ALLY.

Take Action. **STOP BULLYING.**

Pittsford Schools

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*“Knowing what’s
right doesn’t
mean much
unless you do
what’s right.”*

– Theodore Roosevelt

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Harassment and Bullying

The Dignity Act defines harassment as the creation of a hostile environment by conduct or by verbal threats, intimidation or abuse that has or would have the effect of unreasonably and substantially interfering with a student's educational performance, opportunities or benefits, or mental, emotional or physical well-being; or conduct, verbal threats, intimidation or abuse that reasonably causes or would reasonably be expected to cause a student to fear for his or her physical safety.

Bullying, which is a form of harassment, is defined as "a variety of negative acts carried out repeatedly over time." It is unwanted, aggressive behavior that involves a real or perceived power imbalance.

Three forms of bullying:

1. **Physical** (including, but not limited to, hitting, kicking, spitting, pushing, taking personal belongings)
2. **Verbal** (including, but not limited to, taunting, malicious teasing, name calling, making threats)
3. **Psychological** (including, but not limited to, non-verbal actions, i.e. giving dirty looks or aggressive stares; spreading rumors, manipulating social relationships; or engaging in social exclusion, extortion or intimidation)

Normal Peer Conflict vs. Bullying

Normal Peer Conflict	Bullying
Equal power or friends	Imbalance of power; not friends
Happens occasionally	Repeated negative actions
Accidental	Purposeful
Generally not serious	Serious with threats of emotional or physical harm
Equal emotional reaction	Strong emotional reaction from victim and little or no emotional reaction from the bully
Not seeking power or attention	Seeking control, material things or power
Generally not trying to obtain something	Attempting to gain material things or power
Remorse – will take responsibility	No remorse – may blame victim

Cyberbullying

Cyberbullying includes, but is not limited to, the following misuses of technology: harassing, teasing, intimidating, threatening, or terrorizing another student or staff member by way of any technological tool, such as sending or posting inappropriate or derogatory email messages, instant messages, text or pager messages, digital pictures or images or website postings (including chat rooms or blogs).

Cyberbullying has the effect of

- a) Placing a student in reasonable fear of physical, emotional or mental harm
- b) Placing a student in reasonable fear of damage to or loss of personal property
- c) Creating an intimidating or hostile environment that substantially interferes with a student's educational opportunities

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