

Snack Sign-Off List for Students with Food Allergies

Dear Parents,

During the course of the school year students participate in activities that involve edible treats. The list below includes some of the most often used food items students might receive in school. For the safety of **students with food allergies**, we have provided this list for your convenience. Please indicate which foods your child **may receive** by placing a check mark next items which you will allow your child to consume.

This approval list would be in place for the entire school year, unless we are notified in writing of any changes. A copy will be shared with the Health Office. Please call the MCE Health Office at 267-1440 with any questions/concerns.

Cereals

- Cheerios
- Grape-Nuts
- Frosted Mini Wheats
- Raisin Bran
- Frosted Mini Wheats

Popcorn

- Microwave Light (list brands which are ok)
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Crackers

- Animal Crackers/cookies (all brands)
- Cheezit
- Graham Crackers (all brands)
- Saltine crackers (all brands)
- Teddy Grahams (all varieties)
- Triscuit (Original)
- Wheat Thins (Original)

Fruits

- Apples
- Bananas
- Cantaloupe
- Grapes (Red, Green, Purple)
- Honeydew Melon
- Strawberries
- Watermelon

Dried Fruits

- Apricots
- Bananas
- Papaya
- Pineapple
- Raisins

Bakery (these items may be produced in a facility where contact with nuts is possible)

- Wegman's cookie cake
- Wegman's chocolate chip cookies
- Wegman's sugar cookies with frosting
- Wegman's cupcakes (vanilla, chocolate or marble)
- Top's cookie cake
- Top's chocolate chip cookies
- Top's sugar cookies with frosting
- Top's cupcakes (vanilla, chocolate or marble)

Drinks

- Capri Sun (all varieties)
- Hawaiian Punch
- Hi C all varieties
- Juicy Juice (all varieties)

Frozen Treats

- Popsicles/Fruit Juice Bars (all varieties)

Vegetables

- Broccoli
- Carrots
- Cucumber
- Peppers (Red, Green, Yellow)
- Pineapple
- Soy (Edamame)
- Tomatoes (Including Grape and Cherry tomatoes)

Pizza

- Pontillo's cheese pizza
- Pontillo's pepperoni pizza

Student's Name _____ Grade _____ Teacher _____
Parent Signature _____ Date _____