

VOLUNTEER.... TO HELP YOURSELF AND OTHERS

Volunteering has many benefits. It is a great way to learn about yourself; your likes and dislikes, and careers that you may enjoy. It also gives you the opportunity to help and give back to the community. The main areas colleges look at for their best applicants, reveals Jill F. ConGruben, author of *College Countdown* (McGraw Hill, 2000), are work, volunteer, and summer experiences; school, athletic and community service activities; and awards. You may also end up with a paying job! Here is a list of local volunteer opportunities to help get you started...

****PLEASE KEEP IN MIND THAT VOLUNTEER OPPORTUNITIES CAN & MAY HAVE CHANGED PER NYS / ERIE COUNTY CURRENT AND/OR POST-COVID REGULATIONS. IT IS BEST TO CALL THE ORGANIZATION DIRECTLY TO FIND OUT WHAT VOLUNTEER OPPORTUNITIES ARE AVAILABLE***

ORGANIZATIONS REQUESTING OFFICE ASSISTANCE/LIBRARIES

Buffalo Philharmonic Orchestra Phone: 242-7869	499 Franklin St., Buffalo Website: https://bpo.org	email: arabin@bpo.org
Elma Public Library Phone: 652-2719	1860 Bowen Road, Elma Website: www.buffalolib.org	Contact: Kate Puehn
Heart and Hands of WNY Phone: 406-8311	2710 N. Forest Rd. Suite 205, Getzville Website: http://www.hnhcares.org/volunteer	Contact: Angelina Anzalone email: anzalone@heartsandhandsfia.org
March of Dimes	Website: https://www.marchofdimes.org	
National MS Society	Website: http://www.nationalmssociety.org	

HEALTHCARE FACILITIES/HOSPITALS/NURSING HOMES

****It is best to call the facility first as covid and/or post-covid regulations/restrictions may be in place****

Mercy Hospital of South Buffalo Phone: 828-2098	565 Abbott Road, South Buffalo *(greeters in lobby) Website: chsbuffalo.org/mercy-hospital-buffalo.org email: lcarey@chsbuffalo.org
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ORGANIZATIONS WORKING WITH CHILDREN AND PHYSICALLY DISABLED INDIVIDUALS

Camp Good Days & Special Times, Inc. Phone: 1-800-785-2135	6430 Transit Rd., Suite 200, Depew Website: http://www.campgooddays.org/volunteer
Erie County Special Olympics Phone: 580-3346	2821 Wehrle Drive, Suite 7, Williamsville Contact: Jess Website: http://specialolympics-ny.org/western/contact-page
Gliding Stars of WNY Phone: 608-8345	1307 Military Road, Buffalo Website: http://glidingstars.org/wny.html
Make-A-Wish of WNY Phone 810-9474	100 Sylvan Parkway, Suite 101, Amherst Website: http://wny.wish.org/ways-to-help
SABAH, Inc. (Skating Athletes Bold at Heart) Phone: 362-9600	2607 Niagara Street, Buffalo Website: www.sabahinc.org/volunteer
EMW Boys & Girls Club of Elma Phone: 652-9292	2080 Girdle Rd., Elma Website: http://www.bgcemw.org
Boys & Girls Club of East Aurora Phone: 652-4180	24 Paine Street, East Aurora Website: http://www.bgcea.org
Explore & More, Children's Museum Phone: 655-5131	130 Main Street, Buffalo Website: http://www.exploreandmore.org
Moving Miracles (Dance Program) Phone: 656-1321	954 Union Road, Suite 1, West Seneca Website: http://www.movingmiracles.org
Under the Apple Tree Day Care Phone: 652-0776	Faith Lutheran Church, 1230 Bowen Road, Elma Website: http://www.appletreefaith.com

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ORGANIZATIONS WORKING WITH CHILDREN AND PHYSICALLY DISABLED INDIVIDUALS Cont.

United Way of Buffalo & Erie County	742 Delaware Avenue, Buffalo
Phone: 887-2626	Website: https://www.uwbec.org/volunteer
YWCA of WNY Children & Youth Services	1005 Grant Street, Buffalo
Phone: 852-6120 ext. 107	Website: https://ywca-wny.org
YMCA – Southtowns	1620 Southwestern Boulevard, West Seneca
Phone: 674-9622	Website: http://www.ymcabuffaloniagara.org/support-the-y/volunteer/

FOOD DISTRIBUTION/SOUP KITCHENS

Meals on Wheels for WNY	12482 Broadway, Alden
Phone: 937-7105	Website: https://www.mealsonwheelsamerica.org/
FISH of East Aurora	960 Main Street, East Aurora
Phone: 652-7272	Website: http://www.facebook.com/fishofeastaurora/
Buffalo City Mission	100 East Tupper Street, Buffalo *(ages 16-17 @ thrift shop; 17+ requires parent consent to be onsite)
Phone: 854-8181	Website: http://www.buffalocitymission.org/volunteer-positions/
Society of St. Vincent de Paul	1298 Main Street, Buffalo
Phone: 882-3360	Website: http://svdpwny.org/
St. Luke’s Mission of Mercy	325 Walden Avenue, Buffalo *(Saturdays only; bagged lunch handout on site)
Phone: 894-4476	Website: https://www.stlukesmissionofmercy.org/

ANIMALS, NATURE, AND OUTDOOR ACTIVITIES

Buffalo Animal Shelter	380 Oak Street, Buffalo *(under 21 yrs. old can only do fundraisers at this time)
Phone: 851-5694	Website: http://members.petfinder.com/~NY341/general.html
Buffalo Zoo	300 Parkside Avenue, Buffalo
Phone: 837-3900	Website: http://www.buffalozoo.org
Habitat for Humanity	1675 South Park Avenue, Buffalo
Phone: 204-0740	Website: https://www.habitatbuffalo.org
Hull House	5976 Genesee Street, Lancaster
Phone: 681-6451	Website: https://www.hullfamilyhome.com/
Pet Connection	12935 Williston Road, Marilla *(must be 18+)
Phone: 652-0192	Website: http://www.petconnectionprogramsinc.com
SPCA	300 Harlem Road, West Seneca *(Wed/Thurs 3:30-5:30pm/laundry & donation sorting)
Phone: 875-7360	Website: http://yoursPCA.org/
US Fish and Wildlife Service	405 North French Road, Suite 120B, Amherst
Phone: 691-3635	Website: http://www.fws.gov

SEARCH ENGINES

Volunteer in Buffalo	Website: http://www.volunteermatch.org
Volunteer Western New York	Website: http://www.volunteerwny.org

Students are encouraged to check their Teams messages often, as current volunteer opportunities in the community will be pushed out via Teams to each grade level group.