

# JS Morton High School Menu May 2024 Breakfast & Lunch

MONDAY MAY 6,13,20 NO SCHOOL 5/27	TUESDAY MAY 7,14,21,28	WEDNESDAY MAY 1,8,15,22	THURSDAY MAY 2,9,16,23	FRIDAY MAY 3,10,17,24
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**Breakfast includes: servings of grain/protein, fruit and milk**

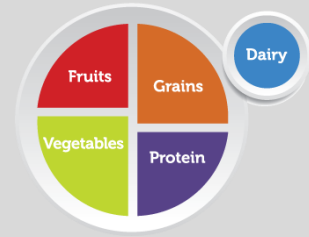
<p><b>Hot Breakfast</b> Morton Breakfast Griddle <i>Grab n Go</i> General Mills Cereal Bar  *Fruit Selection Berry Smoothie Milk Carton</p>	<p><b>Hot Breakfast</b> Big Breakfast Burrito  <i>Grab n Go</i> Kellogg's Strawberry Pop Tart  *Fruit Selection Banana Smoothie Milk Carton</p>	<p><b>Hot Breakfast</b> Biscuit &amp; Pork Sausage  <i>Grab n Go</i> Kellogg's Cereal Bowl Pack  *Fruit Selection Berry Smoothie Milk Carton</p>	<p><b>Hot Breakfast</b> Chilaquiles  <i>Grab n Go</i> Breakfast Muffin And String Cheese  *Fruit Selection Banana Smoothie Milk Carton</p>	<p><b>Hot Breakfast</b> Breakfast Pizza  <i>Grab n Go</i> General Mills Strawberry Yogurt Chex Mix *Fruit Selection Berry Smoothie Milk Carton</p>
<p>GRILL <b>Chicken Drumstick Meal</b></p> <p>DELI <b>Turkey Sub Buffalo Chicken Wrap</b></p> <p>FIESTA <b>Beef Taco</b></p> <p>PIZZA <b>Sausage Pizza</b></p>	<p>GRILL <b>General Tso w/ Fried Rice</b></p> <p>DELI <b>Ham Sub Chicken Teriyaki Wrap</b></p> <p>FIESTA <b>Red Chicken or Pork Pozole</b></p> <p>PIZZA <b>Margherita Pizza</b></p>	<p>GRILL <b>Hot Dog on a Bun w/ Waffle Fries</b></p> <p>DELI <b>Turkey Sub Buffalo Chicken Wrap</b></p> <p>FIESTA <b>Pork Carnitas</b></p> <p>PIZZA <b>Red Pepper Chicken Pizza</b></p>	<p>GRILL <b>Spicy Chicken Patty on a Bun</b></p> <p>DELI <b>Ham Sub Chicken Teriyaki Wrap</b></p> <p>FIESTA <b>Nacho's Beef &amp; Cheese or Walking Taco</b></p> <p>PIZZA <b>Pepperoni Pizza</b></p>	<p>GRILL <b>Chicken Parmesan Sandwich</b></p> <p>DELI <b>Turkey Sub Buffalo Chicken Wrap</b></p> <p>FIESTA <b>Chicken Alfredo Pasta</b></p> <p>PIZZA <b>Cheese Pizza</b></p>

**Meatless Entrees Available Daily- Hummus & Chips or BBQ Baked Beans, PBJ, Entrée Salad**

**Lunch Sides Pick a Cup of Vegetables and a Cup of Fruits**

Baby Carrots Sweet Potatoes Apple Sauce Pineapple	Corn Salad Baby Carrots Fresh Fruit Selection Peaches	Broccoli Ranch Dip Baby Carrots Fruit Cup Fruit Juice	Bean Salad Baby Carrots Fresh Fruit Selection Mango	Cucumber Baby Carrots Oranges Fruit or Veggie Juice
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Meals follow the USDA guidelines for the National School Lunch Program

**\*Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2 ounce protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast And each lunch meal

**Milk Selection**  
1% white

Fat-Free Chocolate

*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

Menu Substitutions May Occur Due to Supply Chain Disruptions

Offer vs Served: Must Include at least a ½ cup Fruit or Vegetable Serving with Meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.