

MAY 2024

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday



Mac and Cheese 6
 Sweet Peas
 Garlic Toast
 Fresh Fruit & Salad Bar

Traditional Grilled Cheese or Or Pesto Tomato Grilled Cheese 13
 Tomato Soup
 Grilled Asparagus

Walking Tacos 20
 Beef or Bean
 Corn
 Cheddar Cheese
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar



27

Tuesday



Crispy Chicken Sandwich On a Bun 7
 Potato Wedges
 Fresh Fruit & Salad Bar

100% Beef Burger Or Veggie Burger 14
 Roasted Zucchini
 Fresh Fruit & Salad Bar

BMU Bowls 21
 Crispy Chicken
 Mashed Potato, Corn, Gravy
 Fresh Fruit & Salad Bar

Pulled Pork Sandwich On a Bun 28
 Baked Beans
 Potato Wedges
 Fresh Fruit & Salad Bar

Wednesday

HALF DAY 1
 Fresh Pizza
 Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 8
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 15
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 22
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 29
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Thursday

Popcorn Chicken 2
 Biscuits
 Coleslaw
 Roasted Potato Wedges
 Fresh Fruit & Salad Bar

Brunch for Lunch 9
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Generals Chicken Or Tofu w/ Broccoli 16
 Fried Rice
 Spring Rolls
 Fresh Fruit & Salad Bar

Meatball Sub w/ Marinara & Cheese 23
 Roasted Carrots
 Fresh Fruit & Salad Bar

Brunch for Lunch 30
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Friday

Chicken Broccoli Alfredo Or Broccoli Alfredo 3
 Garlic Bread
 Fresh Fruit & Salad Bar

Ultimate Nachos 10
 Beef or Bean
 Corn
 Cheddar Cheese Sauce
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar

Spaghetti with Meat sauce Or Marinara 17
 Green Beans
 Fresh Fruit & Salad Bar

Crispy Chicken Sandwich On a Bun 24
 Potato Wedges
 Fresh Fruit & Salad Bar

Beef or Cheese Lasagna Rollup 31
 Marinara Sauce
 Green Beans
 Garlic Bread
 Fresh Fruit & Salad Bar

Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12

Peanut Butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.