

May 2024 Breakfast Menu

Cafeteria and Grab & Go Cart - Jane Addams & Will Rogers

MON		TUES		WED		THURS		FRI	
29		30		5/1		5/2		5/3	
Double Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk		Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk		Ham & Cheese Croissant & Strawberries Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk		Banana Chocolate Chunk BeneFit Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk		Pancake Squares (v) + Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk	
6		7		8		9		10	
Cinni Minis (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk		Variety Bagels with Cream Cheese (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk		Waffle with Strawberries & Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk		Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk		Honeywheat Breakfast Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk	
13		14		15		16		17	
Double Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk		Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk		Ham & Cheese Croissant & Strawberries Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk		Banana Chocolate Chunk BeneFit Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk		Pancake Bread (v) + Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk	
20		21		22		23		24	
Cinni Minis (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk		Variety Bagels with Cream Cheese (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk		Waffle with Strawberries & Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk		Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk		Honeywheat Breakfast Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk	
27		28		29		30		31	
Memorial Day *School not in session.*		Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk		Ham & Cheese Croissant & Strawberries Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk		Banana Chocolate Chunk BeneFit Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk		Pancake Bread (v) + Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk	

(v)= Vegetarian
(p) = Contains Pork

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May 2024 Lunch Menu

Cafeteria - Jane Addams & Will Rogers

LR: Start 2 week cycle menu for MS in December. Sample below.

MON		TUES		WED		THURS		FRI	
						Minimum Day			
29		30		5/1		5/2		5/3	
Happy Burger or Happy Cheeseburger (Grass Fed Beef)	Fresh & Tasty Breaded Chicken and Cornbread	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie	Planet Pasta (v)	Yummy Pepperoni Pizza (p)					
Super Orange Chicken w/ Broccoli Grilled Cheese S sammie (v)	Mozzarella Pull Aparts with Marinara (v)	Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie	Chicken Delights (Regular or Spicy)	Yummy Cheese Pizza (v)					
Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Jalapeño, Baby Carrots w/ Ranch	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit	Chili with Tortilla Chips					
Shredded Lettuce & Cheese (v)	Cool Cucumber, Jalapeño	Jicama w/ Tajin, Chili Lime Chickpeas	Baby Carrots with Ranch	Fruity Frozen Cups & Seasonal Fresh Fruit					
8 oz NF or 1% White Milk or NF Chocolate	Homestyle Ranch Salad	Shredded Lettuce & Cheese (v)	Shredded Lettuce & Cheese	Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate					
6		7		8		9		10	
Happy Burger or Happy Cheeseburger (Grass Fed Beef)	Fresh & Tasty Breaded Chicken and Waffles	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie	Chicken Alfredo Pasta	Yummy Pepperoni Pizza (p)					
Super Orange Chicken w/ Broccoli Grilled Cheese S sammie (v)	Mozzarella Pull Aparts with Marinara (v)	Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie	Chicken Delights (Regular or Spicy)	Yummy Cheese Pizza (v)					
Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Jalapeño, Baby Carrots w/ Ranch	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	The Best Burrito (v)	Chili with Tortilla Chips					
Shredded Lettuce & Cheese (v)	Cool Cucumber, Jalapeño	Jicama w/ Tajin, Chili Lime Chickpeas	Seasonal Fresh Fruit	Mixed Fruit & Seasonal Fresh Fruit					
8 oz NF or 1% White Milk or NF Chocolate	Garden Fresh Tossed Salad (v)	Garden Fresh Tossed Salad (v)	Baby Carrots with Ranch	Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	Shredded Lettuce & Cheese	8 oz NF or 1% White Milk or NF Chocolate					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate					
13		14		15		16		17	
Happy Burger or Happy Cheeseburger (Grass Fed Beef)	Fresh & Tasty Breaded Chicken and Cornbread	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie	Planet Pasta (v)	Yummy Pepperoni Pizza (p)					
Super Orange Chicken w/ Broccoli Grilled Cheese S sammie (v)	Mozzarella Pull Aparts with Marinara (v)	Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie	Chicken Delights (Regular or Spicy)	Yummy Cheese Pizza (v)					
Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Jalapeño, Baby Carrots w/ Ranch	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit	Chili with Tortilla Chips					
Shredded Lettuce & Cheese (v)	Cool Cucumber, Jalapeño	Jicama w/ Tajin, Chili Lime Chickpeas	Baby Carrots with Ranch	Fruity Frozen Cups & Seasonal Fresh Fruit					
8 oz NF or 1% White Milk or NF Chocolate	Homestyle Ranch Salad	HOTM: Avocado Salad	Shredded Lettuce & Cheese	Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate					

8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk or NF Chocolate	
20		21		22		23		24	
Happy Burger or Happy Cheeseburger (Grass Fed Beef)	Fresh & Tasty Breaded Chicken and Waffles	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie	Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie	Chicken Alfredo Pasta				Yummy Pepperoni Pizza (p)	
Super Orange Chicken w/ Broccoli Grilled Cheese Sammie (v)	Mozzarella Pull Aparts with Marinara (v)	Awesome Oranges or Seasonal Fruit	Jicama w/ Tajin, Chili Lime Chickpeas	Chicken Delights (Regular or Spicy)	The Best Burrito (v)	Seasonal Fresh Fruit	Baby Carrots with Ranch	Yummy Cheese Pizza (v)	Chili with Tortilla Chips
Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Jalapeño, Baby Carrots w/ Ranch	Seasonal Fresh Fruit: Two Options Cool Cucumber, Jalapeño	Garden Fresh Tossed Salad (v)	Garden Fresh Tossed Salad (v)	Shredded Lettuce & Cheese				Mixed Fruit & Seasonal Fresh Fruit	Baby Carrots w/ Ranch, Jalapeño
Shredded Lettuce & Cheese (v)	Garden Fresh Tossed Salad (v)	Garden Fresh Tossed Salad (v)	Garden Fresh Tossed Salad (v)	Shredded Lettuce & Cheese				Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese	
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate
27		28		29		30		31	
Memorial Day *School not in session.*	Fresh & Tasty Breaded Chicken and Cornbread	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie	Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie	Planet Pasta (v)				Yummy Pepperoni Pizza (p)	
	Mozzarella Pull Aparts with Marinara (v)	Seasonal Fresh Fruit: Two Options Cool Cucumber, Jalapeño	Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Chili Lime Chickpeas	Chicken Delights (Regular or Spicy)	Seasonal Fresh Fruit	Baby Carrots with Ranch		Yummy Cheese Pizza (v)	Chili with Tortilla Chips
	Seasonal Fresh Fruit: Two Options Cool Cucumber, Jalapeño	Homestyle Ranch Salad	HOTM: Avocado Salad	Shredded Lettuce & Cheese				Fruity Frozen Cups & Seasonal Fresh Fruit	Baby Carrots w/ Ranch, Jalapeño
	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	Garden Fresh Tossed Salad (v), Shredded Lettuce & Cheese

May 2024 Lunch Menu

Grab & Go Cart - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI					
29		30		5/1		5/2		5/3	
PopTart Bento Box (v)	Salad with Spicy Chicken	Krypton Ceasar Salad w/ Chicken	Turkey & Cheese Sandwich Wedges	PB & J Lunch Box (v)					
Chicken Caesar Salad	B-Day Cake Bistro Box (v)	Protein Power Pack	Yogurt Parfait	Salad with Spicy Chicken					
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait		Yogurt Parfait					
It's Corn	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps					
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch					
Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Mixed Fruit & Seasonal Fresh Fruit					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate					
6	7	8	9	10					

Rice Krispies Bento Box (v)	Salad with Spicy Chicken	Chicken Caesar Salad	Turkey & Cheese Sandwich Wedges	PB & J Lunch Box (v)
Chicken Caesar Salad	Protein Bistro Box (v)	Sweet & Spicy Snack Box (v)	Yogurt Parfait	Salad with Spicy Chicken
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait		Yogurt Parfait
It's Corn	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Awesome Oranges or Seasonal Fruit	Seasonal Fresh Fruit: Two Options	Mixed Fruit & Seasonal Fresh Fruit
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate
13				
14		15		
16		17		
PopTart Bento Box (v)	Salad with Spicy Chicken	Krypton Ceasar Salad w/ Chicken	Turkey & Cheese Sandwich Wedges	PB & J Lunch Box (v)
Chicken Caesar Salad	B-Day Cake Bistro Box (v)	Protein Power Pack	Yogurt Parfait	Salad with Spicy Chicken
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait		Yogurt Parfait
It's Corn	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Mixed Fruit & Seasonal Fresh Fruit
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate
20		21		
22		23		
24				
Rice Krispies Bento Box (v)	Salad with Spicy Chicken	Chicken Caesar Salad	Turkey & Cheese Sandwich Wedges	PB & J Lunch Box (v)
Chicken Caesar Salad	Protein Bistro Box (v)	Sweet & Spicy Snack Box (v)	Yogurt Parfait	Salad with Spicy Chicken
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait		Yogurt Parfait
It's Corn	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Awesome Oranges or Seasonal Fruit	Seasonal Fresh Fruit: Two Options	Mixed Fruit & Seasonal Fresh Fruit
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate
27		28		
29		30		
31				
Memorial Day *School not in session.*	Salad with Spicy Chicken	Krypton Ceasar Salad w/ Chicken	Turkey & Cheese Sandwich Wedges	PB & J Lunch Box (v)
	B-Day Cake Bistro Box (v)	Protein Power Pack	Yogurt Parfait	Salad with Spicy Chicken
	Yogurt Parfait	Yogurt Parfait		Yogurt Parfait
	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps
	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Seasonal Fresh Fruit: Two Options	Mixed Fruit & Seasonal Fresh Fruit
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate

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