

What's on the Menu?

Alleghany K-8 Breakfast: May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
⁶ Grape Crescent Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk	⁷ Chicken Biscuit Poptart Whole Grain Toast Fruit Assorted Juice Milk	⁸ Mini Chocolate Chip French Toast Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk	⁹ Bacon Egg Cheese Biscuit Poptart Whole Grain Toast Fruit Assorted Juice Milk	¹⁰ Fresh Fruit Parfait Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk
¹³ Mini Maple Waffles Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk	¹⁴ Biscuit with Peppered Gravy Poptart Whole Grain Toast Fruit Assorted Juice Milk	¹⁵ Eggo Confetti Pancakes Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk	¹⁶ Manager Choice Poptart Whole Grain Toast Fruit Assorted Juice Milk	¹⁷ Manager Choice Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk
²⁰ Manager Choice Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk	²¹ Manager Choice Poptart Whole Grain Toast Fruit Assorted Juice Milk	²² Manager Choice Assorted Cereal Whole Grain Toast Fruit Assorted Juice Milk		

All students must select at least 1/2 cup of fruit with their reimbursable meal. A full student breakfast includes a choice of one (1) entrée supplying protein and/or grain, up to two (2) fruit side dishes (one (1) can be a fruit juice, and one (1) milk. Milk choices include skim white, 1% white, and skim chocolate.

What's on the Menu?

ALLEGHANY K8 SCHOOL: May Lunch 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>Memphis BBQ Chicken Strips with Mac n' Cheese Cheeseburger</p> <p>Seasoned Collard Greens Potato Wedges Broccoli Florets</p>	<p>7</p> <p>Macho Nachos Buffalo Chicken Ranch Quesadilla</p> <p>Black Beans Seasoned Corn -</p>	<p>8</p> <p>Teriyaki Popcorn Chicken Fried Rice Cheese Pizza</p> <p>Lima Beans Broccoli with Cheese -</p>	<p>9</p> <p>Baked Spaghetti with Garlic Toast Corn Dog</p> <p>Seasoned Zucchini Glazed Carrots -</p>	<p>10</p> <p>Cheese Stuffed Breadsticks Sloppy Joe</p> <p>Sweet Potato Fries Seasoned Peas Frozen Sidekick</p>
<p>13</p> <p>Hamburger Steak and Gravy with a Roll Chicken Filet Sandwich</p> <p>Savory Green Beans Tater Tots Baby Carrots</p>	<p>14</p> <p>Toasted Cheese Sandwich Pepperoni Pizza</p> <p>Seasoned Broccoli Baked Sweet Potato -</p>	<p>15</p> <p>Roasted BBQ Chicken with a Roll Fish Filet Sandwich</p> <p>Vegetarian Baked Beans Seasoned Collard Greens -</p>	<p>16</p> <p>Manager Choice Corn Dog</p> <p>Normandy Vegetables Seasoned Corn -</p>	<p>17</p> <p>Manager Choice Cheese Stuffed Breadsticks</p> <p>Roasted Baby Carrots Great Northern Beans Frozen Sidekick</p>
<p>20</p> <p>Manager Choice Cheeseburger</p> <p>Manager Choice Manager Choice</p>	<p>21</p> <p>Manager Choice Cheese Quesadilla</p> <p>Manager Choice Manager Choice</p>	<p>22</p> <p>Manager Choice Hot Dog</p> <p>Manager Choice Manager Choice</p>		