

SHAC MEETING MINUTES-APRIL 24, 2024

Attendees: Vickie Collins, Dr. Gardner, Mrs. Tebbenkamp, Mrs. Willis, Mr. Lyons, Mrs. Turner, Rolanda Lawler

Vickie Collins gave a report after the state review of the cafeteria. She said things went well, they looked closely at the financial records. DESE did not visit, they will review the findings and then offer suggestions. No comments were made about the Wellness Policy, so she assumes it is fine.

Vickie mentioned the school follows the government guidelines for the meals served. She reviewed the guidelines, there are small differences between the buildings (ages of students).

Mr. Lyons described the digital wellness log he saw being used in a different school district. The wellness log was shared with the attendees for review and comment. It contains a few questions about physical activity, preventative health, and the option to share pictures of how a person enjoys maintaining and improving their health/wellness. Rolanda will check into local gyms to see if they offer corporate discounts. We discussed a friendly competition between the buildings (Mrs. Willis mentioned competition between departments &/or grade levels after the meeting.), possible incentives (cash, gift cards, T-shirts, jeans passes), and the importance of encouraging each other to participate monthly. Dr. Gardner will present the idea at a future administration meeting.

Mrs. Turner discussed doing an activity in May, she had participated in a similar activity in another school district. Teachers and students try to walk a mile every day during the month of May. She said the students and staff both enjoyed it. Since it may be challenging to incorporate this activity into Middle and High School, this activity may be best for Elementary students and staff.