



Mount Carmel
Lunch Menu
May 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	28 Pastalaya Peas & Carrots Bread Roll	29 Grilled Cheese Tomato Basil Soup Broccoli & Cauliflower	30 Chicken Parmesan Eggplant Parmesan Spaghetti Sautéed Spinach Garlic Breadstick	1 Corn Crusted Shrimp Tacos Sauteed Shrimp Tacos Refried Beans Spanish Rice	2 Jazz Fest!! Crawfish Mac & Cheese Mixed Vegetables Buttered French Bread	
WEEK 2	5 Red Beans & Rice Smoked Sausage Roasted Broccoli Cornbread	6 Chicken Nuggets Mac & Cheese Green Peas	7 Hamburgers French Fries Carrots	8 EXAMS Coffee Shop & Hot Breakfast	9 EXAMS Coffee Shop & Hot Breakfast	
WEEK 3	12 EXAMS Coffee Shop & Hot Breakfast	13 EXAMS Coffee Shop & Hot Breakfast	14 EXAMS Coffee Shop & Hot Breakfast	15 EXAMS Coffee Shop & Hot Breakfast	16 Closing Mass and Awards AM Coffee Shop & Hot Breakfast	
WEEK 4	19 <i>HAVE</i>	20 <i>A</i>	21 <i>GREAT</i>	22 <i>SUMMER</i>	23 <i>BREAK!</i>	

*This institution is an equal opportunity provider.