

SUMMER WEIGHT TRAINING

WHEN

MONDAY — THURSDAY

May 28—Aug 8 (11 weeks)

5:30—6:30 pm

WHERE

Lodi High School Weight Room

COST

\$80 if signed up by May 30 (Online Registration)
After June 14 cost is number of weeks remaining
x \$10.00 AND registration is via paper form ONLY
(below). Pay per week or day not available.

I have read and agree to CREW Waiver below: Signature _____

Weeks Remaining: _____

Amount Paid: _____

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I also grant permission for CREW to post photos on social media and the website. I am 18 year of age or older and mentally competent to enter into this waiver.



AVAILABLE TO ALL
RECENT AND PAST
GRADUATES OF LODI
HIGH SCHOOL WHO
ARE INTERESTED IN
PERSONAL FITNESS
AND / OR TRAINING
FOR COLLEGE
ATHELTICS

Online Registration



QUESTIONS?

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