

BIC/Evenstart/ECSE

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p align="center">Breakfast</p> <p>1 WG Maple Sunrise Cracker Pack 1/2 c Peaches</p> <p align="center">Lunch</p> <p>1/2 Cheeseburger on WG Bun (1/2 WG bun, 1/2 Patty, 1 slice cheese) 1/4 c Corn 1/2 Banana</p> <p align="center">Snack</p> <p>4oz Orange Juice, 1/4 c Chzlt(WG)</p>	<p>7</p> <p align="center">Breakfast</p> <p>1 WG Cinn or Maple Waffle 1/2 c Pears</p> <p align="center">Lunch</p> <p>1/2 c Meat Sauce 1/2 c Rotini Pasta(WG) 1 WG Garlic Toast 1/4 c Cucumbers 1/2 c Strawberry Cup</p> <p align="center">Snack</p> <p>1/2 c Mandarin Oranges, String Cheese</p>	<p>8</p> <p align="center">Breakfast</p> <p>1 WG Choc Chip or Banana Muffin 1/2 c Mandarin Oranges</p> <p align="center">Lunch</p> <p>3 WG Chicken Strips 1/4 c Mashed Potatoes 1/4 c Fresh Orange Slices</p> <p align="center">Snack</p> <p>1/2 c Cold Cereal, Milk</p>	<p>9</p> <p align="center">Breakfast</p> <p>1/2 c Cold Cereal 1/2 c Pineapple Chunks</p> <p align="center">Lunch</p> <p>BBQ Meatballs (4) 1/4 c Macaroni and Cheese 1/4 c Broccoli 1/4 c Fresh Apple Slices</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>	<p>10</p> <p align="center">Breakfast</p> <p>1 WG Pancake and Turkey Sausage on Stick 1/2 c Applesauce</p> <p align="center">Lunch</p> <p>1 Beef Hotdog on WG Bun 1/4 c Baked Beans 1/4 c Fresh Grapefruit 1oz WG Cookie</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>
<p>13</p> <p align="center">Breakfast</p> <p>1 WG Maple Sunrise Cracker Pack 1/2 c Peaches</p> <p align="center">Lunch</p> <p>1/2 Turkey & Cheese on WG Bun (1/2 bun, 1/2 Patty, 1 slice cheese) 1/4 c Baby Carrots 1/2 Banana</p> <p align="center">Snack</p> <p>4oz Orange Juice, 1/4 c Chzlt(WG)</p>	<p>14</p> <p align="center">Breakfast</p> <p>1 WG Cinn or Maple Waffle 1/2 c Pears</p> <p align="center">Lunch</p> <p>1/2 Chicken Patty on WG Bun (1/2 WG bun, 1/2 Patty, 1 slice cheese) 1/4 c Mixed Vegetables 1/2 c Mixed Berries</p> <p align="center">Snack</p> <p>1/2 c Mandarin Oranges, String Cheese</p>	<p>15</p> <p align="center">Breakfast</p> <p>1 WG Choc Chip or Banana Muffin 1/2 c Mandarin Oranges</p> <p align="center">Lunch</p> <p>5 WG Chicken Nuggets 1/4 c Mashed Potatoes w/Gravy 1/4 c Fresh Orange Slices</p> <p align="center">Snack</p> <p>1/2 c Cold Cereal, Milk</p>	<p>16</p> <p align="center">Breakfast</p> <p>1/2 c Cold Cereal 1/2 c Pineapple Chunks</p> <p align="center">Lunch</p> <p>Beef Taco in a Bag (WG Chips, 1/4 c Beef, 1/2oz cheese) 1/4 c Fresh Tomatoes 1/4 c Fresh Apple Slices</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>	<p>17</p> <p align="center">Breakfast</p> <p>1 WG Breakfast Pizza Bagel 1/2 c Applesauce</p> <p align="center">Lunch</p> <p>1 WG Turkey Pepperoni Pizza 1/4 c Peas 1/4 c Fresh Grapefruit 1 Goldfish Cracker Pack</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>
<p>20</p> <p align="center">Breakfast</p> <p>1 WG Maple Sunrise Cracker Pack 1/2 c Peaches</p> <p align="center">Lunch</p> <p>1/2 Cheeseburger on WG Bun (1/2 WG bun, 1/2 Patty, 1 slice cheese) 1/4 c Seasoned Cube Fries 1/2 Banana</p> <p align="center">Snack</p> <p>4oz Orange Juice, 1/4 c Chzlt(WG)</p>	<p>21</p> <p align="center">Breakfast</p> <p>1 WG Cinn or Maple Waffle 1/2 c Pears</p> <p align="center">Lunch</p> <p>1/2 c Chicken Alfredo 1/2 c Rotini Pasta(WG) 1 WG Garlic Toast 1/4 c Cucumbers 1/4 c Fresh Pears</p> <p align="center">Snack</p> <p>1/2 c Mandarin Oranges, String Cheese</p>	<p>22</p> <p align="center">Breakfast</p> <p>1 WG Choc Chip or Banana Muffin 1/2 c Mandarin Oranges</p> <p align="center">Lunch</p> <p>1 WG Cheese Quesadilla 1/4 c Corn 1/4 c Fresh Orange Slices</p> <p align="center">Snack</p> <p>1/2 c Cold Cereal, Milk</p>	<p>23</p> <p align="center">Breakfast</p> <p>1/2 c Cold Cereal 1/2 c Pineapple Chunks</p> <p align="center">Lunch</p> <p>1/2 Sloppy Joe on WG Bun (1/2 bun, 1/4 cup meat, 1 slice cheese) 1/4 c Baby Carrots 1/4 c Fresh Apples</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>	<p>24</p> <p align="center">Breakfast</p> <p>1 WG Pancake and Turkey Sausage on Stick 1/2 c Applesauce</p> <p align="center">Lunch</p> <p>1/2 c WG Chicken Bites 1/4 c Brown Rice 1/4 c Broccoli 1/4 c Grapefruit Wedges Sweet N Sour Dipping Sauce</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>
<p>27</p> <p align="center">No School</p> <p align="center">Snack</p> <p>4oz Orange Juice, 1/4 c Chzlt(WG)</p>	<p>28</p> <p align="center">Breakfast</p> <p>1 WG Maple Sunrise Cracker Pack 1/2 c Pears</p> <p align="center">Lunch</p> <p>2 WG Cheesy Breadsticks 1/4 c Baby Carrots 1/2 c Strawberry Cup</p> <p align="center">Snack</p> <p>1/2 c Mandarin Oranges, String Cheese</p>	<p>29</p> <p align="center">Breakfast</p> <p>1 WG Choc Chip or Banana Muffin 1/2 c Mandarin Oranges</p> <p align="center">Lunch</p> <p>5 WG Chicken Nuggets 1/2 WG Bread Slice 1/4 c Mashed Potatoes 1/4 c Fresh Orange Slices</p> <p align="center">Snack</p> <p>1/2 c Cold Cereal, Milk</p>	<p>30</p> <p align="center">Breakfast</p> <p>1/2 c Cold Cereal 1/2 c Pineapple Chunks</p> <p align="center">Lunch</p> <p>1 WG Cinn or Maple Waffle 4oz Yogurt, 1 String Cheese 1/4 c Carrots 1/2 c Applesauce</p> <p align="center">Snack</p> <p>1 cheese slice, 1/2 slice WG bread</p>	<p>31</p> <p align="center">Summer Break!</p>

This institution is an equal opportunity provider.

Menu Items Subject to Change.

*8oz white milk served with breakfast & lunch (water offered after), water offered at snack

1/2 c Cold Cereal Choices: cheerios, corn or rice chex

3/4 c Cold Cereal Choices: rice crispies, kix

Kyla Zach, RD, LRD, 4/15/2024

