

## SERVICES continued

### **Northwest Immigrant Rights Project** [www.nwirp.org](http://www.nwirp.org)

Information & Assistance with questions about Citizenship, Children and Juvenile, Domestic Violence, Asylum .  
620 North Emerson Avenue Suite 201 Wenatchee, WA  
English & Spanish (509)570-0054

**Northwest Justice Project:** [www.nwjustice.org](http://www.nwjustice.org)  
Bilingual Attorneys providing legal services to eligible clients.  
300 Okanogan Ave. Suite 3A, Wenatchee  
(509) 664-5101 or 1-888-201-1021

**Okanogan Behavioral Healthcare: OBHC** Counseling for individuals & families.

1007 Koala Dr. Omak. Family Health Center Building  
(509) 826-6191 or 1-866-826-6191 [www.okbhc.org](http://www.okbhc.org)

**Okanogan Behavioral Healthcare: OBHC** Counseling for individuals & families.

1007 Koala Dr. Omak. Family Health Center Building  
(509) 826-6191 or 1-866-826-6191 [www.okbhc.org](http://www.okbhc.org)

**Okanogan County Housing Authority:** 431 W 5th St. Omak M,W,TH 8-4 (509) 422-3721

### **Okanogan County Public Transport &**

**Nutrition:** Provides transportation assistance & home delivered meals to handicapped or people 60+ yr on medical coupons. 303 2nd Ave South Suite A Okanogan M-F 8:30-5  
(509) 826-4391 or 1-800-635-4391 (509)826-7979 octn.org

**PAVE:** Parents of individuals who have disabilities. Educational advocacy, assistance in gaining services.  
1-800-572-7368 [www.wapave.org](http://www.wapave.org)

**Poison Control Center:** 24/7/365 [wapc.org](http://wapc.org)  
1-800-222-1222 National & TTY call 711 relay service

**Red Cross/Disaster Relief:** 24/7/365 Help for Military Family Assistance & first aid 1-800-RED-CROSS  
230 Grant Rd Suite B1 Wenatchee WA M-F 9-5  
(509)663-3907 Wnch (509)326-3330 Spkn [www.redcross.org](http://www.redcross.org)

**Salvation Army:** Food vouchers in emergencies. Call Community Action for info. (509) 422-4041

**Senior Citizen Programs:** For Seniors 60+ yrs and handicapped. Information on home delivered meals, and transportation.  
(509) 826-4391 or 1-800-635-4391

**Shove House:** Therapeutic Housing for single adults struggling with alcohol, drug, or mental health issues.  
(Must be enrolled in services with OBHC) [www.okbhc.org](http://www.okbhc.org)  
(509)826-8444 24/7/365 1009 Koala Dr Omak

**Social Security:** To apply for Social Security and Supplementary Security Income, report changes and obtain info.  
[www.socialsecurity.gov](http://www.socialsecurity.gov) [oig.ssa.gov/fraudreport](http://oig.ssa.gov/fraudreport)  
1-800-772-1213 TTY 1-800-325-0778 M,T,TH,F 9-4 W 9-12  
301 Yakima St Suite 212 Wenatchee WA Closed Holidays

**Support Center:** Victims of rape, abuse or domestic violence or any crime can receive information and assistance including legal assistance, transportation, shelter, and one-on-one counseling. Support groups for sexual assault, domestic violence and victims of crimes.  
(509) 826-3221 or 1-888-826-3221 24/7/365 Crisis Hotline  
619 S. 2nd St Okanogan M-F 8-5 [www.thesupportcenter.org](http://www.thesupportcenter.org)

**Unemployment Insurance:** File unemployment claim by calling 1-800-318-6022 automated (509)826-7310  
<http://www.wa.gov/esd/ui/icapp/start.htm> 1-800-887-8057  
126 S. Main Omak M-F 8-5 [www.unemploymentoffice.org](http://www.unemploymentoffice.org)

**Veterans: National Information:** [www.va.gov](http://www.va.gov)  
1-800-827-1000 auto (509)665-3721  
1-800-273-8255 Suicide Hotline

### **Vocational Rehabilitation: DVR**

Assists people with disabilities to find suitable employment.  
Omak(509) 826-7575 or (509) 826-7568 or (509)826-7571  
<https://www.dshs.wa.gov/location/dshs-dvr-omak>

### **Washington Farmworker Program OIC:**

Supportive services for agricultural workers, skills training, vocational training & more. [www.yvoic.org](http://www.yvoic.org)

Wenatchee (509)665-3715 Moses Lake (509)764-8120

**Wenatchee Valley College-North:** Adult Basic Education, GED classes, English as a Second Language, Financial Aid. In-Classroom & On-Line Courses.  
116 W. Apple St Omak. (509) 422-7800 [www.wvc.edu](http://www.wvc.edu)

**WorkSource:** Job search assistance, On-Job-Training, vocational rehabilitation, migrants services, GED classes dislocated workers, veterans, senior & youth training services.  
126 S. Main St. Omak 826-7310 or 1-800-887-8057

## FOOD BANKS:

### **Main Office - Community Action:**

424 2nd Ave S. Okanogan M-TH 8-5 (509)422-4041  
1-877-641-0101 <http://occac.com/get-help/food-programs/>

**Brewster:** Catholic Church Complex 301 S. 4th St. Brewster  
Thursdays 9:00am-10:30pm

**Conconully:** Conconully Town Hall 219 N Main St.  
Every 1st & 3rd Wednesday of month from 1:30 -3:00pm

**Nespelem-Food Commodities:** Tribal Members Only (who are not receiving Food Stamps): Monday -Friday  
Community Center Call (509)634-2766 (509)634-2767

**Okanogan:** Community Action, 424 2nd Ave. S. Okanogan  
Monday and Tuesday 9:00am-2:30pm

**Omak:** 101 West 4th St Monday & Thursday 9:00-11:00am

**Oroville:** Basement of Seventh Day Adventist Church  
922 Main St. (Corner 10th & Main) Thursday 9:30-11:30am

**Tonasket:** 17 S. Western Ave Suite 5 at Western Ave Professional Offices (509)486-4849  
Actual Food PU at 101 Hwy 97 N. Thursday 9:00-11:00am

**Twisp:** The Cove at 128 Glover St. Twisp  
Thursdays 1:00-4:00pm (509) 997-0227.

**Wauconda:** Wauconda Community Hall,  
129 Toroda Creek Rd on Every 2nd & 4th Thursday 1:00-2:00pm

## SCHOOL DISTRICT HOMELESS LIAISONS:

Brewster: Ana Navarro Vega (509)689-3449  
Methow Valley: Erika Spellman (509)996-2215  
Okanogan: Julia O'Connor (509) 322-7131  
Omak: Jordan Sackman (509)322-9361  
Oroville: Becky Jansma (509)476-3332  
Tonasket: Cayla Monroe-Sellers (509)486-4933

# Okanogan County

## Community Resource Directory



## Emergencies Please Call 911

Produced by:  
Okanogan School District  
Family Empowerment Project  
516 Tyee, Okanogan, WA

Corrections? Additions?  
(509)322-7131

Revised 4/2024

## 24 HOUR CRISIS ASSISTANCE

### Okanogan Behavioral Healthcare: OBHC

Counseling for individuals & families.  
1007 Koala Dr. Omak. Family Health Center Building Offices in Brewster, Oroville,  
Tonasket, and Twisp  
(509) 826-6191 or 1-866-826-6191 www.okbhc.org

### Alcohol/Drug Problems:

(509) 826-5600 or 1-866-826-6191 www.okbhc.org

### Child Abuse/Protective Services:

### Department of Children Youth & Families:

(509)846-8700 - after 5 p.m. 1-800-869-4018  
1-800-557-9671 - 24/7/365 Emergency Intake  
130 S. Main St Omak M-F 8-5 www.dcyf.wa.gov

### Domestic Violence and Sexual Assault:

### All Crimes Service Center:

(509) 826-3221 or 1-888-826-3221 24/7/365 Crisis Hotline  
619 S. 2nd St Okanogan M-F 8-5 thesupportcenter.org

### Suicide Prevention

### Suicide & Crisis Lifeline

-English & Spanish Call or text 988  
or chat 988lifeline.org  
**Okanogan Behavioral Healthcare** (509) 826-6191 or 1-866-826-6191 National Hotline 1-800-448-3000 (24 hr)

## SUPPORT GROUPS

### Alcoholics Anonymous: AA.org

Omak 826-6299 Malott 422-4325 Tonasket 486-4266  
Oroville 476-3831 Winthrop 996-2743.

### Narcotics Anonymous:

Helpline (888)942-0042 Current meeting list: gclna.org

### Family Help Line:

24 hrs / 7 days / 365 days all year  
1800-932-HOPE (1-800-932-4673) www.parenttrust.org

### Support Center:

619 S. 2nd St Okanogan M-F 8-5  
(509)826-3221 or 1-888-826-3221 24/7/365 Crisis Hotline  
www.thesupportcenter.org

## HEALTH

### Colville Confederate Tribes: CCT Health

**Omak Health Center:** (509)422-7416 or 422-5683  
617 Benton St Omak M-F 8-4:30 (except Wed mornings)

### Nespelem Health Center:

(509)634-2913  
29 Nespelem/Sandpoil St M-F 8-4:30 (except Wed mornings)

### Family Health Centers:

Primary Medical, Dental, First Steps,  
and WIC. Reduced fee program available.  
1-800-660-2129 https://myfamilyhealth.org  
Omak (509)422-5700 1003 Koala Ave Omak  
Tonasket (509) 486-0114 106 S. Whitcomb Ave Tonasket  
Brewster (509) 689-3789 520 W. Indian Ave Brewster  
Bridgeport (509)686-0603 1015 Columbia Ave Bridgeport  
Twisp (509)997-2011 541 W. 2nd Ave Twisp  
Okanogan Dental, 422-6705 626 2nd Ave S. Okanogan

### Family Planning - Planned Parenthood:

Confidential women's healthcare, STD tests, Birth control, pregnancy testing and options. www.plannedparenthood.org  
1-800-230-PLAN

### Frontier Home Health and Hospice:

In home nursing care, nurses aids, therapy, counseling, hospice, and medical equipment. www.frontierhhh.com  
800 Jasmine St Suite 2 Omak M-F 8-5 (509) 422-6721

### Okanogan County Public Health:

Immunization, TB test, STD & AIDS counseling, maternity support, services, and breastfeeding consultation. 1234 2nd Ave S. Okanogan  
(509) 422-7140 www.okanogancounty.org/ocph

### WIC (Women Infants & Children):

EBT Cards, Lactation Specialist, & Nutrition Dietitian www.myfamilyhealth.org/wic  
Omak (509)422-7626 1003 Koala Ave M-F 8-5 & Some Saturdays  
Tonasket (509)422-7616 17 S. Western T-F 8-5  
Oroville(509)422-7616 1321 Main St. Oroville FHC Dental Mon 9-4  
Brewster (509)422-7636 525 W. Jay Ave. M-T 9-5 W-F 8-6  
Bridgeport (509)422-7636 1015 Columbia Ave FHC Med/Dent Tue 9-5  
Twisp (509)422-7636 or 322-2676 Room One 315 Lincoln St. 1st TH 9-4

## SERVICES

### Aging & Adult Care:

Respite care, COPES program  
(509) 826-7452 1-800-572-5549 www.aaccw.org  
739 Haussler Rd Suite A-B Omak M-F 8-5 Not Holidays

### Alcohol & Drug Abuse Center - OBHC:

Counsels individuals & families. 1003 Koala Dr. Omak M-F 8-5 (509) 826-5600  
(509) 826-6191 or toll free 1-866-826-6191 24/7/365 Crisis Hotline

### American Cancer Society:

www.cancer.org  
1-800-537-7710 or 1-800-227-2345

### Blind, Services for:

1-800-552-7103 www.dsb.wa.gov  
Library for the Blind 1-800-542-0866 www.wtbbl.org

### Care Net:

Pregnancy tests, peer counseling, maternity and baby clothing. Free & confidential. 24/7/365 Hotline 1-800-395-4357  
4 S. Main St Omak (509) 422-5506 M-F 8-5 Facebook/Care Net

### Colville Confederate Tribes:

www.colvilletribes.com  
21 Colville St Nespelem WA 99155 (509)634-2200

### Colville Indian Housing Authority:

P.O. Box 528 Nespelem, WA 99155 (509) 634-4767

### Community Action Council:

Emergency shelter, food & transportation. Assistance with energy costs, weatherization, & rental.  
424 2nd Ave. S. Okanogan. Walk-In T-W 9-2:30 Office M-TH 8-5  
(509) 422-4041 or 1-877-641-0101 www.occac.com

### Deaf & Hard of Hearing: Nexus Inland NW:

(509)315-2288 1206 N Howard Spokane M-F 8-3 www.nexusinw.com  
(TDD)(509)328-3772 (voice)(509)328-9220 Legal help(206)322-4996

### Department of Children, Youth & Family (CPS):

Protective services, foster & childcare. 130 S. Main St. Omak M-F 8-5  
Hotline Intake 800-557-9671 800-562-5624 after hrs (509)846-8700  
CPS Report Child Abuse 1-866-ENDHARM Intake (509)225-6500  
www.dcyf.wa.gov

### Department of Social Health and Services:

Community services, financial, medical, (Medicaid) & food stamps  
130 S. Main St. Omak M-F 8-5 (509)846-8600 1-877-501-2233

### Dispute Resolution Center:

Mediation Services for all non-criminal matters for children & divorce, sliding scale available.  
113 N. Main St Omak M-TH 9-2 (509) 826-1776 www.okanogandrc.org

### Developmental Disabilities:

(509) 826-8476  
1007 Koala Dr. Omak www.obhc.org/developmental-disabilities

### Domestic Violence, Rape, & All Crimes:

Call The Support Center (509)826-3221 M-F 8-5 888-826-3221 24/7  
For emergencies call 911 619 2nd Ave Okanogan

### Drug Prevention & Traffic Safety (OBHC):

Okanogan Youth Coalition, DWI victims & survivors  
1007 Koala Dr. Omak M-TH 7-5 (509) 826-5093 www.okbhc.org

### Early Childhood/ECEAP:

North Elementary Early Childhood Preschool Program: (509)826-8147 (509)826-8153

### Employment Security/Job Service:

Job search assistance, unemployment compensation, dislocated worker program, GED classes, including special services for seniors, youth and veterans. 126 S. Main St. Omak M-F 8-5  
(509) 826-7310 1-800-887-8057 www.worksourcewa.com

### Family/Child Support:

Assistance with paternity establishment, modifications & enforcement of child support orders (509) 422-7287 1-800-442-KIDS (5437) www.dshs.wa.gov

### Family Empowerment Project:

Family Advocacy, Clothing Bank & Household Goods.  
Fairy God Mothers Closet-Prom Dresses  
516 Tye St Okanogan M-F 3-5 (509) 422-5414

### FYRE: Foundation for Youth Resiliency & Engagement:

Advocating for equitable opportunities that allow all youth to thrive Serving Youth ages 12-24  
23 Ash St S, Omak M-Th 9-6 Open doors to public 2-6pm Appts by Phone/email (509)557-6457 info@okfyre.org www.okfyre.org

### Greater Cascade Loop Narcotics Anonymous

Helpline - 888-942-0042 Meeting Schedule - GNLNA.ORG

### Head Start/OCCDA:

Early Preschool programs for low income children. Rural home visits, Pregnancy - Kindergarten  
Brewster, Bridgeport, Methow Valley, Okanogan, Omak, Oroville,  
Pateros, and Tonasket. 127 N Juniper St. Omak.  
(509) 826-2466 for general information www.occda.net

### In-Home Care - Chore Service:

For Seniors 60+ and the handicapped. Home chores, laundry, cooking, nutrition, personal needs, medication reminders, medical transport, & help to maintain independence. 130 N. Main St Omak M-F 8-5  
(509) 826-5825 1-800-640-6907 www.inhomecare.org

### Legal Aid: NW Justice Project:

www.nwjustice.org  
For low income needs call Community Action (509) 422-4041  
Omak 509-422 2345 Speak to an attorney call 1-888-201-1014  
M-F 9:15am-12:15pm 60+ yrs. of age call 1-888-387-7111.  
M-F 9:15am-12:15pm Hearing impaired (TDD) 1-888-201-9737

### Manfisher Ministries:

Furniture, Housewares, Winter Items & Ministry 16 S Main St Omak M,W,F 9-1  
Sunday Message/Meal 1-3pm Open to All (509)826-5699

### Narcotics Anonymous: Helpline - 888-942-0042

### National Runaway Switchboard:

1-800-RUN-AWAY. (1-800-786-2929)

### Neighbors Helping Neighbors:

Methow Valley residents in crisis situations can receive help, including grocery vouchers, emergency housing & transportation. (425)471-5373  
The Cove 128 Glover St. Twisp (509)997-0227 thecovecares.com

### Northwest Center:

Work with disabled adults & children, physically/mentally, school to work transition.  
(509) 826-2417 307 S. Main Suite5 Omak M-F 8-5 nwcenter.org