

SERVICES continued

Northwest Immigrant Rights Project www.nwirp.org

Information & Assistance with questions about Citizenship, Children and Juvenile, Domestic Violence, Asylum .
620 North Emerson Avenue Suite 201 Wenatchee, WA
English & Spanish (509)570-0054

Northwest Justice Project: www.nwjustice.org
Bilingual Attorneys providing legal services to eligible clients.
300 Okanogan Ave. Suite 3A, Wenatchee
(509) 664-5101 or 1-888-201-1021

Okanogan Behavioral Healthcare: OBHC Counseling for individuals & families.

1007 Koala Dr. Omak. Family Health Center Building
(509) 826-6191 or 1-866-826-6191 www.okbhc.org

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Okanogan County Housing Authority: 431 W 5th St. Omak M,W,TH 8-4 (509) 422-3721

Okanogan County Public Transport &

Nutrition: Provides transportation assistance & home delivered meals to handicapped or people 60+ yr on medical coupons. 303 2nd Ave South Suite A Okanogan M-F 8:30-5
(509) 826-4391 or 1-800-635-4391 (509)826-7979 octn.org

PAVE: Parents of individuals who have disabilities. Educational advocacy, assistance in gaining services.
1-800-572-7368 www.wapave.org

Poison Control Center: 24/7/365 wapc.org
1-800-222-1222 National & TTY call 711 relay service

Red Cross/Disaster Relief: 24/7/365 Help for Military Family Assistance & first aid 1-800-RED-CROSS
230 Grant Rd Suite B1 Wenatchee WA M-F 9-5
(509)663-3907 Wnch (509)326-3330 Spkn www.redcross.org

Salvation Army: Food vouchers in emergencies. Call Community Action for info. (509) 422-4041

Senior Citizen Programs: For Seniors 60+ yrs and handicapped. Information on home delivered meals, and transportation.
(509) 826-4391 or 1-800-635-4391

Shove House: Therapeutic Housing for single adults struggling with alcohol, drug, or mental health issues.
(Must be enrolled in services with OBHC) www.okbhc.org
(509)826-8444 24/7/365 1009 Koala Dr Omak

Social Security: To apply for Social Security and Supplementary Security Income, report changes and obtain info. www.socialsecurity.gov oig.ssa.gov/fraudreport
1-800-772-1213 TTY 1-800-325-0778 M,T,TH,F 9-4 W 9-12
301 Yakima St Suite 212 Wenatchee WA Closed Holidays

Support Center: Victims of rape, abuse or domestic violence or any crime can receive information and assistance including legal assistance, transportation, shelter, and one-on-one counseling. Support groups for sexual assault, domestic violence and victims of crimes.
(509) 826-3221 or 1-888-826-3221 24/7/365 Crisis Hotline
619 S. 2nd St Okanogan M-F 8-5 www.thesupportcenter.org

Unemployment Insurance: File unemployment claim by calling 1-800-318-6022 automated (509)826-7310
<http://www.wa.gov/esd/ui/icapp/start.htm> 1-800-887-8057
126 S. Main Omak M-F 8-5 www.unemploymentoffice.org

Veterans: National Information: www.va.gov
1-800-827-1000 auto (509)665-3721
1-800-273-8255 Suicide Hotline

Vocational Rehabilitation: DVR

Assists people with disabilities to find suitable employment.
Omak(509) 826-7575 or (509) 826-7568 or (509)826-7571
<https://www.dshs.wa.gov/location/dshs-dvr-omak>

Washington Farmworker Program OIC:

Supportive services for agricultural workers, skills training, vocational training & more. www.yvoic.org

Wenatchee (509)665-3715 Moses Lake (509)764-8120

Wenatchee Valley College-North: Adult Basic Education, GED classes, English as a Second Language, Financial Aid. In-Classroom & On-Line Courses.
116 W. Apple St Omak. (509) 422-7800 www.wvc.edu

WorkSource: Job search assistance, On-Job-Training, vocational rehabilitation, migrants services, GED classes dislocated workers, veterans, senior & youth training services.
126 S. Main St. Omak 826-7310 or 1-800-887-8057

FOOD BANKS:

Main Office - Community Action:

424 2nd Ave S. Okanogan M-TH 8-5 (509)422-4041
1-877-641-0101 <http://occac.com/get-help/food-programs/>

Brewster: Catholic Church Complex 301 S. 4th St. Brewster
Thursdays 9:00am-10:30pm

Conconully: Conconully Town Hall 219 N Main St.

Every 1st & 3rd Wednesday of month from 1:30 -3:00pm

Nespelem-Food Commodities: Tribal Members Only (who are not receiving Food Stamps): Monday -Friday
Community Center Call (509)634-2766 (509)634-2767

Okanogan: Community Action, 424 2nd Ave. S. Okanogan
Monday and Tuesday 9:00am-2:30pm

Omak: 101 West 4th St Monday & Thursday 9:00-11:00am

Oroville: Basement of Seventh Day Adventist Church
922 Main St. (Corner 10th & Main) Thursday 9:30-11:30am

Tonasket: 17 S. Western Ave Suite 5 at Western Ave Professional Offices (509)486-4849
Actual Food PU at 101 Hwy 97 N. Thursday 9:00-11:00am

Twisp: The Cove at 128 Glover St. Twisp
Thursdays 1:00-4:00pm (509) 997-0227.

Wauconda: Wauconda Community Hall,
129 Toroda Creek Rd on Every 2nd & 4th Thursday 1:00-2:00pm

SCHOOL DISTRICT HOMELESS LIAISONS:

Brewster: Ana Navarro Vega (509)689-3449

Methow Valley: Erika Spellman (509)996-2215

Okanogan: Julia O'Connor (509) 322-7131

Omak: Jordan Sackman (509)322-9361

Oroville: Becky Jansma (509)476-3332

Tonasket: Cayla Monroe-Sellers (509)486-4933

Okanogan County

Community Resource Directory



Emergencies Please Call 911

Produced by:
Okanogan School District
Family Empowerment Project
516 Tyee, Okanogan, WA

Corrections? Additions?
(509)322-7131

Revised 4/2024

24 HOUR CRISIS ASSISTANCE

Okanogan Behavioral Healthcare: OBHC

Counseling for individuals & families.
1007 Koala Dr. Omak. Family Health Center Building Offices in Brewster, Oroville,
Tonasket, and Twisp
(509) 826-6191 or 1-866-826-6191 www.okbhc.org

Alcohol/Drug Problems:

(509) 826-5600 or 1-866-826-6191 www.okbhc.org

Child Abuse/Protective Services:

Department of Children Youth & Families:

(509)846-8700 - after 5 p.m. 1-800-869-4018
1-800-557-9671 - 24/7/365 Emergency Intake
130 S. Main St Omak M-F 8-5 www.dcyf.wa.gov

Domestic Violence and Sexual Assault:

All Crimes Service Center:

(509) 826-3221 or 1-888-826-3221 24/7/365 Crisis Hotline
619 S. 2nd St Okanogan M-F 8-5 thesupportcenter.org

Suicide Prevention

Suicide & Crisis Lifeline -English & Spanish Call or text 988 or chat 988lifeline.org

Okanogan Behavioral Healthcare (509) 826-6191 or 1-866-826-6191 National Hotline 1-800-448-3000 (24 hr)

SUPPORT GROUPS

Alcoholics Anonymous: AA.org

Omak 826-6299 Malott 422-4325 Tonasket 486-4266
Oroville 476-3831 Winthrop 996-2743.

Narcotics Anonymous:

Helpline (888)942-0042 Current meeting list: gclna.org

Family Help Line: 24 hrs / 7 days / 365 days all year 1800-932-HOPE (1-800-932-4673) www.parenttrust.org

Support Center: 619 S. 2nd St Okanogan M-F 8-5

(509)826-3221 or 1-888-826-3221 24/7/365 Crisis Hotline
www.thesupportcenter.org

HEALTH

Colville Confederate Tribes: CCT Health

Omak Health Center: (509)422-7416 or 422-5683
617 Benton St Omak M-F 8-4:30 (except Wed mornings)

Nespelem Health Center: (509)634-2913

29 Nespelem/Sandpoil St M-F 8-4:30 (except Wed mornings)

Family Health Centers: Primary Medical, Dental, First Steps, and WIC. Reduced fee program available.

1-800-660-2129 https://myfamilyhealth.org
Omak (509)422-5700 1003 Koala Ave Omak
Tonasket (509) 486-0114 106 S. Whitcomb Ave Tonasket
Brewster (509) 689-3789 520 W. Indian Ave Brewster
Bridgeport (509)686-0603 1015 Columbia Ave Bridgeport
Twisp (509)997-2011 541 W. 2nd Ave Twisp
Okanogan Dental, 422-6705 626 2nd Ave S. Okanogan

Family Planning - Planned Parenthood:

Confidential women's healthcare, STD tests, Birth control, pregnancy testing and options. www.plannedparenthood.org
1-800-230-PLAN

Frontier Home Health and Hospice:

In home nursing care, nurses aids, therapy, counseling, hospice, and medical equipment. www.frontierhhh.com
800 Jasmine St Suite 2 Omak M-F 8-5 (509) 422-6721

Okanogan County Public Health: Immunization,

TB test, STD & AIDS counseling, maternity support, services, and breastfeeding consultation. 1234 2nd Ave S. Okanogan
(509) 422-7140 www.okanogacounty.org/ocph

WIC (Women Infants & Children): EBT Cards,

Lactation Specialist, & Nutrition Dietitian www.myfamilyhealth.org/wic
Omak (509)422-7626 1003 Koala Ave M-F 8-5 & Some Saturdays
Tonasket (509)422-7616 17 S. Western T-F 8-5
Oroville(509)422-7616 1321 Main St. Oroville FHC Dental Mon 9-4
Brewster (509)422-7636 525 W. Jay Ave. M-T 9-5 W-F 8-6
Bridgeport (509)422-7636 1015 Columbia Ave FHC Med/Dent Tue 9-5
Twisp (509)422-7636 or 322-2676 Room One 315 Lincoln St. 1st TH 9-4

SERVICES

Aging & Adult Care: Respite care, COPES program

(509) 826-7452 1-800-572-5549 www.aaccw.org
739 Haussler Rd Suite A-B Omak M-F 8-5 Not Holidays

Alcohol & Drug Abuse Center - OBHC: Counsels

individuals & families. 1003 Koala Dr. Omak M-F 8-5 (509) 826-5600
(509) 826-6191 or toll free 1-866-826-6191 24/7/365 Crisis Hotline

American Cancer Society: www.cancer.org

1-800-537-7710 or 1-800-227-2345

Blind, Services for: 1-800-552-7103 www.dsb.wa.gov

Library for the Blind 1-800-542-0866 www.wtbbl.org

Care Net: Pregnancy tests, peer counseling, maternity and baby

clothing. Free & confidential. 24/7/365 Hotline 1-800-395-4357

4 S. Main St Omak (509) 422-5506 M-F 8-5 Facebook/Care Net

Colville Confederate Tribes: www.colvilletribes.com

21 Colville St Nespelem WA 99155 (509)634-2200

Colville Indian Housing Authority:

P.O. Box 528 Nespelem, WA 99155 (509) 634-4767

Community Action Council: Emergency shelter, food &

transportation. Assistance with energy costs, weatherization, & rental.

424 2nd Ave. S. Okanogan. Walk-In T-W 9-2:30 Office M-TH 8-5

(509) 422-4041 or 1-877-641-0101 www.occac.com

Deaf & Hard of Hearing: Nexus Inland NW:

(509)315-2288 1206 N Howard Spokane M-F 8-3 www.nexusinw.com
(TDD)(509)328-3772 (voice)(509)328-9220 Legal help(206)322-4996

Department of Children, Youth & Family (CPS):

Protective services, foster & childcare. 130 S. Main St. Omak M-F 8-5
Hotline Intake 800-557-9671 800-562-5624 after hrs (509)846-8700
CPS Report Child Abuse 1-866-ENDHARM Intake (509)225-6500

Department of Social Health and Services:

Community services, financial, medical, (Medicaid) & food stamps
130 S. Main St. Omak M-F 8-5 (509)846-8600 1-877-501-2233

Dispute Resolution Center: Mediation Services for all

non-criminal matters for children & divorce, sliding scale available.
113 N. Main St Omak M-TH 9-2 (509) 826-1776 www.okanogandrc.org

Developmental Disabilities: (509) 826-8476

1007 Koala Dr. Omak www.obhc.org/developmental-disabilities

Domestic Violence, Rape, & All Crimes:

Call The Support Center (509)826-3221 M-F 8-5 888-826-3221 24/7

For emergencies call 911 619 2nd Ave Okanogan

Drug Prevention & Traffic Safety (OBHC):

Okanogan Youth Coalition, DWI victims & survivors
1007 Koala Dr. Omak M-TH 7-5 (509) 826-5093 www.okbhc.org

Early Childhood/ECEAP: North Elementary Early

Childhood Preschool Program: (509)826-8147 (509)826-8153

Employment Security/Job Service:

Job search assistance, unemployment compensation, dislocated
worker program, GED classes, including special services for
seniors, youth and veterans. 126 S. Main St. Omak M-F 8-5

(509) 826-7310 1-800-887-8057 www.worksourcewa.com

Family/Child Support: Assistance with paternity

establishment, modifications & enforcement of child support
orders (509) 422-7287 1-800-442-KIDS (5437) www.dshs.wa.gov

Family Empowerment Project:

Family Advocacy, Clothing Bank & Household Goods.

Fairy God Mothers Closet-Prom Dresses

516 Tye St Okanogan M-F 3-5 (509) 422-5414

FYRE: Foundation for Youth Resiliency &

Engagement: Advocating for equitable opportunities that
allow all youth to thrive Serving Youth ages 12-24

23 Ash St S, Omak M-Th 9-6 Open doors to public 2-6pm Appts by

Phone/email (509)557-6457 info@okfyre.org www.okfyre.org

Greater Cascade Loop Narcotics Anonymous

Helpline - 888-942-0042 Meeting Schedule - GNLNA.ORG

Head Start/OCCDA: Early Preschool programs for low

income children. Rural home visits, Pregnancy - Kindergarten
Brewster, Bridgeport, Methow Valley, Okanogan, Omak, Oroville,

Pateros, and Tonasket. 127 N Juniper St. Omak.

(509) 826-2466 for general information www.ocda.net

In-Home Care - Chore Service: For Seniors 60+ and

the handicapped. Home chores, laundry, cooking, nutrition,

personal needs, medication reminders, medical transport, & help

to maintain independence. 130 N. Main St Omak M-F 8-5

(509) 826-5825 1-800-640-6907 www.inhomecare.org

Legal Aid: NW Justice Project: www.nwjustice.org

For low income needs call Community Action (509) 422-4041

Omak 509-422 2345 Speak to an attorney call 1-888-201-1014

M-F 9:15am-12:15pm 60+ yrs. of age call 1-888-387-7111.

M-F 9:15am-12:15pm Hearing impaired (TDD) 1-888-201-9737

Manfisher Ministries: Furniture, Housewares,

Winter Items & Ministry 16 S Main St Omak M,W,F 9-1

Sunday Message/Meal 1-3pm Open to All (509)826-5699

Narcotics Anonymous: Helpline - 888-942-0042

National Runaway Switchboard:

1-800-RUN-AWAY. (1-800-786-2929)

Neighbors Helping Neighbors: Methow Valley

residents in crisis situations can receive help, including grocery

vouchers, emergency housing & transportation. (425)471-5373

The Cove 128 Glover St. Twisp (509)997-0227 thecovecares.com

Northwest Center: Work with disabled adults & children,

physically/mentally, school to work transition.

(509) 826-2417 307 S. Main Suite5 Omak M-F 8-5 nwcenter.org