

# Student Leadership



Students in sports medicine are part of the Washington Career and Technical Sports Medicine Association. There are leadership learning and competitions opportunities available. Students also participate in the Mid-Columbia Conference Sports Medicine leadership day,

# An Expanding Pathway

Sports medicine 1 and 2 are a part of the health science pathway. Other courses that support this pathway are: human body systems, biology, physics, psychology, and health careers: pre-nursing at SEA-Tech. This pathway is expanding to allow for more diverse course offerings that prepare students for further education and a career in health science or health care

# Sports Medicine Club

While open to all students, sports medicine club is lead by current and former members of the sports medicine class. Students have the opportunity to participate in enrichment activities and community engagement and education events.



[Contact for more information!](#)

[Kelsey Dill MA, LAT, ATC](#)

Phone: (509) 526-8677

E-mail: [kdill@wwps.org](mailto:kdill@wwps.org)

Si necesita información en español sobre los cursos ofrecidos, por favor contáctenos al (509) 526-6787.

# Sports Medicine



Explore the world of health sciences

## WHY SPORTS MED

Are you interested in a health science or medical career? The sports medicine program can help you prepare for your continuing education by introducing you to key concepts and skills in the field.

"This class has been different than any other class I have ever taken, instead of having a broad topic on science, it is specific to not only a Health Science but Sports Medicine. This is also the most relate-able class I have ever taken."  
-Student from the Class of 2017

## Earn Industry Certificates

All sports medicine students earn their CPR and First Aid certifications as well as complete Stop the Bleed training. These certifications are used across the health science industry.

## Get Hands on Experience

Sports medicine students have the opportunity to work with athletic training and sports medicine staff in the care of Wa-Hi athletes during practices & games. Off-site opportunities may also be available.

## Prepare for a Future in Health Care

Sports medicine can help prepare students for a career in any health care or health science field. Whether you want to be an athletic trainer, nurse, EMT/Paramedic, physical therapist, doctor, personal trainer, coach, or any other related career, a foundation built in the sports medicine program can be very valuable

## Develop Skills

A strong focus on developing professional behavior and personal skills required of health science professionals as well as introducing common practices throughout these fields. is a key aspect of the program.

## Experience New Technology

Evidence based training on the Cardea 20/20 ECG , Vectra Neo electrical stimulation, therapeutic ultrasound, and laser modalities and Anatomage Table 7 virtual cadaver lab

## Examples of Topics Covered

Skeletal Anatomy  
Medical Terminology  
Muscular Anatomy  
Emergency Response  
Injury Management

Modalities  
Rehabilitation  
Injuries  
Concussions  
Sports Psych.

## Why choose Sports Medicine?

- ◆ Taught by a current practitioner in the industry
- ◆ Evidence based education focusing on current research in the field
- ◆ Rigorous content prepares students for post-high school education models
- ◆ Content and foundations apply to all health science careers and hands on learning labs and practical experience create more engagement with material
- ◆ Practical skills that can apply to life in general!

