Condiments

Condiment:	Total Carbs:	Size	
BBQ Sauce, IPP cup	9.9	1 IPP cup	
Dressing, Caesar, IPP cup	3.0	1 IPP cup	
Dressing, Golden Italian, IPP packet	2.8	1 packet	
Dressing, Honey French, IPP cup	5.0	1 IPP cup	
Dressing, Honey Mustard, IPP cup	9.0	1 IPP cup	
Dressing, Ranch, IPP packet	1.0	1 packet	
Dressing, Ranch, IPP cup	2.0	1 IPP cup	
Dressing, Thousand Island, IPP cup	4.0	1 IPP cup	
Hot Sauce, IPP packet	0.0	1 packet	
Jelly, Grape Squeeze packet	9.0	1 packet	
Ketchup, IPP packet	3.0	1 packet	
Margarine, IPP cup	1.0	1 IPP cup	
Marinara Sauce Cup	3.0	1 IPP cup	
Mayonnaise, IPP packet	1.0	1 packet	
Mustard, IPP packet	0.0	1 packet	
Pepper, IPP packet	0.06	1 packet	
Pickles, Dill	0.34	2 slices	
Salt, IPP packet	0.0	1 packet	
Sour Cream, IPP packet	2.0	1 packet	
Syrup, Maple flavored	27.0	1 each	
Taco Sauce, IPP packet	1.0	1 packet	