

LUNCH MENU₄

Middle Schools & ICS May 27th - 31st

Menu May Vary By School Site.
Our menus are aligned with the USDAs Healthier
U.S. School Challenge.



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally
Grown items are offered whenever
seasonally available. Low Fat or Fat Free
Milk offered with all meals.



- MONDAY **NO SCHOOL**
- TUESDAY Spice House Rice or Noodles w/ **Vegetarian Option**
- WEDNESDAY Fiesta Nachos w/ **Vegetarian Option**
- THURSDAY Spice House Rice or Noodles w/ **Vegetarian Option**
- FRIDAY Fiesta Nachos w/ **Vegetarian Option**

Daily Classic Grill Fare with Fries



**Vegetarian Rainbow Chili(v),
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burgers, Hamburger, Cheeseburger**

- MONDAY **NO SCHOOL**
- TUESDAY Turkey Hot Dog
- WEDNESDAY BBQ Pulled Pork Sandwich
- THURSDAY Roasted Mushroom Swiss Burger
- FRIDAY WG Fishstick Po'Boy Sub



Everyday Choices

**Mozzarella Stuffed WG Breadsticks with Spaghetti
Sauce(v),
Cheese WG Pizza(v), Pepperoni Pizza**

- MONDAY **NO SCHOOL**
- TUESDAY Buffalo Chicken WG Pizza
- WEDNESDAY Supreme WG Pizza
- THURSDAY Hawaiian WG Pizza
- FRIDAY Meatlovers WG Pizza



In a hurry? Grab Fast Takes-
But Don't Forget to Select From the Thrive Bar!

- MONDAY **NO SCHOOL**
- TUESDAY **Blueberry Patch Parfait(v) w/String Cheese
Garden Veg Salad(v)
American Sub
Chicken Caesar Wrap**
- WEDNESDAY **Classic Hummus Box(v)
Crispy WG Chicken Salad
Italian Sub
Buffalo Chicken Wrap**
- THURSDAY **Protein PowerUp Box
Regular(v) or Chicken Caesar Salad
Turkey & Cheese Sub
Crispy WG Chicken Wrap**
- FRIDAY **Deli Bento Box w/ WG Flatbread
Garden Fiesta Salad(v)
(Turkey) Ham & Cheese Sandwich Chicken
Caesar Wrap**



This Week's
**Favorite
Features:**



- MONDAY **NO SCHOOL**
- TUESDAY WG French Toast Sticks with Turkey Sausage
Tater Tots
- WEDNESDAY Sweet & Sour WG Chicken Nuggets w/WG Brown Rice
Roasted Broccoli & Carrots
- THURSDAY Chicken or Tofu(v) Tikka Masala with WG Brown Rice
Roasted Cauliflower
- FRIDAY Beef or **Lentil(v)** Sloppy Joe
Wedge Fries

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
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Nutrition Information is available upon request.

