

LUNCH MENU₃

Middle Schools & ICS May 20th - 24th

Menu May Vary By School Site.
Our menus are aligned with the USDA's Healthier
U.S. School Challenge.



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally
Grown items are offered whenever
seasonally available. Low Fat or Fat Free
Milk offered with all meals.



- MONDAY Pho (FU as in FUN!) w/ **Vegetarian Option**
- TUESDAY Spice House Rice or Noodles w/ **Vegetarian Option**
- WEDNESDAY Fiesta Nachos w/ **Vegetarian Option**
- THURSDAY Spice House Rice or Noodles w/ **Vegetarian Option**
- FRIDAY **NO LUNCH**

Daily Classic Grill Fare with Fries



**Vegetarian Rainbow Chili(v),
Vegetarian Burger(v),** Regular & Spicy WG
Chicken Burgers, Hamburger, Cheeseburger

- MONDAY **Grilled Cheese Sandwich(v)**
- TUESDAY Turkey Hot Dog
- WEDNESDAY BBQ Pulled Pork Sandwich
- THURSDAY Roasted Mushroom Swiss Burger
- FRIDAY **NO LUNCH**



Everyday Choices

Mozzarella Stuffed WG Breadsticks with Spaghetti
Sauce(v),
Cheese WG Pizza(v), Pepperoni WG Pizza

- MONDAY Sausage WG Pizza
- TUESDAY Buffalo Chicken WG Pizza
- WEDNESDAY Supreme WG Pizza
- THURSDAY Hawaiian WG Pizza
- FRIDAY **NO LUNCH**



In a hurry? Grab Fast Takes-

But Don't Forget to Select From the Thrive Bar!

- MONDAY **Fiesta Dip Box(v)**
Chef Salad
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- TUESDAY **Blueberry Patch Parfait(v) w/String Cheese
Garden Veg Salad(v)**
American Sub
Chicken Caesar Wrap
- WEDNESDAY **Classic Hummus Box(v)**
Crispy WG Chicken Salad
Italian Sub
Buffalo Chicken Wrap
- THURSDAY Protein PowerUp Box
Regular(v) or Chicken Caesar Salad
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- FRIDAY **NO LUNCH**



This Week's Favorite Features:



- MONDAY Beef Teriyaki Dippers w/WG Brown Rice
Roasted Broccoli & Carrots
- TUESDAY Pancake & Turkey Sausage On A Stick
Crinkle Cut Fries
- WEDNESDAY Orange WG Chicken Nuggets w/WG Brown Rice
Roasted Broccoli & Carrots
- THURSDAY **WG Macaroni & Cheese(v)**
Aztec Corn with Black Beans
- FRIDAY **NO LUNCH**

*To file a complaint of discrimination,
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Nutrition Information is available upon request.

