

# LUNCH MENU<sub>2</sub>

## Middle Schools & ICS May 13th -17th

Menu May Vary By School Site.  
Our menus are aligned with the USDA's Healthier  
U.S. School Challenge.



THRIVE SIDES OFFERED  
DAILY WITH LUNCH  
SELECTION

Garden Greens plus a variety of Fresh  
& Canned Fruits & Vegetables. Locally  
Grown items are offered whenever  
seasonally available. Low Fat or Fat Free  
Milk offered with all meals.



- MONDAY** Pho (FU as in FUN!) w/ **Vegetarian** Option
- TUESDAY** Spice House Rice or Noodles w/ **Vegetarian** Option
- WEDNESDAY** Fiesta Nachos w/ **Vegetarian** Option
- THURSDAY** Spice House Rice or Noodles w/ **Vegetarian** Option
- FRIDAY** Fiesta Nachos w/ **Vegetarian** Option

### Daily Classic Grill Fare with Fries



**Vegetarian Rainbow Chili(v),  
Vegetarian Burger(v), Regular & Spicy WG  
Chicken Burgers, Hamburger, Cheeseburger**

- MONDAY** **Grilled Cheese Sandwich(v)**
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** BBQ Pulled Pork Sandwich
- THURSDAY** Roasted Mushroom Swiss Burger
- FRIDAY** WG Fishstick Po' Boy Sub



### Everyday Choices

**Mozzarella Stuffed WG Breadsticks with Spaghetti  
Sauce(v),  
Cheese WG Pizza(v), Pepperoni WG Pizza**

- MONDAY** Sausage WG Pizza
- TUESDAY** Buffalo Chicken WG Pizza
- WEDNESDAY** Supreme WG Pizza
- THURSDAY** Hawaiian WG Pizza
- FRIDAY** Meatlovers WG Pizza



### In a hurry? Grab Fast Takes-

*But Don't Forget to Select From the Thrive Bar!*

- MONDAY** **Fiesta Dip Box(v)**  
Chef Salad  
Turkey & Cheese Sub Crispy WG  
Chicken Wrap
- TUESDAY** **Blueberry Patch Parfait w/String Cheese(v)  
Garden Veg Salad(v)**  
American Sub  
Chicken Caesar Wrap
- WEDNESDAY** **Classic Hummus Box(v)**  
Crispy WG Chicken Salad  
Italian Sub  
Buffalo Chicken Wrap
- THURSDAY** Protein PowerUp Box  
**Regular(v)** or Chicken Caesar Salad  
Turkey & Cheese Sub  
Crispy WG Chicken Wrap
- FRIDAY** Deli Bento Box  
**Garden Fiesta Salad(v)**  
(Turkey) Ham & Cheese Sub  
Chicken Caesar Wrap



### This Week's Favorite Features:



- MONDAY** Butter Chicken or **Butter Tofu(v)**  
Brown Rice & Roasted Cauliflower
- TUESDAY** Pancakes & Turkey Sausage  
Baked Cinnamon Apples
- WEDNESDAY** BBQ Chicken Strip Sandwich  
Mexican Black Beans
- THURSDAY** **Baked WG Pasta(v)**  
Green Beans
- FRIDAY** WG Fishsticks & Chips

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Nutrition Information is available upon request.