



# LWSD Breakfast Menu

# MAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Apr 29

Eggo French Toast Mini Bites(v)

Choice Of Cereal Bowl or Bar(v)

Apr 30

Baked Biscuit w/Grape Jelly(v)

Choice Of Cereal Bowl or Bar(v)

1

Egg & Cheese Breakfast Sandwich

Choice Of Cereal Bowl or Bar(v)

2

Mini Maple Waffles(v)

Choice Of Cereal Bowl or Bar(v)

3

Fruit Muffin w/Toast(v)

Choice Of Cereal Bowl or Bar(v)

Whole Grain (WG) Cereals & Bars Offered with Reduced Sugar Formulation

6

WG French Toast Sticks(v)

Choice Of Cereal Bowl or Bar(v)

7

Dannon Creamy Strawberry Yogurt Cup(v)

Choice Of Cereal Bowl or Bar(v)

8

Egg & Cheese Breakfast Sandwich

Choice Of Cereal Bowl or Bar(v)

9

WG Blueberry Bagel w/Light Cream Cheese(v)

Choice Of Cereal Bowl or Bar(v)

10

Mini Cinnis(v)

Choice Of Cereal Bowl or Bar(v)

Non Fat White & 1% White Milk Offered At Breakfast

13

Pancake & Turkey Sausage On A Stick

Choice Of Cereal Bowl or Bar(v)

14

Egg & Cheese Breakfast Sandwich

Choice Of Cereal Bowl or Bar(v)

15

Mini Maple Waffles(v)

Choice Of Cereal Bowl or Bar(v)

16

Confetti Mini WG Pancakes(v)

Choice Of Cereal Bowl or Bar(v)

17

Egg & Cheese Breakfast Sandwich

Choice Of Cereal Bowl or Bar(v)

20

Egg & Cheese Breakfast Sandwich

Choice Of Cereal Bowl or Bar(v)

21

Dannon Creamy Strawberry Yogurt Cup(v)

Choice Of Cereal Bowl or Bar(v)

22

Ultimate Oatmeal Chocolate Chip Breakfast Round(v)

Choice Of Cereal Bowl or Bar(v)

23

Fruit Muffin w/Toast(v)

Choice Of Cereal Bowl or Bar(v)

24

WG Bagel w/Light Cream Cheese(v)

Choice Of Cereal Bowl or Bar(v)

(v) = Meatless Option  
WG = Whole Grain



28

Egg & Cheese Breakfast Sandwich

Choice Of Cereal Bowl or Bar(v)

29

Dannon Creamy Strawberry Yogurt Cup(v)

Choice Of Cereal Bowl or Bar(v)

30

Mini Maple WG Waffles(v)

Choice Of Cereal Bowl or Bar(v)

31

Fruit Muffin with Toast(v)

Choice Of Cereal Bowl or Bar(v)

Menu Subject To Change Without Notice

This institution is an equal opportunity provider.