

BIG CITY BITES



Nutrition Services is introducing the iconic culinary delight that embodies the essence of our vibrant metropolis - the **New York Street Hot dog**. This month we celebrate and promote this beloved street food that has become synonymous with New York's culture.

CELEBRATIONS



Cinco de Mayo, observed on May 5th, is a joyous celebration that honors Mexican culture and heritage. Always is celebrated with colorful parades, lively music, traditional folk dances, and, of course, delicious food.

WELLNESS EDUCATION



Fuel Up to Play emphasizes the importance of balanced nutrition as a cornerstone of overall well-being. By providing our bodies with the right mix of nutrients, vitamins, and minerals, we not only fuel our physical activities but also nurture our mental health. Let's fuel up, play, and thrive together on the path to wellness.

SPECIAL FOOD DAY



National Burger Day on May 28th is a time to savor the beloved hamburger's deliciousness and cultural significance. So, whether you prefer classic fixings or adventurous toppings, seize the chance to celebrate this culinary marvel and relish every mouthwatering moment.

ONE DAY CELEBRATION



School Lunch Hero Day, celebrated annually on the first Friday in May, honors those who provide nutritious meals with care. These lunch heroes not only prepare balanced meals but also create a welcoming cafeteria environment through warm greetings and inclusivity.